

JDMC-IQAC Centre for Extension and Outreach Activities
Community First Initiative

2023-2024

Outreach Activities

Outreach activity is contributing, helping and reaching out to those who cannot help themselves due to various reasons. This initiative focuses on the following:-

- To strengthen the status of underprivileged people.
- To share joy and happiness and spread smiles.
- To encourage giving and build ideals of compassion and generosity in everyone.
- To empower people to give back to the society in the way they choose- time, material, money or love.
- To take the curriculum beyond classroom, as an extension activity, and to understand human dimension. To take the curriculum beyond classroom, as an extension activity, and to understand human dimension.

(i) Community Sensitization and Awareness

**Session on Uniting for a Glaucoma Free World" on the (occasion of World
Glaucoma week**

Name of the Event	Session on Uniting for a Glaucoma Free World" on the (occasion of World Glaucoma week (11 th March, 2024)
Name of the organizer (s)	Director: Ms. Nirmala Muralidhar Community First Initiative (Member): Ms. Prerna Butta
Type of event (intra-college/inter-college/ state/ national or any other collaboration)	Session (Inter-college)
Objectives of the event:	• To create awareness and educate participants about glaucoma, its risk factors, and the importance of early detection and treatment. • To encourage regular eye check-ups and screenings to facilitate early diagnosis and prevent vision loss. • To motivate participants to take proactive steps in their communities to spread awareness and support efforts towards a glaucoma-free world.
Name and Affiliation of the Resource person	Maj Gen (Dr.) Sagarika Patyal, SM, VSM(Rtd.)currently a senior consultant, Centre for Sight, Dwarka, New Delhi Dr. Ishita, Centre for Sight, Dwarka, New Delhi Dr. Tulika Srivastava, Centre for Sight, Dwarka, New Delhi

Brief Report:

The Community First Initiative and JDMC-IQAC Centre for Extension and Outreach Activities organized a session titled "Uniting for a Glaucoma Free World" on the occasion of World Glaucoma Week on 11th March 2024. The session was held in the seminar room of JDMC. The resource persons for this session were Maj Gen (Dr.) Sagarika Patyal, SM, VSM (Rtd.), currently a senior consultant at the Centre for Sight, Dwarka, New Delhi, along with Dr. Ishita and Dr. Tulika Srivastava from the same institution. The session was attended by 94 participants and covered various crucial aspects of glaucoma, including its definition, risk factors, and the importance of early detection and treatment. Practical guidance on the correct way to administer eye drops was provided, and participants' queries were addressed, making the session highly interactive and informative.

Posters:

JANKI DEVI MEMORIAL COLLEGE
University of Delhi

COMMUNITY FIRST INITIATIVE, JDMC- IQAC CENTRE FOR EXTENSION AND OUTREACH ACTIVITIES
organises a session on

Uniting for a Glaucoma Free World

on the occasion of

World Glaucoma Week

Maj Gen (Dr) Sagarika Patyal
SM, VSM (Rtd.) currently a senior consultant
Center for Sight
Dwarka, New Delhi

Dr. Ishita
Center for Sight
Dwarka, New Delhi

Dr. Tulika Srivastava
Center for Sight
Dwarka, New Delhi

Date: 11th March 2024
Time: 10 am
Venue: Seminar Room

Nirmala Muralidhar
Director, Centre for Extension and Outreach Activities
Program Coordinator

Purna Butta
Community First Initiative

Prof. Payal Nagpal
IQAC Coordinator

Prof. Swati Pal
Principal

जानकी देवी मेमोरियल कॉलेज
दिल्ली विश्वविद्यालय

समुदाय प्रथम पहल, विस्तार और आउटरीच गतिविधियों के लिए केंद्र

ग्लूकोमा मुक्त विश्व के लिए एकजुट

पर एक सत्र का आयोजन करता है

वर्ल्ड ग्लूकोमा वीक

के अवसर पर

मज जन (डॉ.) सागरिका पत्यल
एसएम, वीएसएम (सेवानिवृत्त) वर्तमान में
वरिष्ठ सलाहकार सेंटर फॉर साइट
द्वारका नई दिल्ली

डॉ. इशिता
सेंटर फॉर साइट
द्वारका नई दिल्ली

डॉ. तुलिका श्रीवास्तव
सेंटर फॉर साइट
द्वारका नई दिल्ली

दिनांक: 11 मार्च 2024
समय: सुबह 10 बजे
स्थान: सेमिनार रूम

निर्मला मुरलीधर
(डायरेक्टर, सेंटर फॉर एक्सटेंशन एंड आउटरीच एक्टिविटीज प्रोग्राम कोऑर्डिनेटर)

प्रेम्णा बुट्टा
(एक्सटेंसिविटीव बोर्डी मेंबर, कम्युनिटी फर्स्ट इनिशिएटिव)

प्रोफेसर पायल नागपाल
आईन्यूएसी कोऑर्डिनेटर

प्रो. स्वाति पाल
प्रिंसिपल, जेडीएमसी

Total Number of participants (Students) : 94

SNO	NAME	BA PROGRAMME/ YEAR	ROLL NO.
01.	Anisha	BA (Prog) 1st year	1044
02.	Niraj	BA 1st year	189
03.	Rohini Kumar	BA (Hons) Political Sci	1025
04.	Harsh Singh	BA (Hons) Eco	1057
05.	Devan Joshi	BA & History Hons	1034
06.	Anjali	BA History Hons	1392
07.	Sumati Jais	BA Program	21680
10.	Miya Parmar	BA Programme	1021
11.	Saisha Shagun	BA Programme	1031
12.	Rachna Kumar	BA Programme	1015
13.	Rachna Kumar	BA Programme	880
14.	Khushi	BA (Program)	1039
15.	Vaishnavi Pandey	BA Program	1057
16.	Anisha Mishra	BA (Program)	1761
17.	Aditi Kumari	BA (Program)	225
18.	Ramika Negi	BA (Program)	1016
19.	Shivani	BA (Program)	892
20.	Tuli Vishwakarma	BA (Program)	1049
21.	Shravan Pandey	BA (Program)	1044
22.	Aditi Shakti	BA (Program)	1118
23.	Gurpreet Kaur	BA (Program)	947
24.	Tulsi Khan	BA (Prog)	342

SNO	NAME	BA PROGRAMME/ YEAR	ROLL NO.
24.	Tanishka Anand	BA programme 1st year	75
25.	Dhyanesh Negi	BA programme 1st year	424
26.	Tiya Simar	BA Programme 1st year	1030
27.	Sona Chauhan	BA Programme 2nd year	1035
28.	Agarwal Namini	BA programme 1st year	1037
29.	Tanvisha Ghosh	BA ———	1020
30.	Rishika Kumar	———	834
31.	Rishika Adhikari	———	115
32.	TIGHEE DOLLA	BA Programme	26
33.	HARSHITA SHARMA	BA Programme	1240
34.	SAHIA NARZ	BA Programme	195
35.	Enamika Baidya	BA Programme	881
36.	Rishika Upadhyay	BA (Prog.)	1171
37.	Hishika Anand	BA Programme	840
38.	Miya Chauhan	BA (Prog.)	1613
39.	Neha	BA (Prog.)	1207
40.	Yashita Chakravarty	BA (Prog.)	1539
41.	Aanya Swastika	BA (Prog.)	1055
42.	Savani Yadav	BA (Prog.)	1057
43.	Khyati Upadhyay	BA (Prog.)	932

SNO	NAME	BA PROGRAMME/ YEAR	ROLL NO.
1.	Pooja Chaturvedi	BA (Prog) Hons + BA	110
2.	Palak Puri	BA (Prog) Hons + BA	943
3.	Tanisha	BA (Prog) Hons + BA	1904
4.	ARPIYA MISHRA	BA (Prog) Hons + BA	855
5.	Pooja Chaturvedi	BA (Prog) Hons + BA	510
6.	Manali Yadav	BA (Prog) Hons + BA	237
7.	Rohini Khan	BA (Prog) Hons + BA	827
8.	Manika	BA (Prog) Hons + BA	909
9.	Zehra Aziz	BA (Prog) Hons + BA	658
10.	Shruti Sankar	BA (Prog) Hons + BA	567
11.	Chhavi	BA (Prog) Hons + BA	1740
12.	Atisha Prasad	BA (Prog) Hons + BA	101
13.	Mamika Gopal	BA (Prog) Hons + BA	1455
14.	Adeeba Sheikh	BA (Prog) Hons + BA	1708
15.	Manish Kumar	BA (Prog) Hons + BA	1291
16.	Divya Bhandari	BA (Prog) Hons + BA	644
17.	Kajal	BA (Prog) Hons + BA	644
18.	Arjun Malik	BA (Prog) Hons + BA	302
19.	Deepanshi	BA (Prog) Hons + BA	1212
20.	Rishika	BA (Prog) Hons + BA	756
21.	Anushka	BA (Prog)	1108
22.	Vaishnavi	BA (Prog)	696

SNO	NAME	BA PROGRAMME/ YEAR	ROLL NO.
23.	Nishi Mehta	BA Prog 1st year	500
24.	Sachin Singh	BA Prog 1st year	500
25.	Garshita Sonam	BA Prog 1st year	94
26.	Shruti Singh	BA Prog 1st year	1350
27.	Shruti Singh	BA Prog 1st year	1052
28.	Kavita	BA Prog 1st year	63
29.	Sneha	BA Prog 1st year	95
30.	Sanjana	BA Prog 1st year	1046
31.	Shruti	BA Prog 1st year	101
32.	Shruti	BA Prog 1st year	1048
33.	Shruti	BA Prog 1st year	836
34.	Sachin	BA Prog 1st year	1137
35.	Sachin	BA Prog 1st year	772
36.	Sachin	BA Prog 1st year	1000
37.	Sachin	BA Prog 1st year	814
38.	Sachin	BA Prog 1st year	217
39.	Sachin	BA Prog 1st year	1501
40.	Sachin	BA Prog 1st year	1505
41.	Sachin	BA Prog 1st year	52
42.	Sachin	BA Prog 1st year	1574
43.	Sachin	BA Prog 1st year	670
44.	Sachin	BA Prog 1st year	113
45.	Sachin	BA Prog 1st year	309
46.	Sachin	BA Prog 1st year	275
47.	Sachin	BA Prog 1st year	161
48.	Sachin	BA Prog 1st year	1072
49.	Sachin	BA Prog 1st year	1502
50.	Sachin	BA Prog 1st year	722
51.	Sachin	BA Prog 1st year	722

Sample of feedback/ evaluation form:

Q1. Personal Details

Q2. How will you rate the content of the session?

Q3. How will you rate the presentation/communication of the resource person?

Q4. How will you rate the overall experience of the session?

Q5. Would you like us to organize similar sessions/ talks/ workshops?

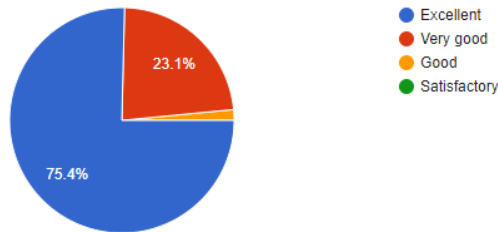
Q6. Takeaways from this session

Q7. Any feedback about of the session

Effectiveness Evaluation Document (Pie charts):

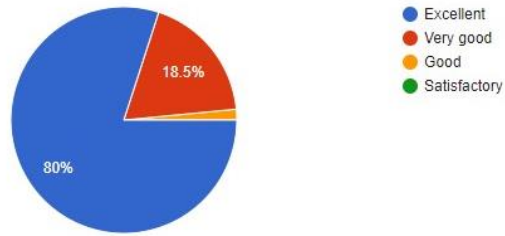
How will you rate the content of the session?

65 responses



How will you rate the presentation/communication of the resource person?

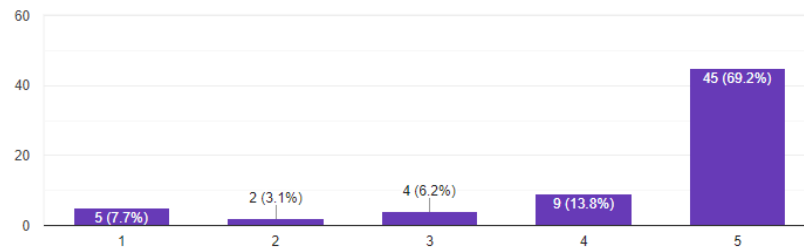
65 responses



How will you rate the overall experience of the session?

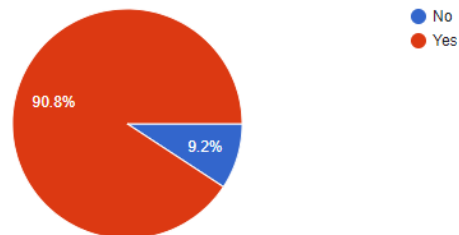
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65 responses



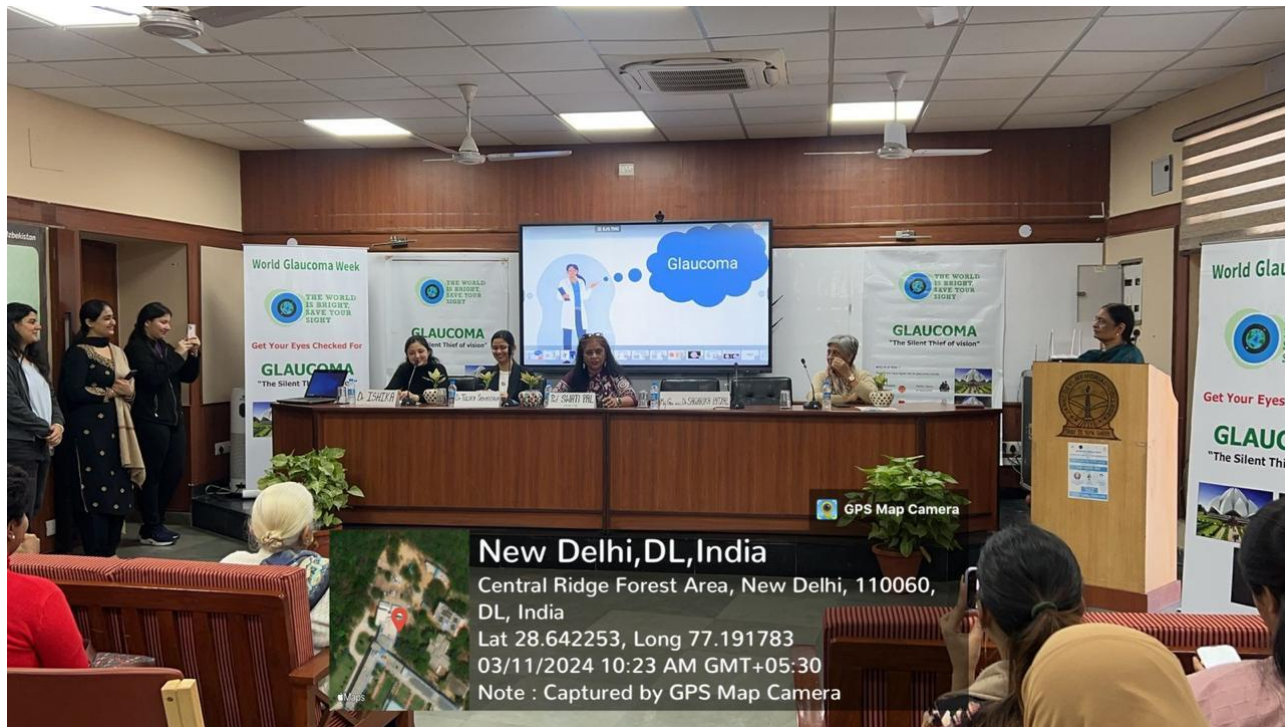
Would you like us to organize similar sessions/ talks/ workshops?

65 responses



The feedback for the session indicated highly positive responses across various aspects, including content quality and the presentation by the resource person. The overall experience reported by the participants was very good, showcasing strong general satisfaction. Additionally, a significant majority expressed interest in attending similar future sessions.

Geo-tagged pictures of the event:



Session on 'Uniting for a Glaucoma Free World" (World Glaucoma week) - 11th March, 2024



Session on 'Uniting for a Glaucoma Free World" (World Glaucoma week) - 11th March, 2024



Session on 'Uniting for a Glaucoma Free World" (World Glaucoma week) - 11th March, 2024



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Session on 'Uniting for a Glaucoma Free World" (World Glaucoma week) - 11th March, 2024

College level workshop on Youth activities for aged

Name of the Event	College level workshop on Youth activities for aged: Community Engagement with Elderly (On the occasion of National Youth Day) – 12 th January, 2024
Name of the organizer (s)	Director: Ms. Nirmala Muralidhar Community First Initiative (Member): Ms. Prerna Butta
Type of event (intra-college/inter-college/ state/ national or any other collaboration)	Workshop (Intra-college) in association with National Community engagement Academic Network
Objectives of the event:	• To develop an understanding of Adulthood & Ageing in the life span. • To appreciate the experience of the senior citizens in their respective fields & learn from them • To be sensitive to the needs of this age group, understand the changes that occur during this period physically, emotionally, psychologically. • To develop a sense of compassion towards the elderly & recognise their contribution to society. • To give back to the community by engaging with the elderly.
Name and Affiliation of the Resource person	Ms. Nirmala Muralidhar, Associate Professor, Dept. of Human Development and Family Empowerment, JDMC Ms. Prerna Butta, Assistant Professor, Dept. of Human Development and Family Empowerment, JDMC

Brief Report

A college-level workshop titled "Youth Activities for the Aged: Community Engagement with the Elderly" was organized by the Community First Initiative, JDMC-IQAC Centre for Extension and Outreach Activities in association with the National Community Engagement Academic Network on the occasion of National Youth Day, 12th January 2024. It was held in Room No. 5 at JDMC and attended by 21 students. The workshop aimed to promote intergenerational connections by creating awareness about youth engagement in activities benefiting the elderly. It focused on fostering meaningful relationships between young people and seniors, emphasizing the mutual benefits of such interactions. By encouraging youth to actively participate in programs designed to assist and engage with the elderly, the initiative seeks to bridge the generational gap, enhance the quality of life for seniors, and instil a sense of responsibility and empathy in the younger generation.

Posters:

JANKI DEVI MEMORIAL COLLEGE
University of Delhi
Community First Initiative, JDMC- IQAC Centre for Extension and Outreach Activities
In association with
National Community Engagement Academic Network
organises
College level workshop on youth activities for aged :
● At home ● In the community ● In old-age home on
Community Engagement With The Elderly
on the occasion of
National Youth Day
JANUARY 12
Room No. : 5
Time : 9.30 am
Date : 12th January 2024
Nirmala Muralidhar
Director, Centre for Extension and Outreach Activities
Program Coordinator
Prerna Butta
Community First Initiative
Prof. Payal Nagpal
IQAC Coordinator
Prof. Swati Pal
Principal

जानकी देवी मेमोरियल कॉलेज
दिल्ली विश्वविद्यालय
समुदाय प्रथम पहल, विस्तार और आउटरीच गतिविधियों के लिए केंद्र
राष्ट्रीय सामुदायिक सहभागिता अकादमिक नेटवर्क के सहयोग से
वृद्धों के लिए युवा गतिविधियों पर कॉलेज स्तरीय कार्यशाला:
● घर पर ● समुदाय में ● वृद्धाश्रम में
बुजुर्गों के साथ सामुदायिक जुड़ाव
का आयोजन करता है
राष्ट्रीय युवा दिवस
12 जनवरी
के अवसर पर
कमरा नंबर: 5
समय : सुबह 9.30 बजे
दिनांक: 12 जनवरी 2024
Nirmala Muralidhar
(डायरेक्टर, सेंटर फॉर एक्सटेंशन एंड आउटरीच एक्टिविटीज प्रोग्राम कोऑर्डिनेटर)
प्रेरणा बट्टा
(एक्सेक्यूटिव बोर्डी मेंबर, आईक्यूएसी कोऑर्डिनेटर)
प्रोफेसर पायल नागपाल
प्रो. स्वाति पाल
प्रिंसिपल, जेडीएमसी

Total Number of participants (Students) : 21

NAME	Name of the College	Name of the University
Hrishita Raman	Janki Devi Memorial College	University of Delhi
Srishti	Janki Devi Memorial College	University of Delhi
Prashanti Singh	Janki Devi Memorial College	University of Delhi
Aditi Bhati	Janki Devi Memorial College	University of Delhi
Harshita Bhardwaj	Janki Devi Memorial College	University of Delhi
Akansha Tiwari	JDMC	University of Delhi
Gurneet Kaur	Janki Devi Memorial College	University of Delhi
Divya yadav	Janki devi memorial college	University of Delhi
Priya gupta	Janki devi Memorial college	Delhi university
Anjali Gupta	Janki devi memorial college	University of Delhi
Kanishka	Janki Devi Memorial College	University of Delhi
Shivani	Janki Devi Memorial College	University of Delhi
Priyanka	Janki Devi Memorial College	University of Delhi
PRIYANKA	JANKI DEVI MEMORIAL COLLEGE	Delhi University
Sneha Kumari	Janki Devi memorial college	Delhi University
Sucheta Raj	Janki Devi Memorial College	University of Delhi
Sakshi	Janki Devi Memorial College	University of Delhi
Tulsi Viswakarma	Janki Devi Memorial College	University of Delhi
Kashish	Janki Devi Memorial College	University of Delhi
Shuva Chakraborty	Janki Devi Memorial College	University of Delhi
Pinki	Janki Devi memorial college	Ba programme (Delhi University)

Sample of feedback/ evaluation form:

Q1. Personal Details

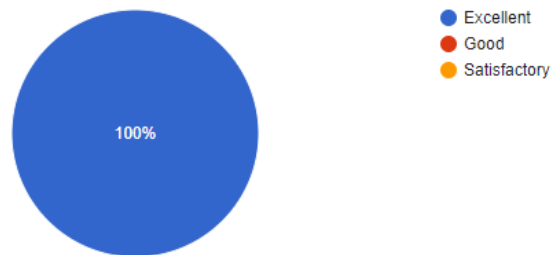
Q2. How will you rate the overall experience of the workshop?

Q3. Was the workshop helpful?

Q4. Feedback on the overall session

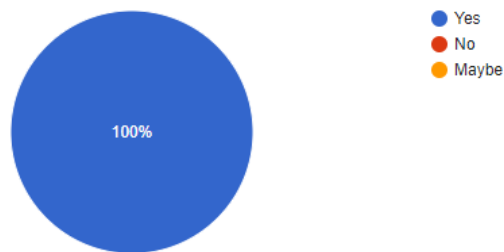
How will you rate the overall experience of the workshop?

21 responses



Was the workshop helpful?

21 responses



The feedback indicates that the workshop was well-received by all participants. The participants found the workshop to be useful, and the unanimous rating of "excellent" for the overall experience reflects high satisfaction with the workshop.

Geo-tagged pictures of the event:



College level workshop on Youth activities for aged: Community Engagement with Elderly (On the occasion of National Youth Day) – 12th January, 2024



College level workshop on Youth activities for aged: Community Engagement with Elderly (On the occasion of National Youth Day) – 12th January, 2024



College level workshop on Youth activities for aged: Community Engagement with Elderly (On the occasion of National Youth Day) – 12th January, 2024



College level workshop on Youth activities for aged: Community Engagement with Elderly (On the occasion of National Youth Day) – 12th January, 2024



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