

JDMC-IQAC Centre for Extension and Outreach Activities
Community First Initiative

2021-2022

Outreach Activities

Outreach activity is contributing, helping and reaching out to those who cannot help themselves due to various reasons. This initiative focuses on the following:-

- To strengthen the status of underprivileged people.
- To share joy and happiness and spread smiles.
- To encourage giving and build ideals of compassion and generosity in everyone.
- To empower people to give back to the society in the way they choose- time, material, money or love.
- To take the curriculum beyond classroom, as an extension activity, and to understand human dimension. To take the curriculum beyond classroom, as an extension activity, and to understand human dimension.

(i) Community Sensitization and Awareness

1. A TALK ON CREATING AWARENESS ON GLAUCOMA – MARCH 7TH, 2022

On the occasion of the World Glaucoma Awareness Week, a talk on 'Creating Awareness on Glaucoma' was organised by the Department of HDFE under the aegis of JDMC-IQAC Centre for Extension and Outreach activities. The talk was delivered by Maj. Gen (Dr) Sagarika Patyal. It was a very enriching talk and a total of 70 participants attended it.





JANKI DEVI MEMORIAL COLLEGE
 University of Delhi
 Department of Human Development and Family Empowerment
 Under the aegis of
JDMC-IQAC CENTRE FOR EXTENSION AND OUTREACH ACTIVITIES
 On the occasion of
World Glaucoma Awareness Week
 Organises a talk on
CREATING AWARENESS ON GLAUCOMA



Maj Gen (Dr) Sagarika Patyal (Retd), SM, VSM
 Ophthalmologist,
 Presently - Senior Consultant
 Centre for sight institute
 Dwarka, Delhi



"The world is bright, Save your Sight"

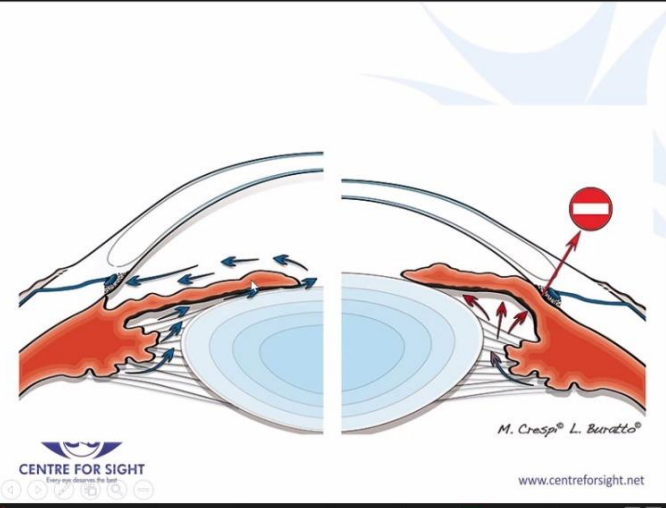
Platform - Zoom Date - 7 March 2022
Time - 6PM onwards

Nirmala Muralidhar
Perna Butta
Teacher coordinators

Prof. Swati Pal
Principal, JDMC

A talk on creating awareness on glaucoma – March 7th, 2022

Zoom Meeting
You are viewing sagarika's screen
View Options



Nirmala Muralid...
Nirmala Muralidhar

Janki Devi Mem...
Janki Devi Memorial ...

Vanshika Jain
Vanshika Jain

sagarika
sagarika

Bhalla

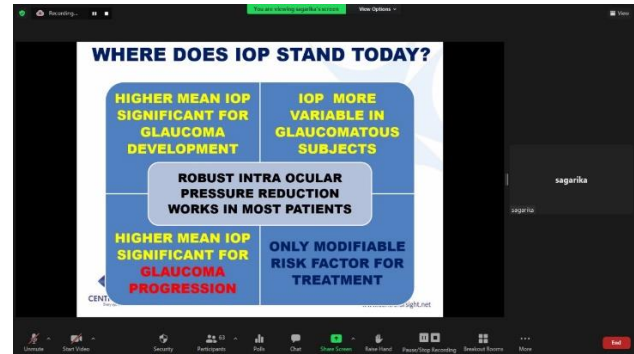
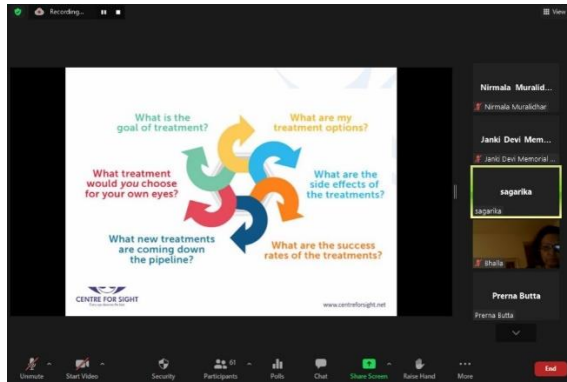
Unmute Start Video Security

Participants 70 Polls Chat Share Screen Raise Hand Pause/Stop Recording Breakout Rooms More

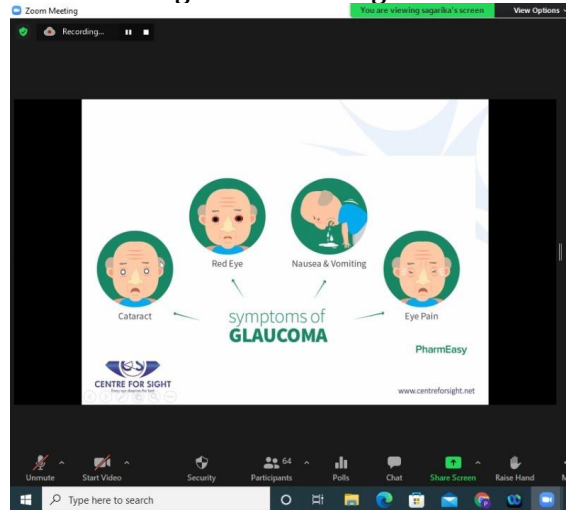
End

Type here to search
28°C
6:23 PM 3/7/2022

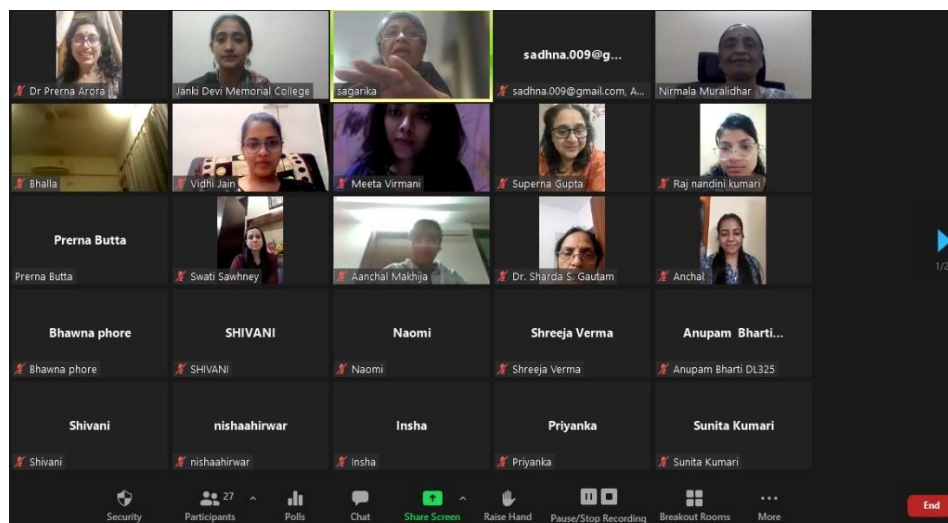
A talk on creating awareness on glaucoma – March 7th, 2022



A talk on creating awareness on glaucoma – March 7th, 2022



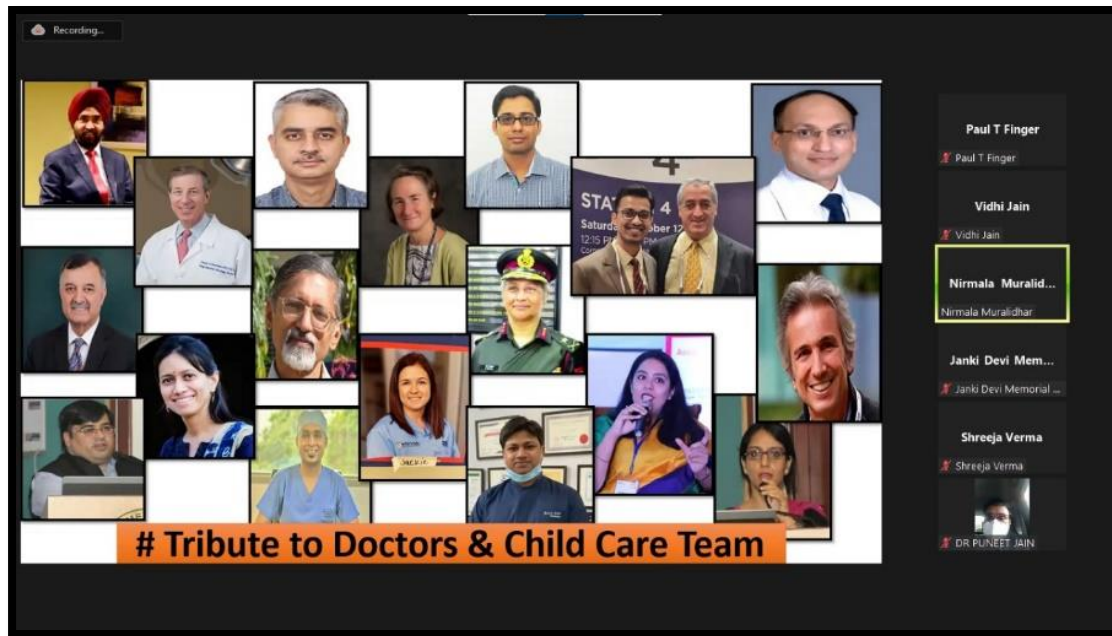
A talk on creating awareness on glaucoma – March 7th, 2022



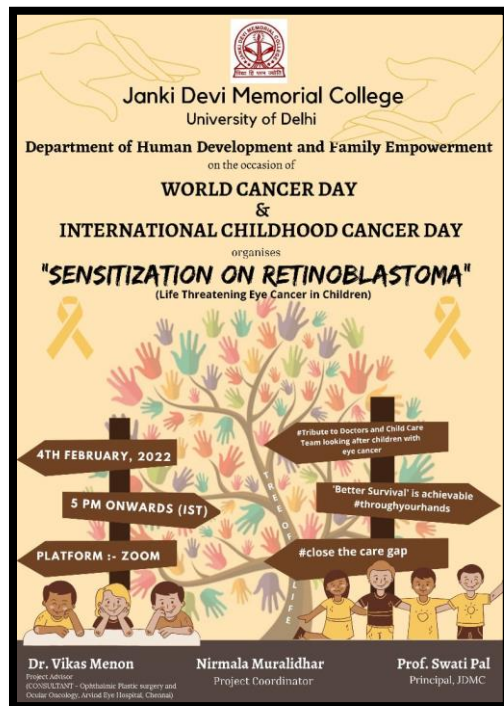
A talk on creating awareness on glaucoma – March 7th, 2022

2. SENSITISATION ON RETINOBLASTOMA – FEBRUARY 4TH, 2022 (INTERNATIONAL SESSION ON THE OCCASION OF WORLD CANCER DAY AND INTERNATIONAL CHILDHOOD CANCER DAY)

The Department of HD FE on the occasion of World Cancer Day and International Childhood Cancer Day organised a session on "Sensitisation on Retinoblastoma" on 4th February, 2022. Our Project on "Early Detection and Screening of White eye reflex in children" that was initiated in 2017 is now in the 5 year. This year we invited Oncologists, Doctors and Child care specialist to our session to pay a "Tribute to all the Child Care Team looking after Children with eye cancer." Eminent ocular oncologists from India and US participated in the session, presented on RB and appreciated our project. The Doctors who joined the session were Prof (Dr.) Mahipal S. Sachdev, Chairman, Medical Director and Senior Consultant Ophthalmology, Centre For Sight Group of Eye Hospitals, New Delhi; Dr. Paul Finger, MD Ophthalmic Plastic Surgery, The New York Eye Cancer Center and Dr. Ankit Tomar, New York; Dr. Sumit Monga, Senior Consultant, Pediatric Ophthalmology, Center for Sight Group of Eye Hospitals, Delhi; Dr. Sima Das, Orbit and Ocular oncologist, Dr. Shroff's Charity Eye Hospital, Delhi; Dr. Vikas Menon, Project Advisor, Consultant- Ophthalmic Plastic surgery and Ocular Oncology, Arvind Eye Hospital, Chennai; Dr. Puneet Jain, Consultant In-charge, Oculoplasty and Ocular Oncology, EyeQ Super-specialty Eye Hospitals, India, and Ms. Jacquelyn Gaccione, Nurse, Memorial Sloan-Kettering Cancer Center, New York. We also sensitised our audience by sharing Pamphlets in 2 languages (English and Hindi). A total of 97 participants attended the session.



Sensitisation on Retinoblastoma – February 4th, 2022



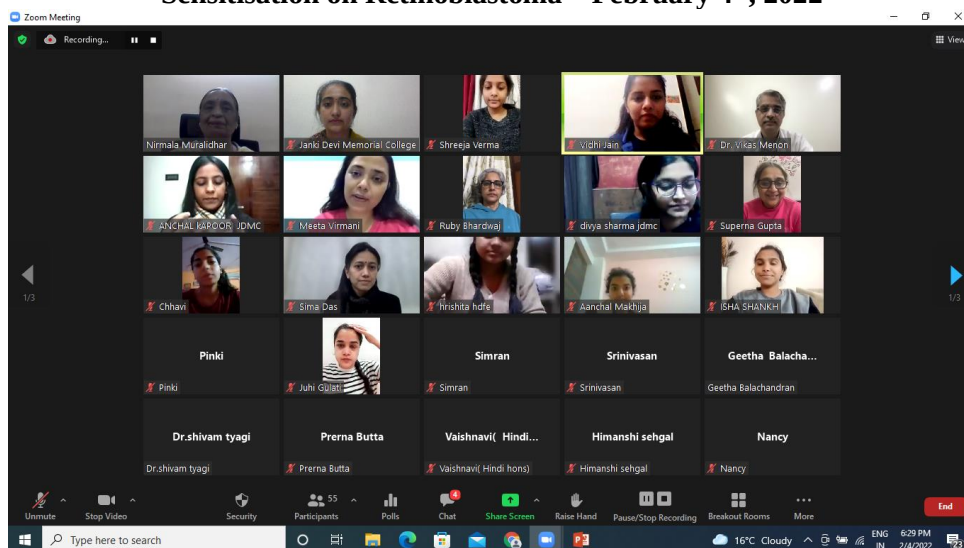
Sensitisation on Retinoblastoma – February 4th, 2022



Sensitisation on Retinoblastoma – February 4th, 2022



Sensitisation on Retinoblastoma – February 4th, 2022



Sensitisation on Retinoblastoma – February 4th, 2022

3. DISABILITY AWARENESS ORIENTATION - FEBRUARY 1ST, 2022

The Department of HDFE under the aegis of JDMC-IQAC Centre for Extension and Outreach activities in collaboration with WinVinaya Foundation organized a "Disability Awareness Orientation" on February 1st, 2022. The speakers for the session were Ms. Akila Sankar and Mr. Sivasankar Jayagopal. A total of 102 participants attended this session.



Janki Devi Memorial College
University of Delhi

Department of Human Development and Family Empowerment
under the aegis of
JDMC- IQAC Centre for Extension and Outreach Activities
in collaboration with
WinVinaya Foundation

Disability Awareness Orientation



Sivasankar Jayagopal
Chairman & Founder,
WinVinaya Foundation



Akila Sankar
Special Educator,
Co-founder, WinVinaya Foundation

1st February, 2022
11:00 am
Platform: Zoom

Ms. Nirmala Murajidhar
Ms. Purna Butta
Faculty coordinators

Prof. Swati Pal
Principal, JDMC

Disability Awareness Orientation - February 1st, 2022

Purna Butta

Ilina

Palak Passi

Soni

Common Disability Categories WVF works with

Visible vs Invisible Disabilities

Visible

Persons with Visual Impairment
Low Vision, Night Blindness, Color Blindness, Tunnel Vision, Total Blindness

Persons with Locomotor Disability
Persons with Finger Impairment, Hand Impairment, Leg Impairment, Cerebral Palsy, Persons using Wheelchair

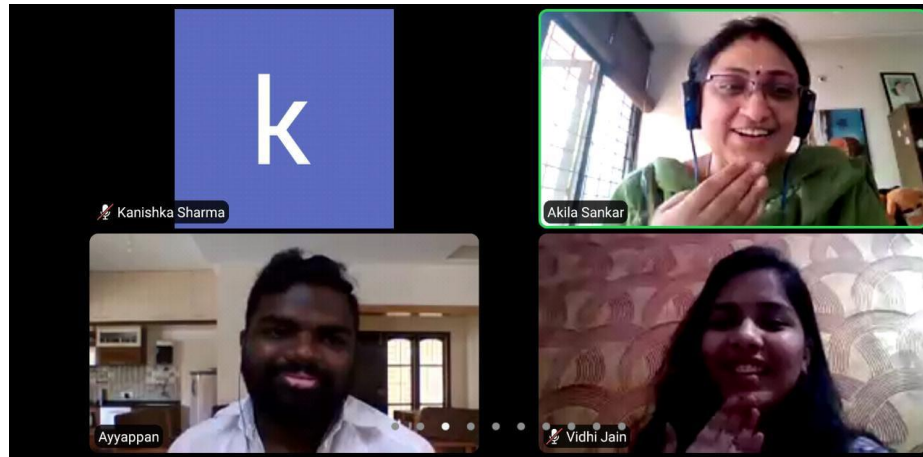
Invisible

Persons with Hearing & Speech Impairment
Hard of Hearing, Speech Impairment, Deaf (who can lip read, who knows Sign Language)

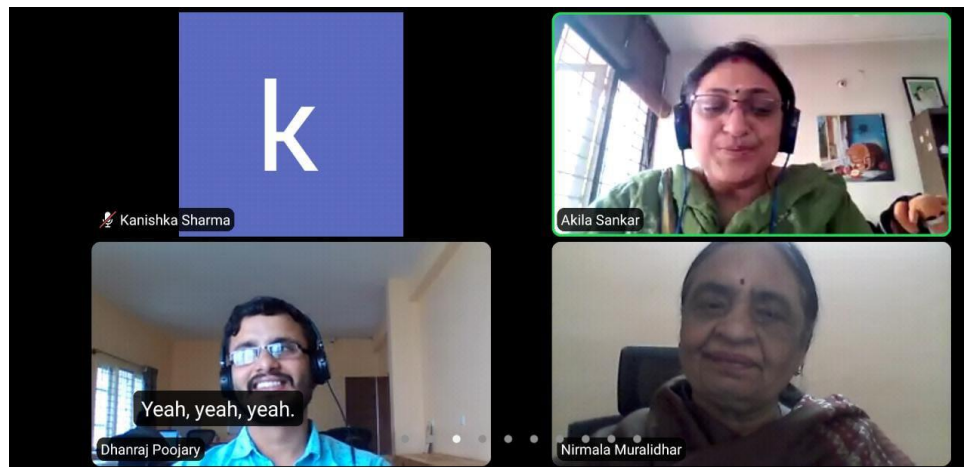
Persons with Intellectual Disability (Autism), Mental Illness (OCD, Schizophrenia, Depression)

Major Categories of Disabilities

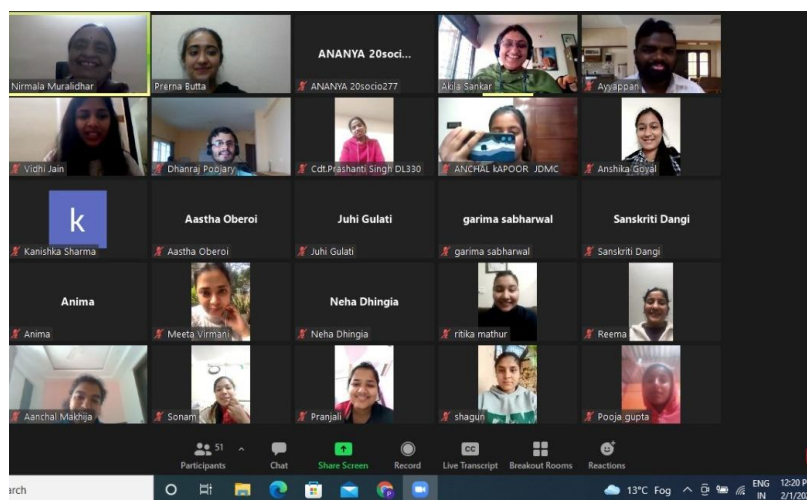
Disability Awareness Orientation - February 1st, 2022



Disability Awareness Orientation - February 1st, 2022



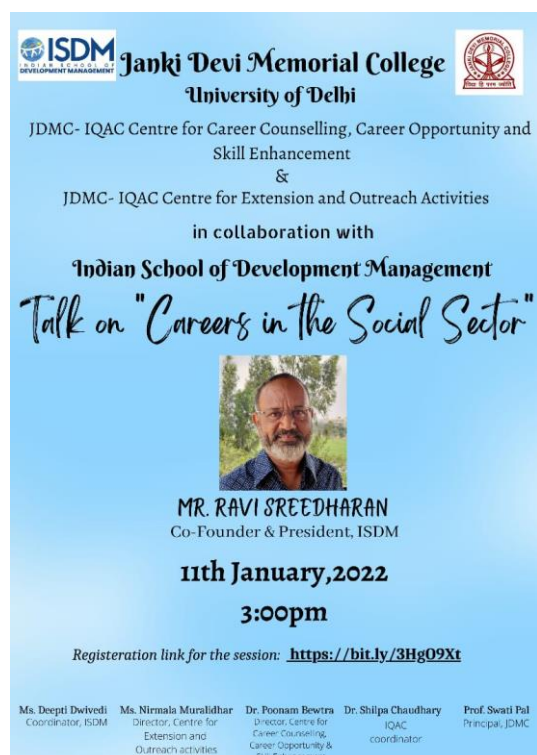
Disability Awareness Orientation - February 1st, 2022



Disability Awareness Orientation - February 1st, 2022

4. TALK ON 'CAREERS IN THE SOCIAL SECTOR' – JANUARY 11TH, 2022

The JDMC-IQAC Centre for Career Counselling, Career Opportunity and Skill Enhancement and JDMC-IQAC Centre for Extension and Outreach Activities in collaboration with Indian School of Development Management organised a session on 'Careers in the Social sector' on January 11th, 2022. The speaker for this session was Mr. Ravi Sreedharan, Co-founder and President, ISDM. It was a very comprehensive and interactive session. A total of 180 participants attended this session— Prof. Swati Pal, Principal JDMC, Faculty and students of JDMC.



ISDM
INDIAN SCHOOL OF
DEVELOPMENT MANAGEMENT

Janki Devi Memorial College
University of Delhi

JDMC- IQAC Centre for Career Counselling, Career Opportunity and Skill Enhancement
&
JDMC- IQAC Centre for Extension and Outreach Activities
in collaboration with
Indian School of Development Management

Talk on "Careers in the Social Sector"



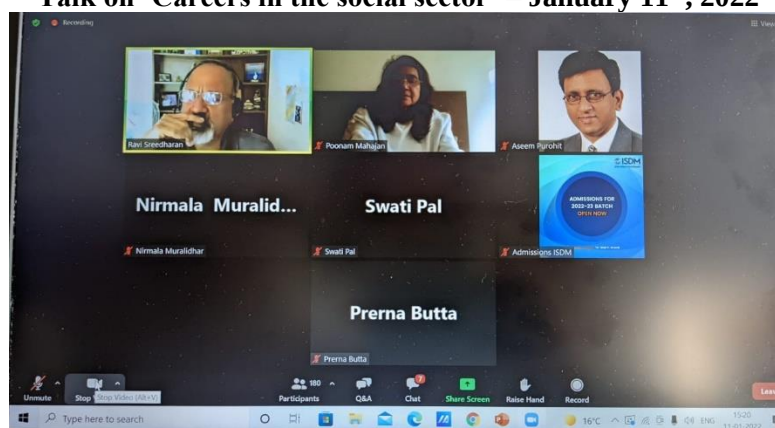
MR. RAVI SREEDHARAN
Co-Founder & President, ISDM

11th January, 2022
3:00pm

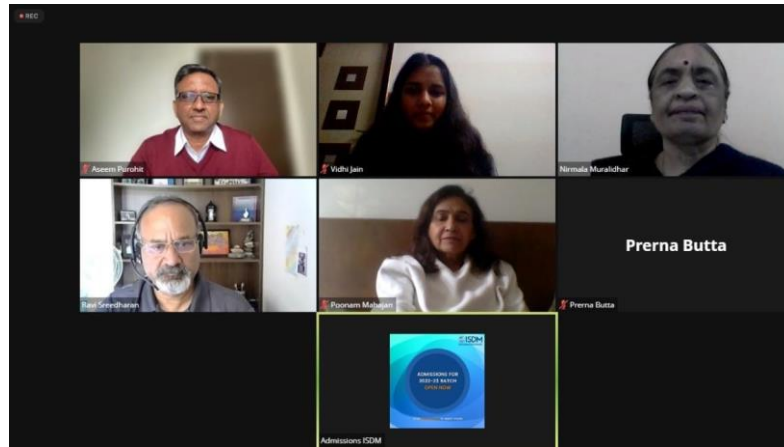
Registration link for the session: <https://bit.ly/3Hg09Xt>

Ms. Deepthi Dwivedi Coordinator, ISDM	Ms. Nirmala Muralidhar Director, Centre for Extension and Outreach activities	Dr. Poonam Bewtra Director, Centre for Career Counselling, Career Opportunity & Skill Enhancement	Dr. Shilpa Chaudhary IQAC coordinator	Prof. Swati Pal Principal, JDMC
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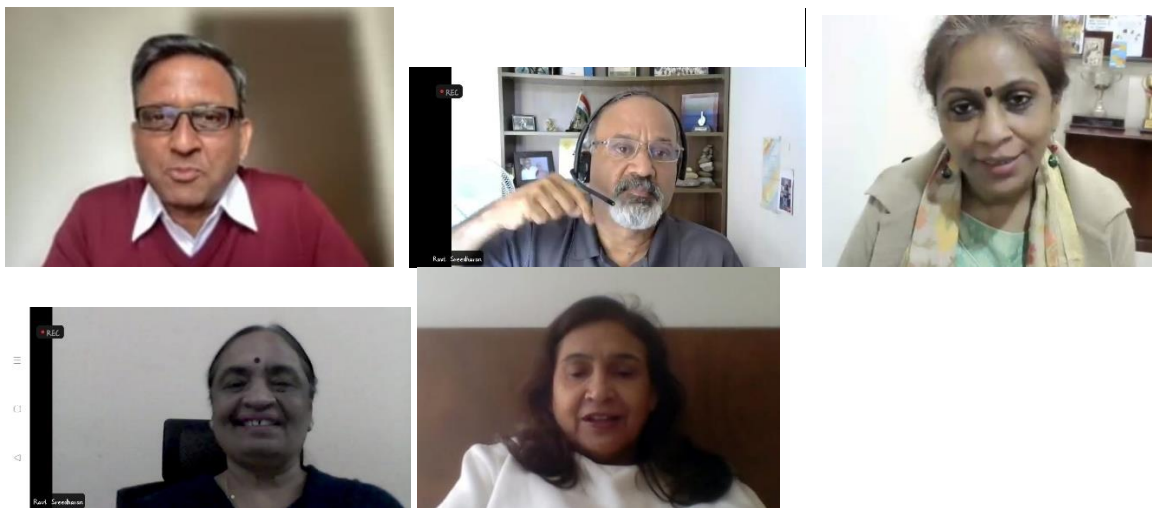
Talk on 'Careers in the social sector' – January 11th, 2022



Talk on 'Careers in the social sector' – January 11th, 2022



Talk on 'Careers in the social sector' – January 11th, 2022



Talk on 'Careers in the social sector' – January 11th, 2022

5. SELF ENHANCEMENT ENABLING DEVELOPMENT (SEED): A LIFE SKILL COURSE – SEPTEMBER 2ND, 2021 TO OCTOBER 28TH, 2021

The Department of Human Development and Family Empowerment under the aegis of JDMC-IQAC Centre for Career Counselling, Career Opportunity, and Skill Enhancement and JDMC-IQAC Centre for Extension and Outreach Activities organized an add on course (30hrs) on 'Self Enhancement Enabling Development (SEED) from September 2nd, 2021 to October 28th, 2021. The teacher coordinators for this course were Ms. Nirmala Muralidhar (Department of HDFE), Dr. Ruby Bhardwaj (Department of Sociology) and Ms. Perna Butta (Department of HDFE). Around of 105 participants attended this add on course. Keeping the Covid situation in mind, this course was offered free of Cost as an outreach activity.


Janki Devi Memorial College
University of Delhi


Human Development And Family Empowerment
Under the Aegis of
 JDMC-IQAC Centre for Career Counselling, Career Opportunity, and Skill Enhancement
and
 JDMC-IQAC Centre for Extension and Outreach Activities

Presents

An Add-on course (30 hours)
 On
Self Enhancement Enabling Development (SEED)
A Life Skill Course

COURSE	TUESDAY and	FIRST COME
FEE- NIL	THURSDAY	FIRST SERVE
	4:00PM	

Session Details
(Sept-Oct 2021)

Powering Me	Manage Effectively	Time is Money
Success Mantra	Passion at Work	Effectiveness is the key to success
Mindfulness	Nudge Yourself	Campus to Corporate
Plan Your Life	Story Telling	Become a Better YOU
Back to Basics	Analytical Thinking	Assessment and Valedictory Session

Ms. Nirazul Mustadhar
(Department of HPT)

Dr. Ruby Bhardwaj
(Department of Sociology)

Ms. Prema Butia
(Department of HPT)

Teacher Coordinators

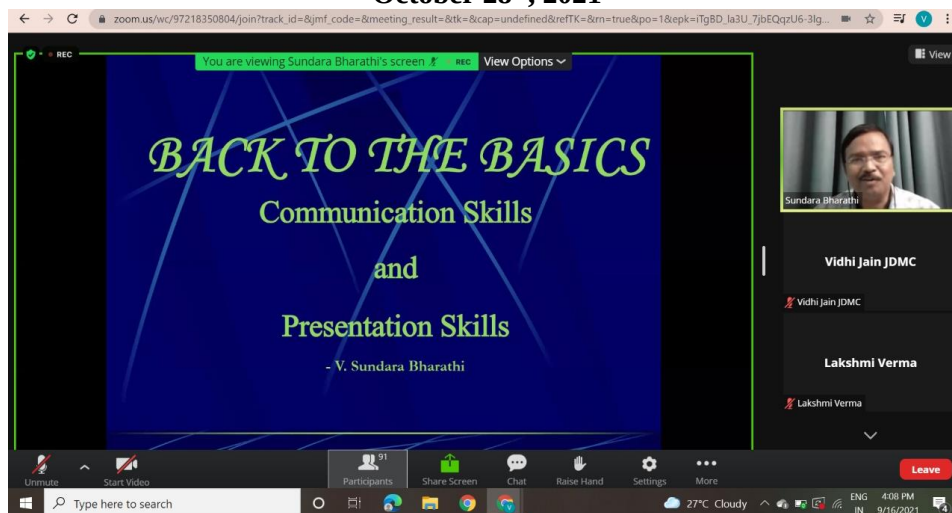
Anchal Kapoor
(Department of HPT)

Vidhi Jain
(Department of HPT)

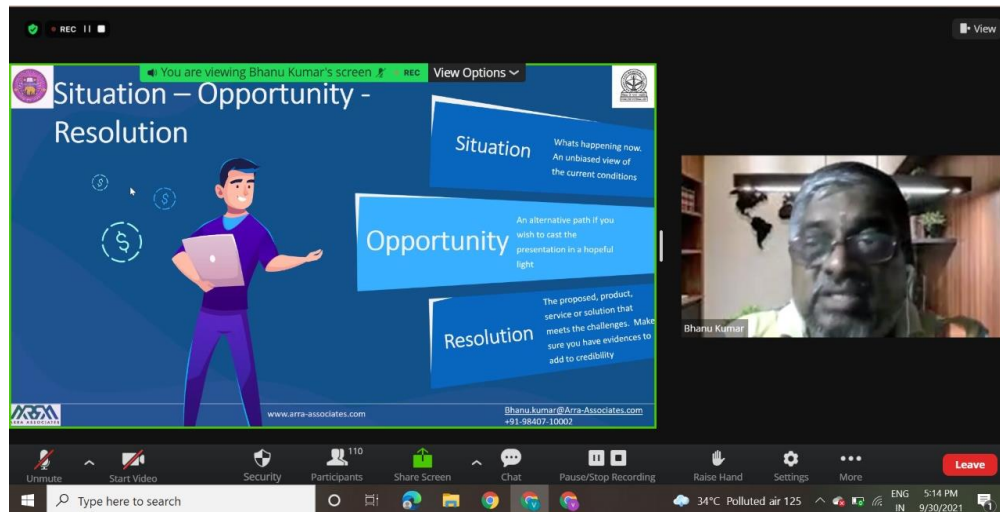
Student Coordinators

Prof. Swati Pal
Principal, JDMC

Self Enhancement Enabling Development (SEED): A life skill course – September 2nd, 2021 to October 28th, 2021



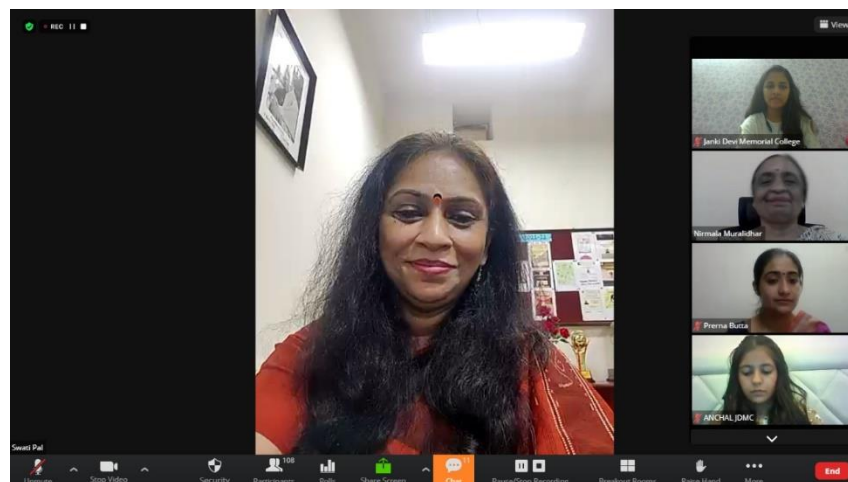
Session 5 - Back to Basic by Mr. V. Sundara Bharathi (16th September, 2021)



Session 9 - Story Telling by Mr. S. Bhanu Kumar (30th September, 2021)



Session 14 - Become a Better YOU by Ms. Jayashree Sundaresan (26th October, 2021)



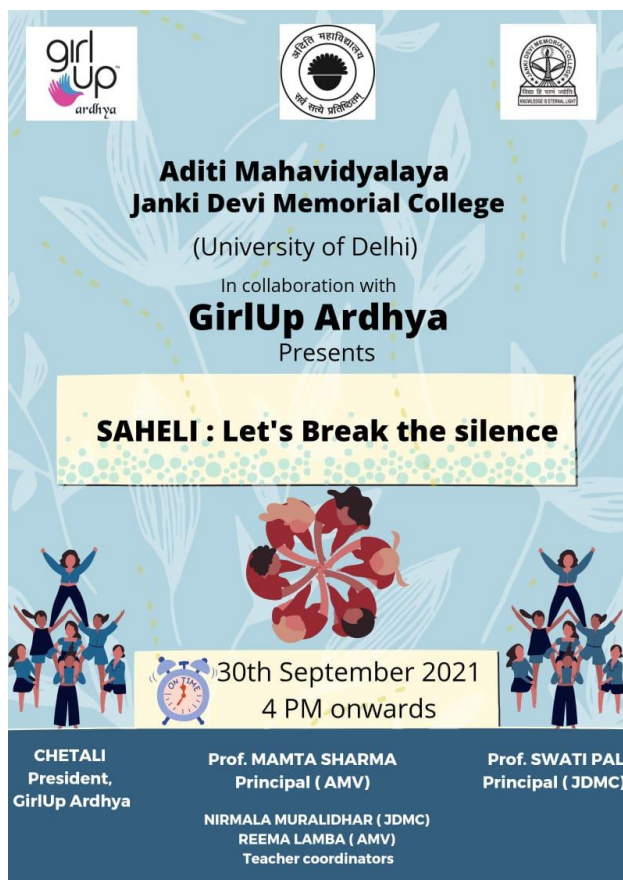
Session 15 - Assessment and Valedictory Session (28th October, 2021)



Session 15 - Assessment and Valedictory Session (28th October, 2021)

6. SAHELI- LET’S BREAK THE SILENCE – SEPTEMBER 30TH, 2021

Girlup Ardhya in collaboration with JDMC and Aditi Mahavidyalaya, organized a session titled ‘Saheli- Let’s break the Silence’ on September 30th, 2021. The resource people for the session were Chetali, Anchal, Charu, Sejal and Chavvi (JDMC). Ms. Nirmala Muralidhar (Faculty, JDMC), coordinated this workshop. The main aim of Girlup Ardhya was to create awareness about the importance of menstrual hygiene and break taboos on period hygiene. The idea was to promote menstrual health and hygiene. Their aim was to improve menstrual hygiene, which is an important aspect of personal comfort and increased mobility.



Saheli- let's break the silence – September 30th, 2021

7. PERIODS: LET'S BREAK THE SILENCE – SEPTEMBER 9TH, 2021

Girlup Ardhya in collaboration with IQAC Bharti College and JDMC organized a session on 'Periods: Let's break the silence on September 9th, 2021. The resource people for the session were Chetali, Anchal, Charu, Sejal and Chavvi (JDMC). Ms. Nirmala Muralidhar (Faculty, JDMC), coordinated this workshop. The objective of Girlup Ardhya was to create awareness among people about the importance of maintaining menstrual hygiene. Their motive was to help women by providing appropriate information related to tampons and sanitary pads. They focused on the challenges and effects of menstruation.



Periods: Let's break the silence – September 9th, 2021

8. INTERCOLLEGE COMPETITION 'COLORS ON MY PLATE' – SEPTEMBER 1ST, 2021- SEPTEMBER 7TH, 2021

The Department of Human Development and Family Empowerment under the aegis of JDMC-IQAC Centre for Extension and Outreach Activities is organized an Inter College Competition “Colors on my Plate” on the occasion of National Nutrition Week (September 1st, 2021 to September 7th, 2021). Prof. Swati Pal declared the results of the Inter College Competition “Colors on my Plate” that was judged by Ms. Superna Gupta and Ms. Mamta Marwaha.

1st Prize - Sakshi Singh (BNC)

2nd Prize - Anima Shri (JDMC)

Special Mention - Vidhi Attri (LB), Himanshi Sehgal (JDMC), Anshika Goyal (JDMC)



Intercollege competition ‘Colors on my plate’ – September 1st, 2021- September 7th, 2021

9. SUSTAINABLE MENSTRUAL HYGIENE – AUGUST 26TH, 2021

The JDMC-IQAC Centre for Extension and Outreach Activities and Women’s Development Centre in association with Sirona Hygiene Foundation organised a session on Sustainable Menstrual hygiene on August 26th, 2021. The speaker of this session was Dr. Diksha S Chadha (MD Preventive Medicine). It was a very interesting and informative session. The speaker answered all the questions very patiently. A total of 281 participants attended this webinar – Prof. Swati Pal, Principal JDMC Faculty and students of JDMC.




Janki Devi Memorial College
University of Delhi
JDMC-IQAC Centre for Extension and Outreach Activities
and
Women's Development Centre
In association with
Sirona Hygiene Foundation
Presents a session on
SUSTAINABLE MENSTRUAL HYGIENE



Dr. Diksha S Chadha
MD (Preventive Medicine)



Dr. Aarushi Kehar Malhotra
(BDS MPH)

Date- 26th August, 2021
Time- 4.00 pm

Poonam Agrawal
Coordinator
Sirona Hygiene Foundation

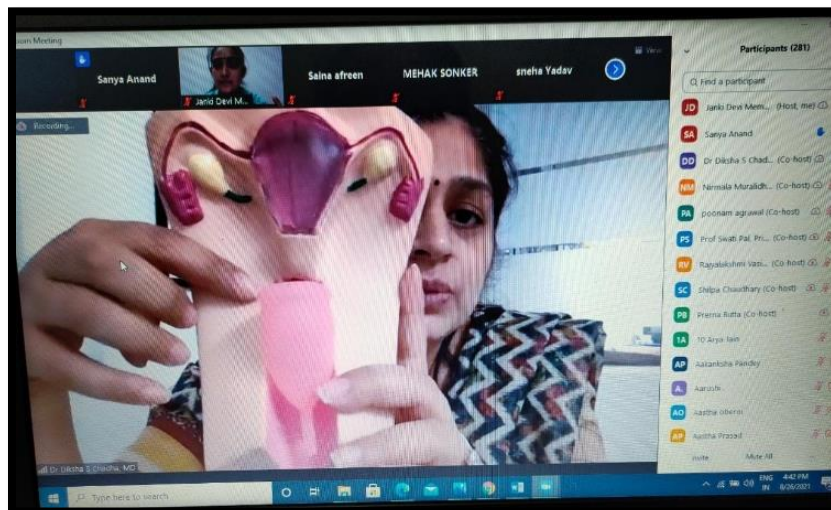
Prof Sandhya Garg
Dr V. Rajalakshmi
WDC Convenor

Ms. Nirmala Muralidhar
Director
Centre for Extension and
Outreach Activities

Dr. Shilpa Chaudhary
IQAC Coordinator

Prof. Swati Pal
Principal, JDMC

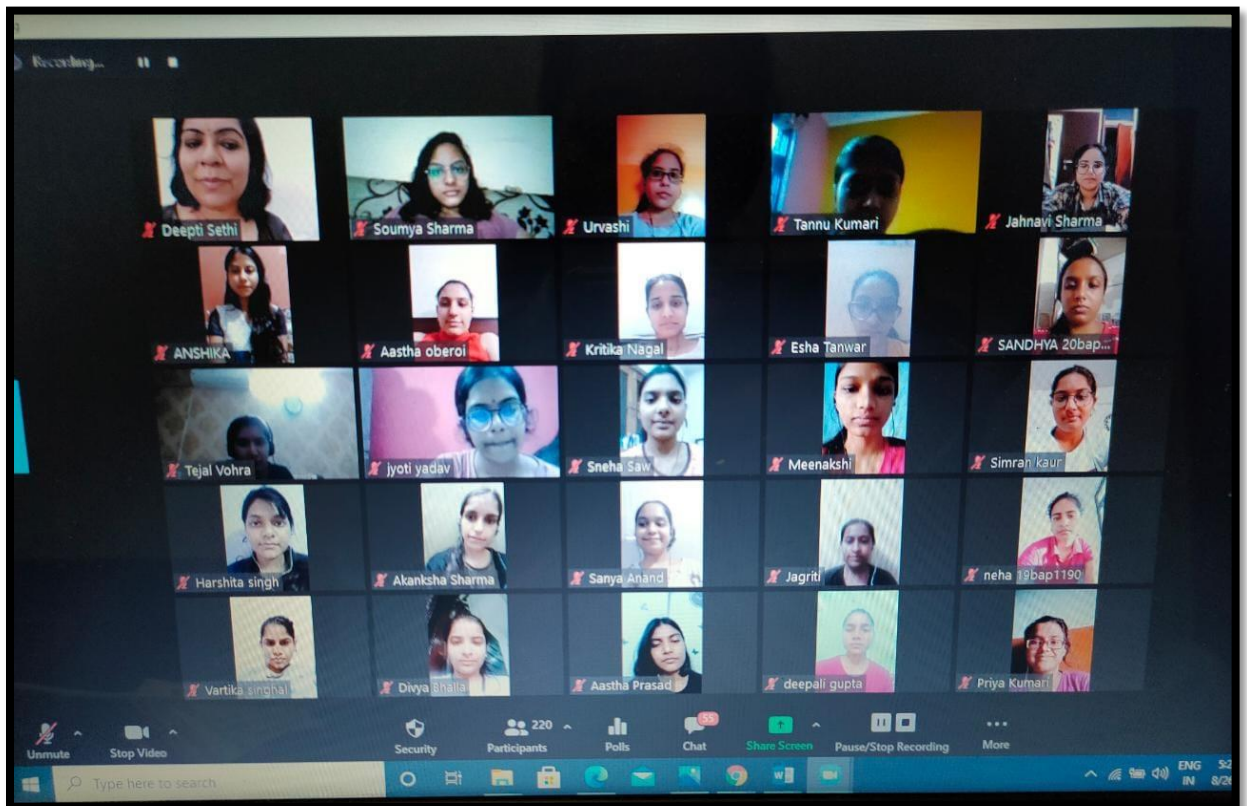
Sustainable Menstrual Hygiene – August 26th, 2021



Sustainable Menstrual Hygiene – August 26th, 2021



Sustainable Menstrual Hygiene – August 26th, 2021



Sustainable Menstrual Hygiene – August 26th, 2021

10. WORKSHOP ON MENSTRUATION AND MENTAL HEALTH – AUGUST 23RD, 2021

Department of HDFE in collaboration with Girlup Ardhya, organized a workshop titled, 'Menstruation and Mental Health' on August 23rd, 2021 for school students of GSKV 1 Avantika and RPVV Sector 11, Rohini. The speakers for the session were Chetali, Anchali, Charu, Sejal and Chavvi (JDMC). Ms. Nirmala Muralidhar (Faculty, JDMC), coordinated this workshop. The aim was to make the girls aware of mental health and hygiene, which is an essential element in every individual. They covered the importance, causes, issues, myths, risk factors, and coping strategies. They also focused on Mental Health Day and how to maintain mental health.



Workshop on Menstruation and Mental Health – August 23rd, 2021

11. DEMYSTIFYING ADMISSION PROCESS IN DU – AUGUST 5TH, 2021

JDMC-IQAC Centre for Extension and Outreach Activities organised an online workshop on Demystifying Admission Process in DU on August 5th, 2021 for the students of DPS Numaligarh, Assam and Nutan Vidya Mandir Sr. Sec School, Vasundhara, Ghaziabad. The main aim of the workshop was to inform the students about the available courses in DU and to clear the queries of the students regarding admissions. Around 108 participants (students and teachers) joined the workshop.

Team from JDMC – Ms. Nirmala Muralidhar (Department of HDFE), Dr. Jitender Gill (Department of English), Dr. Shilpa Chaudhary (Department of Economics), Dr. Abha Jain (Department of Physical Education) and Ms. Perna Butta (Department of HDFE).



Janki Devi Memorial College
University of Delhi



JDMC-IQAC Centre for Extension and Outreach Activities

Presents an online workshop

On

"Demystifying Admission Process in DU"

For students of

DPS Numaligarh, Assam

**Nutan Vidya Mandir Sr Sec School,
Vasundhara Ghaziabad**

Date- 5th August, 2021
Time- 12.00 pm

Ms. Nirmala Muralidhar
Director of JDMC- IQAC
Centre for Extension and
Outreach Activities

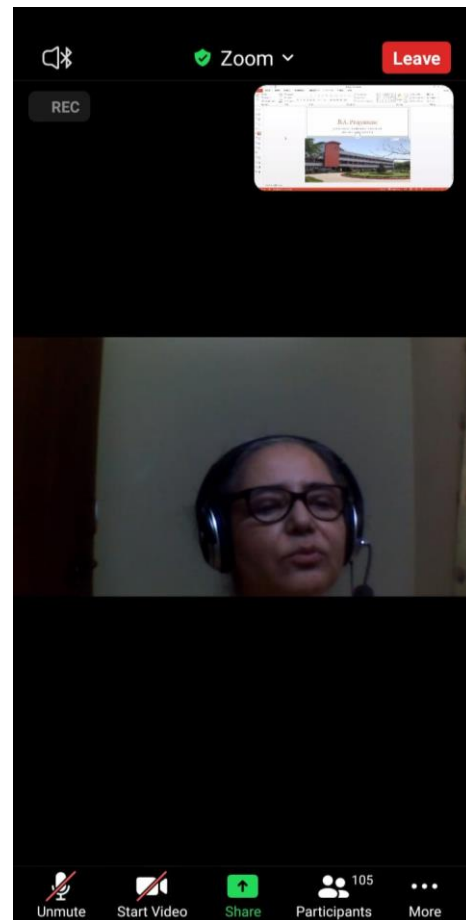
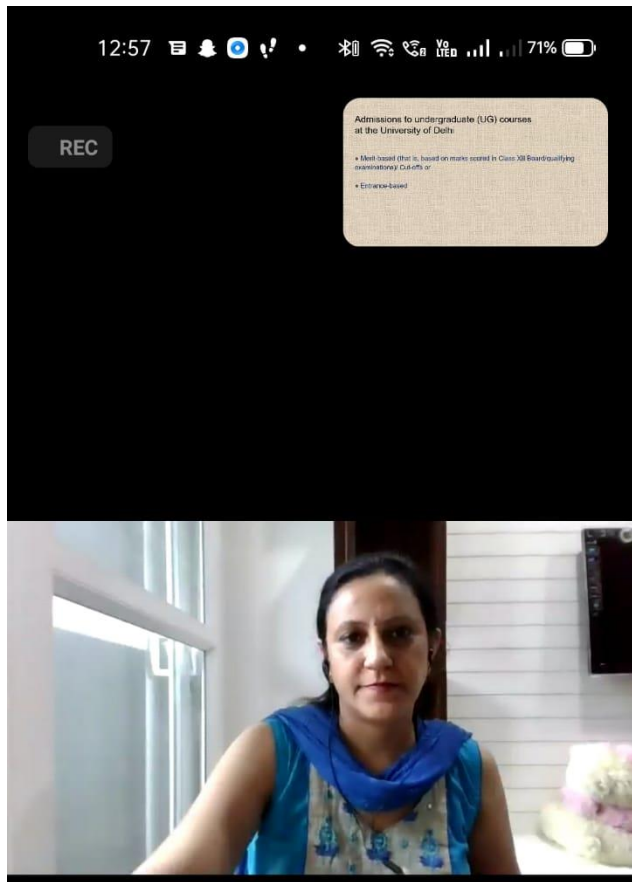
Dr. Shilpa Chaudhary
IQAC Coordinator

Prof. Swati Pal
Principal, JDMC

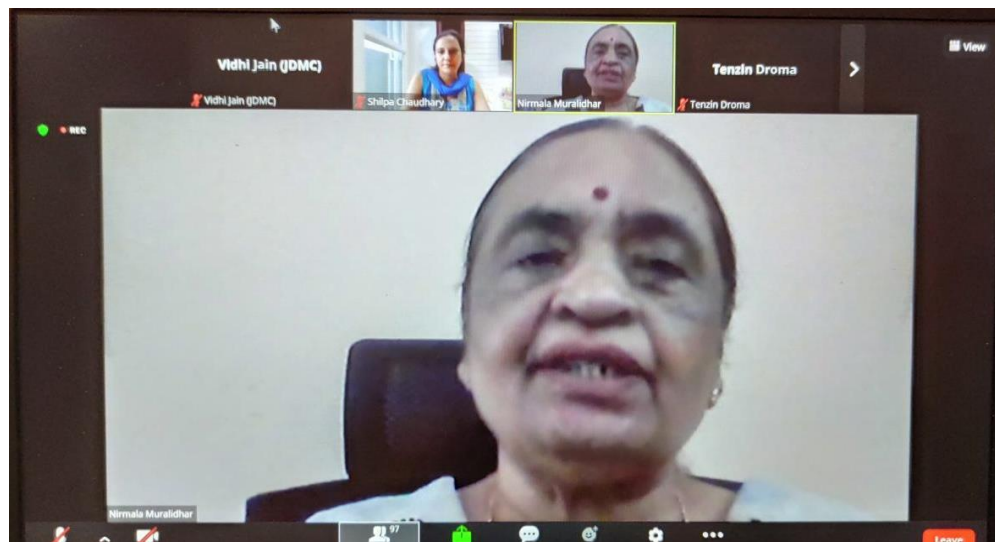
Demystifying Admission Process in DU – 5th August, 2021



Demystifying Admission Process in DU – 5th August, 2021



Demystifying Admission Process in DU – 5th August, 2021



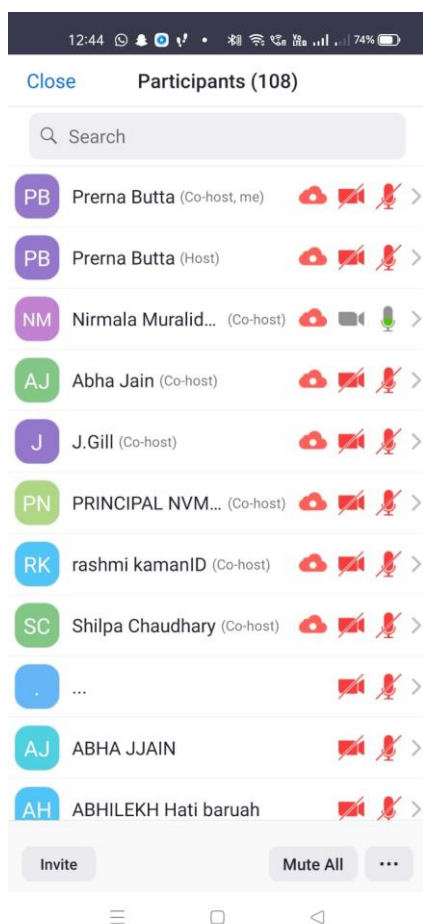
Demystifying Admission Process in DU – 5th August, 2021



Demystifying Admission Process in DU – 5th August, 2021



Demystifying Admission Process in DU – 5th August, 2021



Demystifying Admission Process in DU – 5th August, 2021

12. DEMYSTIFYING ADMISSION PROCESS IN DU – AUGUST 4TH, 2021

JDMC-IQAC Centre for Extension and Outreach Activities organised an online workshop on Demystifying Admission Process in DU on August 4th, 2021 for the students of following schools:-

1. GSKV Avantika 1
2. RPVV Sector 11, Rohini
3. GGSSS Avantika Sector 1, Rohini
4. SKV, Pocket IV, Mayur Vihar, Phase 1
5. Ramjas Girls Sr. Sec. School, Daryaganj
6. Govt. Sarvodaya Co-ed. Vidyalaya, Sector 8, Rohini.

Around 240 participants (students and teachers) joined the workshop. The main aim of the workshop was to inform the students about the available courses in DU and to clear the queries of the students regarding admissions.



**Janki Devi Memorial College
University of Delhi**

JDMC-IQAC Centre for Extension and Outreach Activities

Presents an online workshop

On

"Demystifying Admission Process in DU"

For students of

**GSKV Avantika 1
RPVV Sector 11, Rohini
GGSSS Avantika Sector-1, Rohini
SKV, Pocket IV, Mayur Vihar, Phase 1
Ramjas Girls Sr. Sec. School, Daryaganj
Govt. Sarvodaya Co-Ed. Vidyalaya, Sector-8, Rohini**

**Date- 4th August, 2021
Time- 11.30 am**

Ms. Nirmala Muralidhar
Director of JDMC- IQAC
Centre for Extension and
Outreach Activities

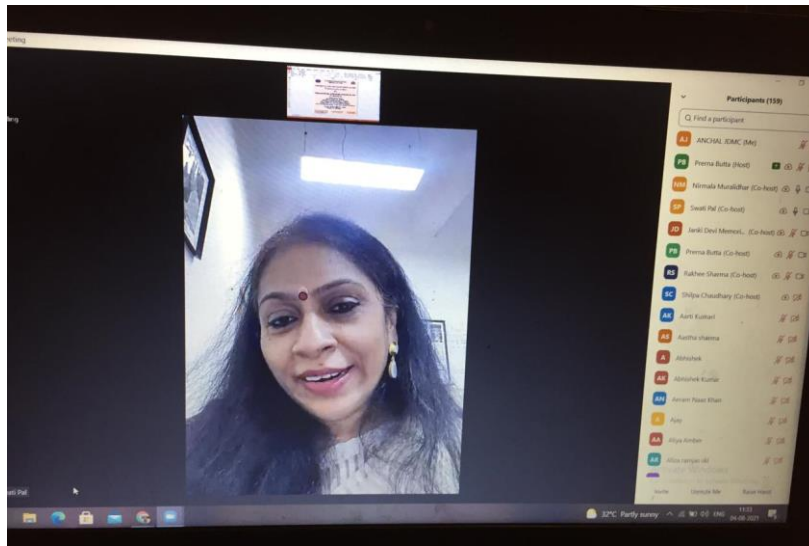
Dr. Shilpa Chaudhary
IQAC Coordinator

Prof. Swati Pal
Principal, JDMC

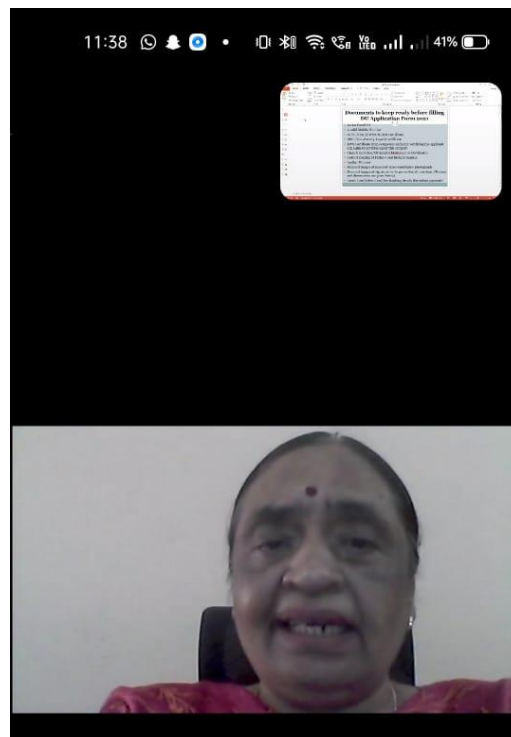
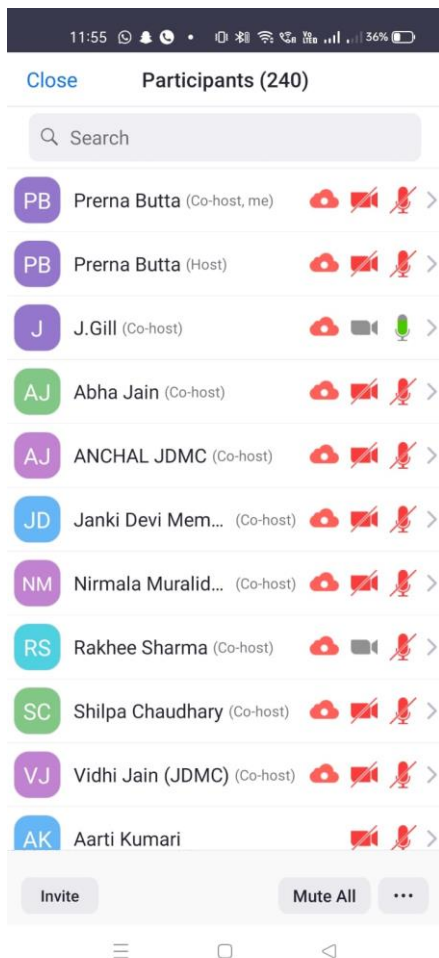
Demystifying Admission Process in DU – 4th August, 2021



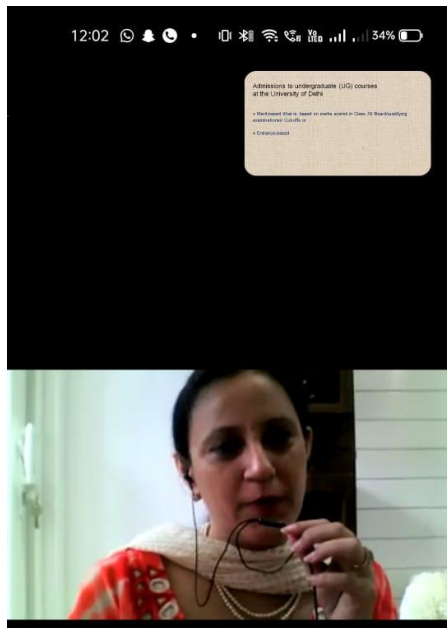
Demystifying Admission Process in DU – 4th August, 2021



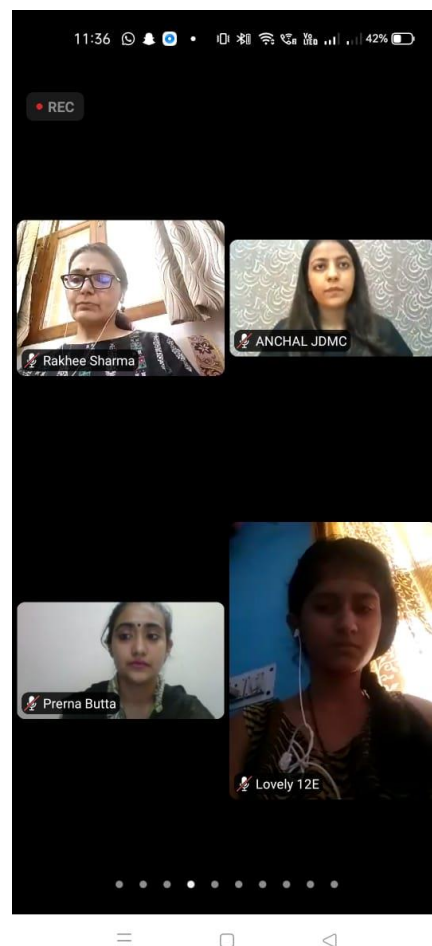
Demystifying Admission Process in DU – 4th August, 2021



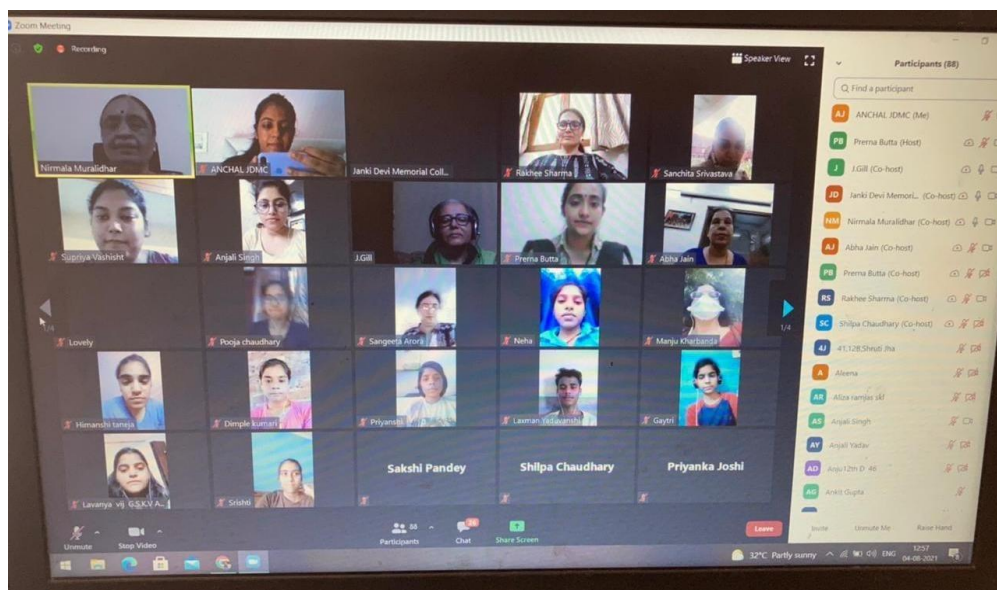
Demystifying Admission Process in DU – 4th August, 2021



Demystifying Admission Process in DU – 4th August, 2021



Demystifying Admission Process in DU – 4th August, 2021



Demystifying Admission Process in DU – 4th August, 2021

13. DEMYSTIFYING ADMISSION PROCESS IN DU – JULY 30TH, 2021

JDMC-IQAC Centre for Extension and Outreach Activities organised an online workshop on Demystifying Admission Process in DU on July 30th, 2021 for the students of DTEA Schools (7 branches). The main aim of the workshop was to inform the students about the available courses in DU and to clear the queries of the students regarding admissions. Around 161 participants (students and teachers) joined the workshop.

Schools

1. DTEA School, Janakpuri
2. DTEA School, Mandir Marg
3. DTEA School, Laxmi Bai Nagar
4. DTEA School, Lodi estate
5. DTEA School, RK Puram
6. DTEA School, Pusa road
7. DTEA School, Moti Bagh

Team from JDMC – Ms. Nirmala Muralidhar (Department of HDFE), Dr. Jitender Gill (Department of English), Dr. Shilpa Chaudhary (Department of Economics), Dr. Abha Jain (Department of Physical Education) and Ms. Perna Butta (Department of HDFE).



Janki Devi Memorial College
University of Delhi



JDMC-IQAC Centre for Extension and Outreach Activities

Presents an online workshop

On

"Demystifying Admission Process in DU"

For students of

DTEA Schools

Date- 30th July, 2021

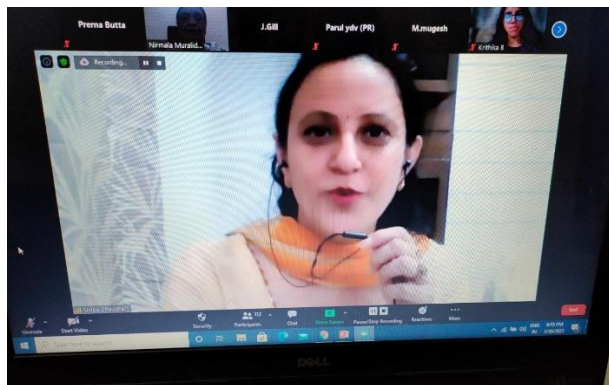
Time- 6.00 pm

Ms. Nirmala Muralidhar
Director of JDMC- IQAC
Centre for Extension and
Outreach Activities

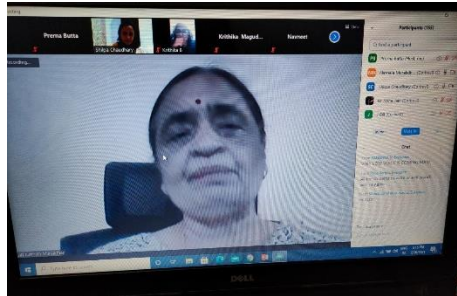
Dr. Shilpa Chaudhary
IQAC Coordinator

Prof. Swati Pal
Principal, JDMC

Demystifying Admission Process in DU – 30th July, 2021



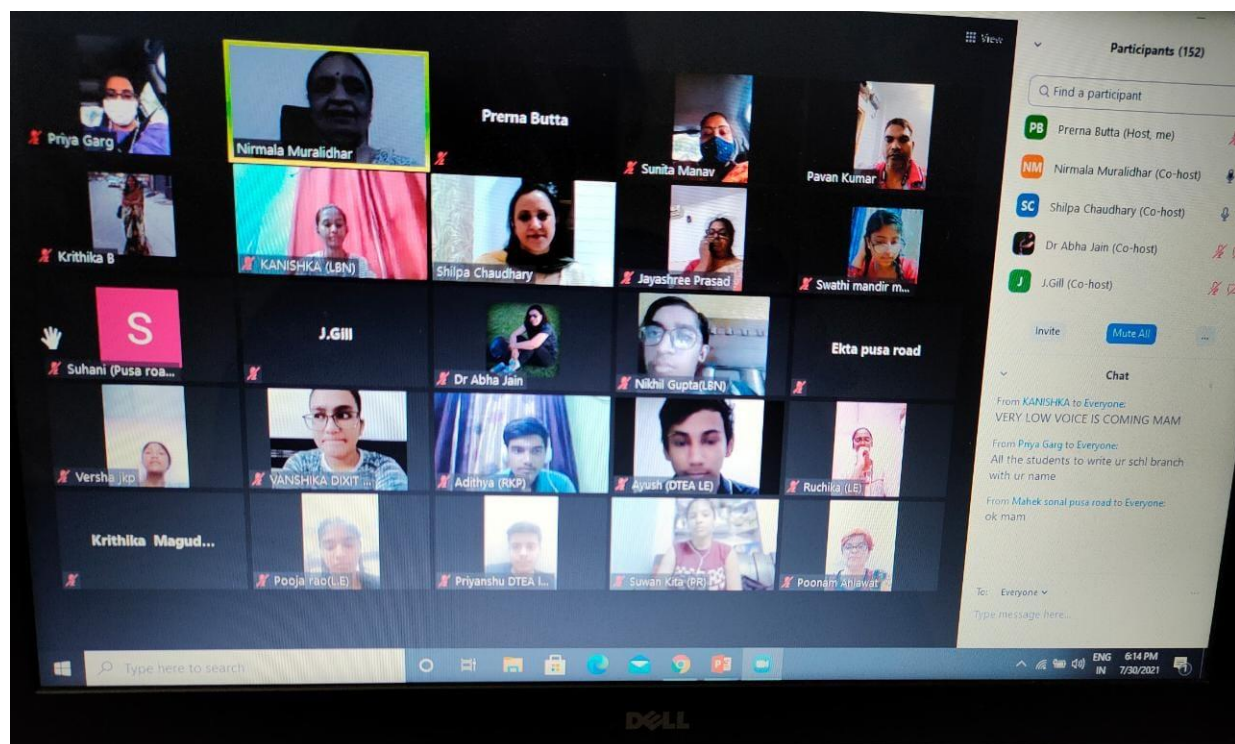
Demystifying Admission Process in DU – 30th July, 2021



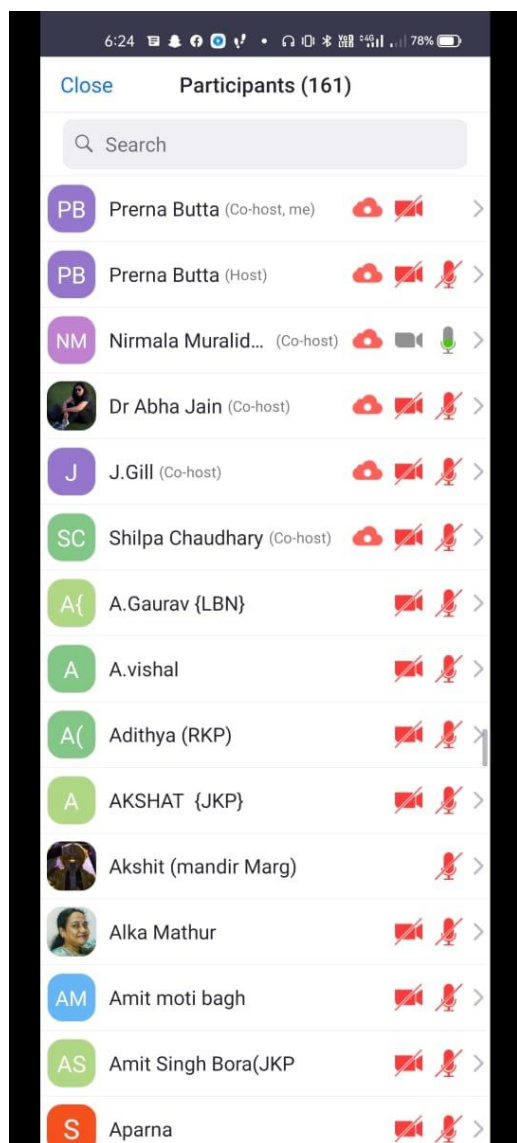
Demystifying Admission Process in DU – 30th July, 2021

COURSES	Subject-specific/ Additional Eligibility criteria
B.A. (Hons.) Economics	Must have studied and passed Mathematics in Class XII
B.Com (Hons.) / B.Com	- English/Hindi and a combination of the best three among the following subjects: Mathematics, Accountancy, Economics and Business Studies/ Commerce. - Inclusion of any subject from List B other than mentioned above in the combination of best three will lead to a deduction of 1% per subject on the aggregate.
B.Com. (Hons.)	The applicant must have studied and passed Mathematics/Business Mathematics/ equivalent paper

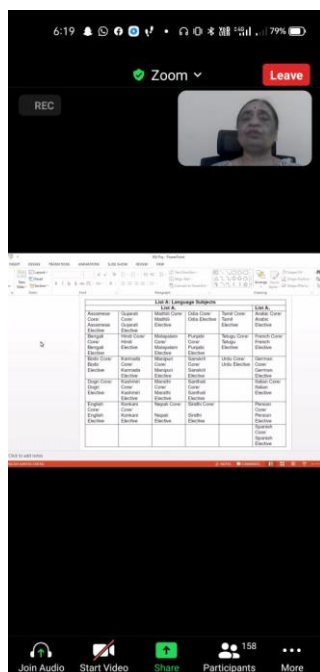
Demystifying Admission Process in DU – 30th July, 2021



Demystifying Admission Process in DU – 30th July, 2021



Demystifying Admission Process in DU – 30th July, 2021



Demystifying Admission Process in DU – 30th July, 2021

14. DEMYSTIFYING ADMISSION PROCESS IN DU – JULY 28TH, 2021

JDMC-IQAC Centre for Extension and Outreach Activities organised an online workshop on Demystifying Admission Process in DU on July 28th, 2021 for the students of Bal Bharati Public School, Rohini. The main aim of the workshop was to inform the students about the available courses in DU and to clear the queries of the students regarding admissions. Around 120 students participated in the workshop.

Team from JDMC – Dr. Jitender Gill (Department of English), Ms. Nirmala Muralidhar (Department of HDFE), Ms. Shivani Thakur (Department of Commerce), Dr. Shilpa Chaudhary (Department of Economics), Dr. Sanjukta Naskar (Department of English), Ms. Perna Butta (Department of HDFE), Dr. Meenakshi (Department of Hindi), Mr. Md.Faisal Hussain (Department of History), Ms. Chanpreet Kaur (Department of Mathematics), Dr. Gurinder H. Singh (Department of Music), Dr. Velmurugan Kumar (Department of Philosophy), Dr. Abha Jain (Department of Physical Education), Mr. Ahirrao Dinesh Bharat (Department of Political Science), Dr. Rajinder Kumar (Department of Sanskrit) and Dr. V. Rajyalaxmi (Department of Sociology).



**Janki Devi Memorial College
University of Delhi**



JDMC-IQAC Centre for Extension and Outreach Activities

Presents an online workshop

On

"Demystifying Admission Process in DU"

For students of

Bal Bharati Public School, Rohini

Date- 28th July, 2021

Time- 11.30 am

Ms. Nirmala Muralidhar
Director of JDMC- IQAC
Centre for Extension and
Outreach Activities

Dr. Shilpa Chaudhary
IQAC Coordinator

Prof. Swati Pal
Principal, JDMC

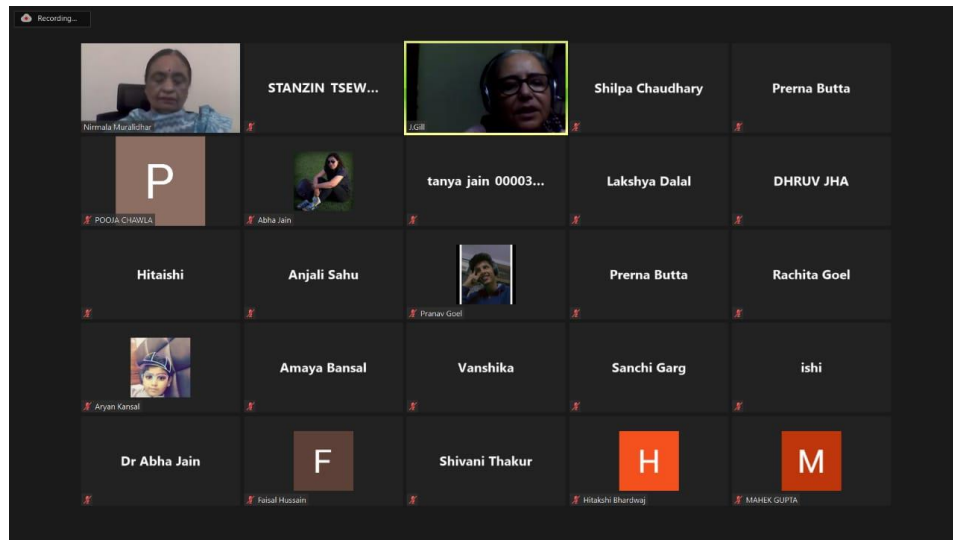
Demystifying Admission Process in DU – 28th July, 2021



Demystifying Admission Process in DU – 28th July, 2021



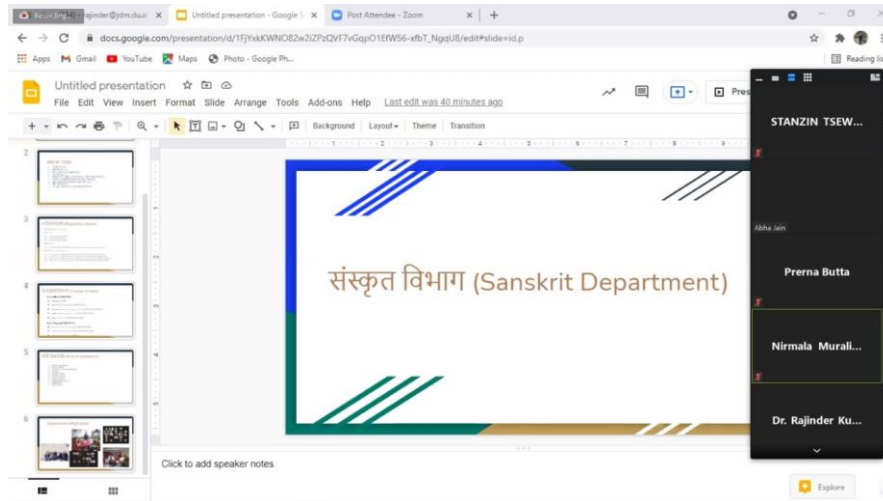
Demystifying Admission Process in DU – 28th July, 2021



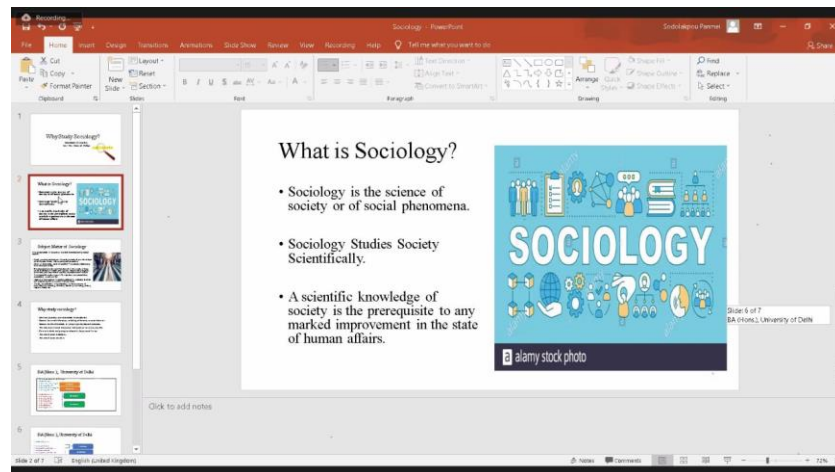
Demystifying Admission Process in DU – 28th July, 2021



Demystifying Admission Process in DU – 28th July, 2021



Demystifying Admission Process in DU – 28th July, 2021



Demystifying Admission Process in DU – 28th July, 2021

Human Development and Family Empowerment

The Discipline Course of HD FE was conceived and developed by a specialization Department of Home Science i.e. the Department of Human Development and Childhood Studies (HD CS), with a singular focus of catering to the students with Humanities background.

Aim:-

- To impart knowledge to students on the less talked about stream of Human Development
- To develop skills of the students
- To provide hands-on experience and specific skills in studying and understanding the pathways human development
- To prepare the students for higher education in various fields like gender, advocacy, social work and so on

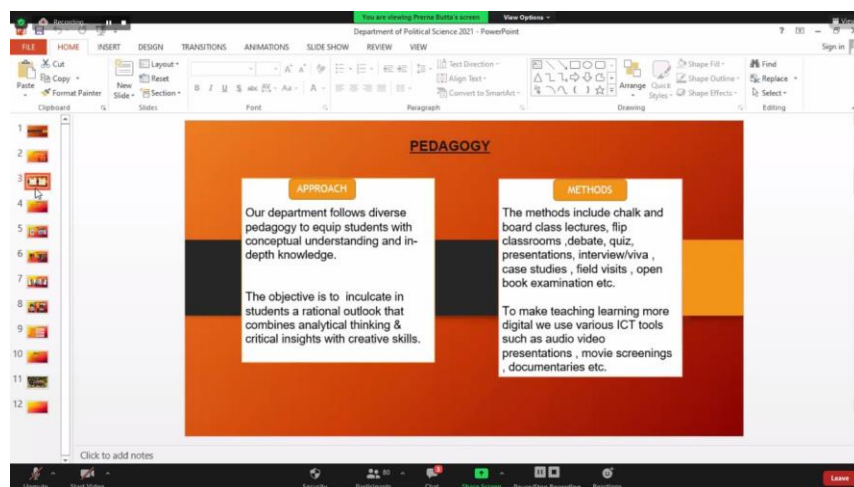
Skills imparted to the students

Communication skills, critical thinking, creative thinking, decision making, problem solving, stress management, reflective thinking, self directed learning, research related skills, team work, life learning, morals and leadership.

Eligibility Criterion

- An aggregate of 40% marks in class XII exam
- One language and three best academic/elective subjects (from List A & List B)
- One vocational subject can be included in Best four without any deduction, more than 1 vocational subject will lead to deduction of 2.5% from the aggregate of Best four.

Demystifying Admission Process in DU – 28th July, 2021



Demystifying Admission Process in DU – 28th July, 2021

15. PERIODS: LET'S BREAK THE SILENCE – JULY 28TH, 2021

Girlup Ardhya in collaboration with Center for Equity and Inclusion (CEQUIN) presented a session on 'Periods: Let's Break the Silence' on July 28th, 2021. The resource people for the session were Chetali, Anchal, Charu, Sejal and Chavvi (JDMC). Ms. Nirmala Muralidhar (Faculty, JDMC), coordinated this workshop. The focus of this workshop was to make people understand menstrual symptoms, problems, and premenstrual symptoms. They also talked about PCOD, heavy periods, missed periods, irregular periods, and premenstrual syndrome. The plan was to instruct them on how to properly dispose of the sanitary pad.

girlup
ardhya

CEQUIN

Center for Equity and Inclusion
(CEQUIN)

Presents
"Periods - Let's Break the silence"

In Collaboration With
GIRLUP ARDHYA

Resource People: -
Chetali, Anchal, Sejal, Charu, Amisha
From Janki Devi Memorial College

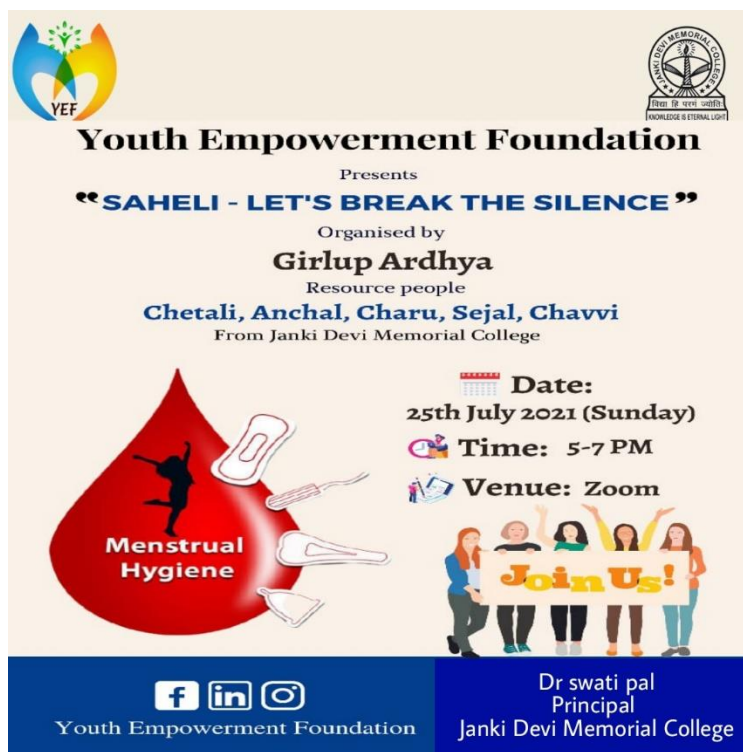
DATE: - 28 JULY 2021 TIME: - 3 P.M. ONWARDS

Prof. Swati Pal
Principal, Janki Devi
Memorial College

Periods: Let's Break the Silence – July 28th, 2021

16. SAHELI- LET'S BREAK THE SILENCE – JULY 25TH, 2021

Girlup Ardhya organized 'Saheli- Let's break the Silence' with The Youth Empowerment Foundation on July 25th, 2021. The resource people for the session were Chetali, Anchal, Charu, Sejal and Chavvi (JDMC). Ms. Nirmala Muralidhar (Faculty, JDMC), coordinated this workshop. The objective of Girlup Ardhya was to make people understand that it's normal to bleed. They focused on emphasising the Good Period. It's normal to bleed, and every girl is strong. They also focused on women's empowerment.



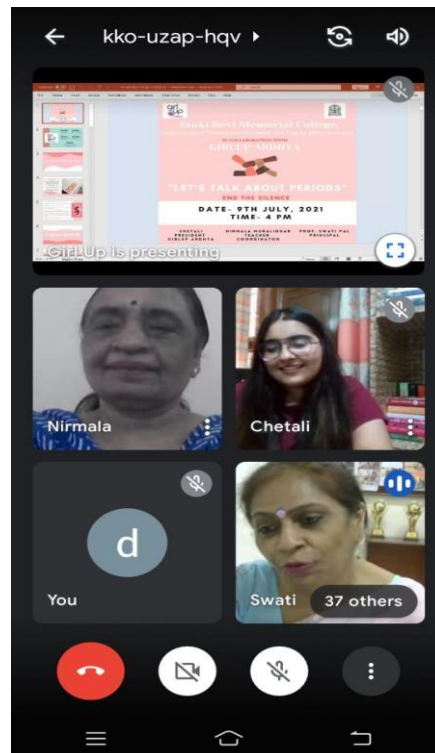
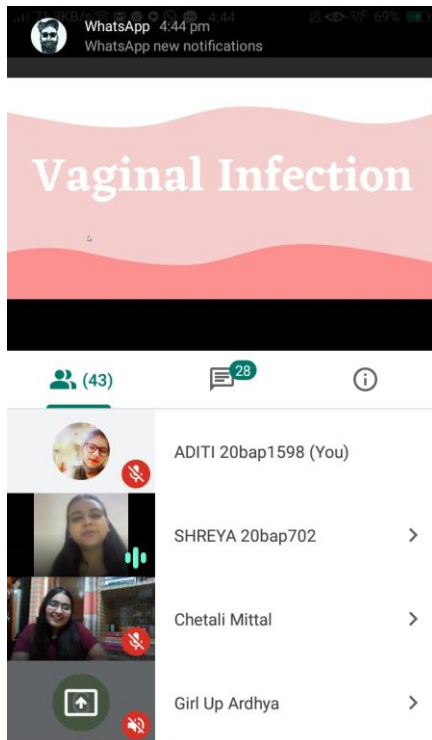
Saheli- Let's Break the Silence – July 25th, 2021

17. LET'S TALK ABOUT PERIODS – JULY 9TH, 2021

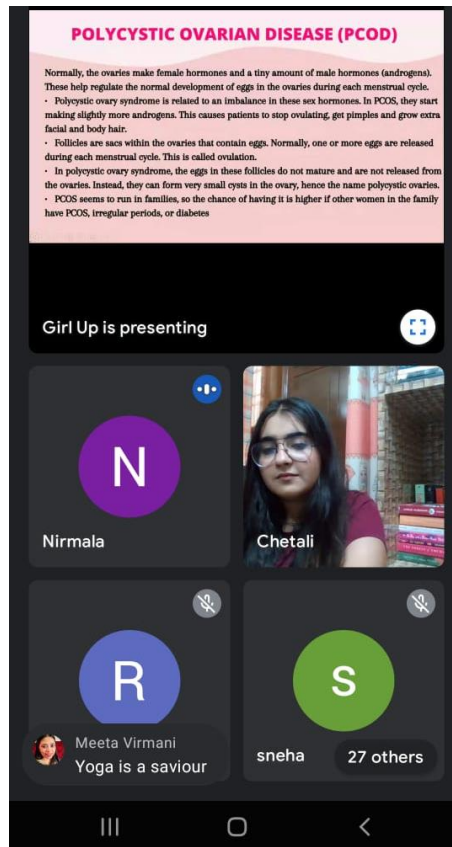
The Department of HDFE, JDMC in collaboration with Girlup Ardhya organized a session on 'Let's Talk about periods' on July 9th, 2021. The resource people for the session were Chetali, Anchal, Charu, Sejal and Chavvi (JDMC). Ms. Nirmala Muralidhar (Faculty, JDMC), coordinated this workshop.



Let's Talk about Periods – July 9th, 2021



Let's Talk about Periods – 9th July, 2021



Let's Talk about Periods – 9th July, 2021