

2019-
20

REPORT

IMPLEMENTATION OF THE BYSTANDER INTERVENTION PROGRAM RISE AT JANKI DEVI MEMORIAL COLLEGE, DELHI

ABOUT RISE

The name of the program represents four main principles:

- R** – Reflect
- I** – Inform
- S** – Support
- E** – Engage

Thus, the program aims to make participants **reflect** about topics like gender, healthy relationships and communication, sexual violence and the meaning of being a bystander. The program also wants to **inform** about effective communication styles, different forms of sexual violence and bystander skills. It further shall **support** participants in finding strategies how to challenge traditional gender roles and how to communicate effectively in interpersonal relationships. Finally, the aim is to **engage** participants as potential witnesses (bystander) of sexual violence. We work with participants on different levels, namely

IMPLEMENTATION OF RISE AT JDMC

CONDUCTION OF THE PROGRAM WITH HINDI MEDIUM STUDENTS (2019)

In 2019, a total of 128 students of the Hindi Medium Section took part in the Bystander Intervention Program RISE. These students came from the Political Science Department (30 students; April 2019), from the Sanskrit Department (46 students; September 2019) and from the Hindi Department (52 students; September 2019). Trainers of the program were Ms. Debahuti Brahmachari and Mr. Kush Gayasen from the Political Science Department as well as Dr. Sonal Jain and Ms. Meghna Surana from the Commerce Department.

CONDUCTION OF THE PROGRAM WITH ENGLISH MEDIUM STUDENTS (2019/20)

In 2019/20, a total of 193 students of the English Medium Section took part in the Bystander Intervention Program RISE. The program was conducted in cooperation with Ms. Gayatri Sharma from the NGO Women Power Connect. The participating students came from the Philosophy Department (25 students; October 2019), Sociology Department (45 students; October 2019), History Department (39 students; November 2019), Political Science Department (25

**2019-
20**

REPORT

IMPLEMENTATION OF THE BYSTANDER INTERVENTION PROGRAM RISE AT JANKI DEVI MEMORIAL COLLEGE, DELHI

knowledge, attitudes and behavior through various interactive methods like group discussions, role-plays and several newly invented activities.

The program consists of different modules:

Module: GENDER

Module: HEALTHY RELATIONSHIPS

Module: SEXUAL VIOLENCE

Module: BYSTANDER

students; February 2020), Economics Department (9 students; February 2020) and English Department (50 students; February 2020).

CONDUCTION OF THE ONLINE INTERVENTION PROGRAM (2020)

In 2020, a total of 247 students took part in the Online Intervention Program RISE. The online intervention program covers topics like Gender, Sexual Violence and Bystander Education through an E-Learning Platform called LabVanced; . The participating students came from the Mathematics Department (166 students; February 2020) and from the Commerce Department (81 students; February 2020).