

Janki Devi Memorial College, University of Delhi

Human Development and Family Empowerment

Under the Aegis of

JDMC-IQAC Centre for Career Counselling, Career Opportunity, and Skill Enhancement

In collaboration with

EunoiaYou

Add on Course Title - Structure Knowledge into Live Lesson (SKILL): An Add on Course on Soft skills

Name of the Coordinators with Affiliation - Ms. Nirmala Muralidhar (Department of HDFE), Dr. Ruby Bhardwaj (Department of Sociology) and Ms. Prerna Butta (Department of HDFE)

Offered by- The Department of Human Development and Family Empowerment under the aegis of JDMC-IQAC Centre for Career Counselling, Career Opportunity, and Skill Enhancement **In collaboration** with EunoiaYou

Name of the Resource Persons with Affiliation - Ms. Kirti Khatri Jodhka, the Founding Director at EunoiaYou, Ms. Arti Bhatia and Ms. Varsha A. Malagi

Date of Commencement – 26th September, 2022

Date of Ending of the course – 4th November, 2022

Course fee and total amount – Rs 500 per student

Duration of the course – 30 hours

The Department of Human Development and Family Empowerment under the aegis of JDMC-IQAC Centre for Career Counselling, Career Opportunity, and Skill Enhancement **In collaboration with EunoiaYou** organized an add on course (30hrs) on ‘Structure Knowledge into Live Lesson (SKILL): An Add on Course on Soft skills’ from 26th September, 2022 – 4th November, 2022. The teacher coordinators for this course were Ms. Nirmala Muralidhar (Department of HDFE), Dr. Ruby Bhardwaj (Department of Sociology) and Ms. Prerna Butta (Department of HDFE).

The course content was developed in collaboration with Ms. Kirti Khatri Jodhka, the Founding

Director at EunoiaYou. It covered a wide range of topics, including public speaking, work management, emotional intelligence, transitioning from college to work, team management, and effective teamwork to name a few. The sessions conducted during the course were highly engaging and packed with valuable information. Below, you will find the details of each session.

Outline and Output of course

Soft skills are personal qualities that improve a person's interpersonal relationships, career opportunities, and job performance. It consists of a variety of interpersonal skills, social skills, communication skills, professional qualities, and so on.

Course Objectives

- To help each participant in this course, learn to identify and pursue their life's purpose.
- To provide the students, a strong practical emphasis and help in the development of their interpersonal, teamwork, leadership, time management, and communication skills, to name a few.
- To provide its participants with a skill that will help them improve the quality of their life (personal and professional).

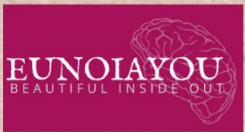
It was a successful course.

Modules/Units along with Learning Outcomes for each module:

SESSION	TITLE	THEME AND LEARNING OUTCOMES
Session 1	Welcome Onboard! (Inaugural session)	Orientation and Introduction Adult Soft skills LO - Identify, understand, and value key adult soft skills effectively
Session 2	Go Gritty with Skills!	Goal Setting and Getting Things done LO – To learn effective goal-setting strategies and time management techniques to enhance productivity and success
Session 3	How you doin'?	Emotional Intelligence LO – To understand and manage emotions effectively for improved interpersonal relationships and decision-making
Session 4	Don't Fret, Go Ahead!	Public Speaking LO – To help the participants gain confidence and skills in public speaking, delivering impactful presentations with clarity and poise
Session 5	That's me!	Improving self-awareness Self Image LO – To enhance self-awareness and self-image, fostering a positive self-perception and cultivating personal growth and confidence.
Session 6	Be the Connoisseur!	Talking initiative LO – Learn to take initiative, becoming proactive and assertive in pursuing goals and opportunities
Session 7	Humble Bumble	Social Intelligence LO – TO develop social intelligence, improving interpersonal skills and understanding others' emotions for better communication and relationship building.

Session 8	Win Over the HRs	Facing interviews LO – To better prepare the participants for interviews, equip with effective strategies to showcase their skills.
Session 9	Polish your Portfolio	Creating CV, Cover video and letter LO – To craft compelling CVs, cover videos, and letters, effectively showcasing their strengths and qualifications to potential employers.
Session 10	Functional Leadership Tactics	Trust building and Resilience LO – To help the participants build trust in relationships and develop resilience to overcome challenges with adaptability and determination.
Session 11	Leadership Skills	Team Bond and Work management LO – To strengthen team bonds and acquire work management skills • To enhance collaboration and productivity.
Session 12	Code of conduct	Revert on Professional Communication LO – To improve professional communication skills, respond promptly and effectively in various work-related situations.
Session 13	Nest to Desk	Transition from college to work LO – To help the participants understand transition from college to work • To equip the participants with insights and strategies for a successful adaptation
Session 14	Workaonster aka Work Monster	Handling difficult people at work LO – To develop skills to handle difficult people at work, fostering a positive and productive work environment.
Session 15	Never Give Up! Assessment and Valedictory Session	How to deal with failure! An assessment form will be shared. Completion of assessment will be mandatory for all the participants

Poster



**Janki Devi Memorial College
University of Delhi**

Human Development and Family Empowerment

Under the Aegis of
JDMC-IQAC Centre for Career Counselling, Career Opportunity,
and Skill Enhancement

In collaboration with
EunoiaYou
Presents

**Structure Knowledge Into Live Lesson (SKILL):
An Add on Course on Soft skills**

Course Fee Rs 500 per student	Duration - (30hrs) 26th September, 2022 to November, 2022	Time - 5:00 PM
		Online

Registration Link -
https://docs.google.com/forms/d/e/1FAIpQLSeuih50uHTZwh4hs7wxaFOBqnwX9oNDFEyerwoXmqrcJ9iJTg/viewform?usp=sf_link

Use the QR code for the payment of the Course



Ms. Nirmala Muralidhar
(Department of HDFE)
Dr. Ruby Bhardwaj
(Department of Sociology)
Ms. Prerna Butta
(Department of HDFE)
TEACHER COORDINATORS

Dr. Jayanti Sahoo
and
Dr. Sipu Jayswal
**ADD-ON-COURSE
CONVENOR**

Prof. Swati Pal
PRINCIPAL, JDMC

Brochure





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Ms. Nirmala Muralidhar
(Department of HDFE)

Dr. Ruby Bhardwaj
(Department of Sociology)

Ms. Prerna Butta
(Department of HDFE)

TEACHER COORDINATORS

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**ADD-ON-COURSE
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Prof. Swati Pal
PRINCIPAL, JDMC

Course Background

Soft skills are personal qualities that improve a person's interpersonal relationships, career opportunities, and job performance. It consists of a variety of interpersonal skills, social skills, communication skills, professional qualities, and so on.

- Each participant in this course will learn to identify and pursue their life's purpose.
- The sessions will provide the students, a strong practical emphasis and will help in the development of their interpersonal, teamwork, leadership, time management, and communication skills, to name a few.
- The aim of this course is to provide its participants with a skill that will help them improve the quality of their life (personal and professional).

Course Designing and Evaluation

Ms. Kirti Khatri Jodhka (Founding Director at EunoiaYou)
Ms. Nirmala Muralidhar (Department of HDFE, JDMC)
Dr. Ruby Bhardwaj (Department of Sociology)
Ms. Prerna Butta (Department of HDFE, JDMC)

Resource Persons:



Ms. Kirti Khatri Jodhka, is a Communication Specialist & Personality development trainer nearing 7+ years of experience in the field of Training and Empowering individuals of all age groups, from varied domains. She has trained over 1500 students and 700 working professionals in Vocal and Verbal Communication, Body Language, Interview Skills, Motivation, Etiquette & Emotional Intelligence.

Guest Speakers - Team EunoiaYou

Course Coverage - 15 Session of 2 hours each	
Session 1 Welcome Onboard! (Inaugural session)	Theme - Orientation and Introduction Adult Soft skills
Session 2 Go Gritty with Skills!	Theme - Goal Setting and Getting Things done
Session 3 How you doin'?	Theme - Emotional Intelligence
Session 4 Don't Fret, Go Ahead!	Theme - Public Speaking
Session 5 That's me!	Theme - Improving self-awareness Self Image
Session 6 Be the Connoisseur!	Theme - Talking initiative
Session 7 Humble Bumble	Theme - Social Intelligence
Session 8 Win Over the HRs	Theme - Facing interviews
Session 9 Polish your Portfolio	Theme - Creating CV, Cover video and letter
Session 10 Functional Leadership Tactics	Theme - Trust building and Resilience
Session 11 Leadership Skills	Theme - Team Bond and Work management
Session 12 Code of conduct	Theme - Revert on Professional Communication
Session 13 Nest to Desk	Theme - Transition from college to work
Session 14 Workmonster aka Work Monster	Theme - Handling difficult people at work
Session 15 Never Give Up! Assessment and Valedictory Session	Theme - How to deal with failure! • An assessment form will be shared. Completion of assessment will be mandatory for all the participants

Duration of the course - September, 2022 to November, 2022
(30 hours durations)

Course Fees - Rs 500 per student

Methodology to be used:

- Directed Discussions
- Abstract Interaction
- Gamification

Mode - Online

Eligibility Criteria

- Undergraduates from all the disciplines and any course can join this course as it is multidisciplinary in nature and focuses on skill enhancement for career and everyday life.
- Maximum participants for this course (100 approx.)
- Attendance in all the sessions will be mandatory

Some Rules for E-certificate

- Attendance in all the sessions will be mandatory
- Attendance and feedback link will be generated for each session. It will be mandatory for all the participants to fill it.
- All the participants will be given an e-certificates after the completion of the assessment at the end of the course.

Registration Link -
https://docs.google.com/forms/d/e/1FAIpQLSeuhsouHTZwhshewxFOBqgwX9oNDFEyerwoXmqrCj9iJTg/viewform?usp=sf_link

For Payment



Use this QR Code



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- Maximum participants for this course (100 approx.)
- Attendance in all the sessions will be mandatory

Number of Participants

NUMBER OF PARTICIPANTS ENROLLED IN THE COURSE			
NO. STUDENTS FROM JDMC	NO. STUDENTS FROM OUTSIDE	NO. OF FACULTY	TOTAL
60	5	1 (Outside JDMC)	66

NUMBER OF PARTICIPANTS WHO COMPLETED THE COURSE			
NO. STUDENTS FROM JDMC	NO. STUDENTS FROM OUTSIDE	NO. OF FACULTY	TOTAL
45	3	1 (Outside JDMC)	49

List of Participants

S.N.O	NAME	EMAIL	NAME OF COLLEGE	UNIVERSITY	YEAR	ROLL NO.	Program	JDMC Student (Yes/No)
1.	Chetna Chauhan	Chetna20bap897@jdm.du.ac.in	JDMC	University of Delhi	3 rd	897	B.A (Prog)	YES
2.	Shreeja verma	shreeja.20bap1344@jdm.du.ac.in	JDMC	University of Delhi	3 rd	1344	B.A (Prog)	YES
3.	Atufa Khalid	atufakhalid13@gmail.com	JDMC	University of Delhi	2 nd	701	B.A (Prog)	YES
4.	Prashanti Singh	prashanti.21bap727@jdm.du.ac.in	JDMC	University of Delhi	2 nd	727	B.A (Prog)	YES
5.	Nishi Bhardwaj	nishi.20bap736@jdm.du.ac.in	JDMC	University of Delhi	3 rd	736	B.A (Prog)	YES
6.	Srishti	srishti.21bap680@jdm.du.ac.in	JDMC	University of Delhi	2 nd	680	B.A (Prog)	YES
7.	Isha seervi	seerviisha@gmail.com	JDMC	University of Delhi	2 nd	588	B.A (Prog)	YES
8.	Ayushi Pal	ayushi.20bap541@jdm.du.ac.in	JDMC	University of Delhi	3 rd	541	B.A (Prog)	YES
9.	Riya	riya.20bap806@jdm.du.ac.in	JDMC	University of Delhi	3 rd	806	B.A (Prog)	YES
10.	Sakshi Kumari	sakshi.21bap1239@jdm.du.ac.in	JDMC	University of Delhi	2 nd	1239	B.A (Prog)	YES
11.	Maryam younus	Maryamyounus1963@gmail.com	JDMC	University of Delhi	3 rd	866	-	YES

12.	Deepti	deepti.20bap401@jdm.du.a c.in	JDMC	University of Delhi	3 rd	401	B.A (Prog)	YES
13.	Ruchi Singh	ruchi.20bap704@jdm.du.a c.in	JDMC	University of Delhi	3 rd	704	B.A (Prog)	YES
14.	Chhavi	chhavi.21bap1740@jdm.d u.ac.in	JDMC	University of Delhi	2 nd	1740	B.A (Prog)	YES
15.	RACHITA BURMAN	rachitaburman29@gmail.c om	JDMC	University of Delhi	2 nd	449	B.A (Prog)	YES
16.	Vaishnavi Chaudhary	vaishnavi.21bap686@jdm. du.ac.in	JDMC	University of Delhi	2 nd	686	B.A (Prog)	YES
17.	Astha Mathur	asthamathur467@gmail.co m	JDMC	University of Delhi	2 nd	684	B.A (Prog)	YES
18.	Aditi Bhati	aditi.21bap748@jdm.du.ac .in	JDMC	University of Delhi	2 nd	748	B.A (Prog)	YES
19.	PALAK PASSI	Palak.21bap897@jdm.du.a c.in	JDMC	University of Delhi	2 nd	897	B.A (Prog)	YES
20.	Muskan Sharma	muskan.21bap882@jdm.du .ac.in	JDMC	University of Delhi	2 nd	882	B.A (Prog)	YES
21.	Namaswi Priyani	Namaswi.20socio1154@jd m.du.ac.in	JDMC	University of Delhi	3 rd	1154	Sociolog y (Hons.)	YES
22.	Gurneet Kaur	gurneet.21bap997@jdm.du .ac.in	JDMC	University of Delhi	2 nd	997	B.A (Prog)	YES
23.	Manifa Haroon	manifa.21philos564@jdm.d u.ac.in	JDMC	University of Delhi	2 nd	564	Philosop hy (Hons.)	YES
24.	Shruti Jha	shruti. 21bap773@jdm.du.ac.in	JDMC	University of Delhi	2 nd	773	B.A (Prog)	YES
25.	Latika	latika.21bap579@jdm.du.a c.in	JDMC	University of Delhi	2 nd	579	B.A (Prog)	YES
26.	Pranjali Bhardwaj	pranjali020@gmail.com	JDMC	University of Delhi	3 rd	981	B.A (Prog)	YES
27.	Sanskriti Dangi	sanskriti.20bap545@jdm.d u.ac.in	JDMC	University of Delhi	3 rd	545	B.A (Prog)	YES
28.	Sejal Sharma	sejalsharma.2612@gmail.c om	JDMC	University of Delhi	3 rd	110	B.A (Prog)	YES
29.	Deepanshi	Deepanshi12singh@gmail. com	JDMC	University of Delhi	2 nd	1212	B.A (Prog)	YES
30.	Tulsi Vishwakarma	tulsivishwakarma20407@g mail.com	JDMC	University of Delhi	2 nd	1049	B.A (Prog)	YES
31.	Radhika Suri	radhika.20bap943@jdm.du .ac.in	JDMC	University of Delhi	3 rd	943	B.A (Prog)	YES
32.	Shagun kunwar	shagun.20bap546@jdm.du. ac.in	JDMC	University of Delhi	3 rd	546	B.A (Prog)	YES
33.	Diksha Rajesh	diksha.21bap681@jdm.du. ac.in	JDMC	University of Delhi	2 nd	681	B.A (Prog)	YES
34.	Sanya Mahajan	sanya.20bap644@jdm.du.a c.in	JDMC	University of Delhi	3 rd	644	B.A (Prog)	YES
35.	Anshita Sharma	anshita.21bap1108@jdm.d u.ac.in	JDMC	University of Delhi	2 nd	1108	B.A (Prog)	YES
36.	Shagun Pandey	Shagun.21bap@jdm.ac.in	JDMC	University of Delhi	2 nd	1099	B.A (Prog)	YES
37.	Juhi Gulati	juhi.20bap1304@jdm.du.a c.in	JDMC	University of Delhi	3 rd	1304	B.A (Prog)	YES
38.	Shivani Rawat	shivani.21bap300@jdm.du. ac.in	JDMC	University of Delhi	2 nd	300	B.A (Prog)	YES

39.	Aachal	aachal.20bap1073@jdm.du.ac.in	JDMC	University of Delhi	3 rd	1073	B.A (Prog)	YES
40.	Neha dhangia	neha.20bap1321@jdm.du.ac.in	JDMC	University of Delhi	3 rd	1321	B.A (Prog)	YES
41.	Riddhi priya	Riddhipriya39@gmail.com	JDMC	University of Delhi	2 nd	316	B.A (Prog)	YES
42.	Chanchal	Sainichanchal03@gmail.com	JDMC	University of Delhi	3 rd	51	-	YES
43.	Shubham Malhotra	shubham.20socio1538@jdm.du.ac.in	JDMC	University of Delhi	3 rd	1538	Sociology (Hons.)	YES
44.	Garima	Garimasabharwal31@gmail.com	JDMC	University of Delhi	2 nd	567	-	YES
45.	Janvi Rexwal	Janvi.21bap1484@jdm.du.ac.in	JDMC	University of Delhi	2 nd	1487	B.A (Prog)	YES
46.	Ritika Mathur	ritika.21bap756@jdm.du.ac.in	JDMC	University of Delhi	2 nd	756	B.A (Prog)	YES
47.	Anusha Anand	mynamaisakshitkumar@gmail.com	-	-	-	1194	-	NO
48.	Ayesha gaur	ayeshagaur93@gmail.com	SPM	DU	2 nd	1381	-	NO
49.	Mahi tyagi	mahityagi1709@gmail.com	JDMC	University of Delhi	3 rd	1194	-	YES
50.	Shivani Jha	shivani.20socio203@jdm.du.ac.in	JDMC	University of Delhi	3 rd	203	Sociology (Hons.)	YES
51.	A.Srija Vaishnavi	avasara.20socio1573@jdm.du.ac.in	JDMC	University of Delhi	3 rd	1573	Sociology (Hons.)	YES
52.	Meeta Virmani	mvirmani@ip.du.ac.in	IP College for Women	DU		Faculty	-	NO
53.	ISHA SHANKH	ishashankh@gmail.com	JDMC	University of Delhi	2 nd	1137	B.A (Prog)	YES
54.	Ishani	Ibanerjee191@gmail.com	JDMC	University of Delhi	2 nd	702	B.A (Prog)	YES
55.	Hrishita Raman	hrishita.21bap901@jdm.du.ac.in	JDMC	University of Delhi	2 nd	901	B.A (Prog)	YES
56.	Ekta gupta	ektaguptamv@gmail.com	Shyama prasad Mukherjee college for women		3 rd	0210	-	NO
57.	Vandana Bharti	Vandana.20bap922@jdm.du.ac.in	JDMC	University of Delhi	3 rd	922	B.A (Prog)	YES
58.	Varsha Sharma	Varsha.20bap544@jdm.du.ac.in	JDMC	University of Delhi	3 rd	544	B.A (Prog)	YES
59.	Tannu Kumari	tannukumari2469@gmail.com	JDMC	University of Delhi	3 rd	1155	B.A (Prog)	YES
60.	Ayushi Kumari	ayushi.21hst1693@jdm.du.ac.in	JDMC	University of Delhi	2 nd	1693	History (Hons)	YES
61.	Megha Sachdeva	meghasachdeva2002@gmail.com	JDMC	University of Delhi	3 rd	1110	-	YES
62.	Surabhi Singh	surabhi.21bap711@gmail.com	JDMC	University of Delhi	2 nd	711	B.A (Prog)	YES
63.	Sakshi Upadhyay	Sakshiupadhyay6@gmail.com	-	-	3 rd	1112	-	NO
64.	Shivani (892 – JDMC)	shivani.21bap892@jdm.du.ac.in	JDMC	University of Delhi	2 nd	892	B.A (Prog)	YES

65.	Suhani singh	singhsuhani303@gmail.com	JDMC	University of Delhi	2 nd	106	-	YES
66.	Harsh Dwivedi	harshdwivedi.college@gmail.com	PGDAV(Evening)	University of Delhi	2 nd	825	-	NO

Course Coordinator

M. Nirmala Muralidhar

Ms. Nirmala Muralidhar

Ruby Bhardwaj

Dr. Ruby Bhardwaj

P. Prerna Butta

Ms. Prerna Butta

Attendance Compiled (15 sessions)

1	S.No.	Name of students	Roll no.	No. of sessions	No. of session attended
2	1	Hrishita Raman	901	15	12
3	2	Ishani banerjee		15	1
4	3	Deepti	401	15	14
5	4	Riddhi priya	39	15	14
6	5	Shubham Malhotra	1538	15	4
7	6	Juhi Gulati	1304	15	15
8	7	Chanchal saini		15	8
9	8	Agushi Pal	541	15	15
10	9	Nishi Bhardwaj	736	15	15
11	10	Gurneet Kaur	997	15	8
12	11	Palak Passi	897	15	14
13	12	Sanya Mahajan	644	15	14
14	13	Ruchi Singh	704	15	15
15	14	Neha d hingia	2469	15	13
16	15	Tannu Kumari	804	15	10
17	16	Meeta Virmani		15	2
18	17	Riya	806	15	12
19	18	Aachal	1073	15	14
20	19	Shreeja verma	1344	15	14
21	20	Chetna Chauhan	897	15	15
22	21	Muskan Sharma	882	15	15
23	22	RACHITA BURMAN	449	15	14
24	23	Vaishnavi Chaudhary	686	15	14
25	24	Avasarala Srija Vaishnavi	1573	15	8
26	25	DIKSHA RAJESH	681	15	8
27	26	Varsha sharma	544	15	15
28	27	Manifa Haroon	564	15	12
29	28	Janvi reetwal	1484	15	14
30	29	Chhavi	1740	15	14
31	30	ISHA SHANKH		15	14
32	31	Namaswi Priyani		15	7

33	32	Vandana Bharti	922	15	14
34	33	Ritika Mathur	756	15	14
35	34	Shivani Rawat		15	13
36	35	Sanskriti Dangi	545	15	13
37	36	Aditi Bhati	748	15	14
38	37	Tulsi Vishwakarma	1049	15	13
39	38	Pranjali Bhardwaj	20	15	14
40	39	Srishti	680	15	10
41	40	Maryam younus		15	12
42	41	Shagun kunwar	546	15	13
43	42	Anshita Sharma	1108	15	14
44	43	Prashanti Singh	727	15	14
45	44	Isha seervi		15	14
46	45	SHIVANI	892	15	14
47	46	Atufa Khalid		15	15
48	47	Astha Mathur	684	15	15
49	48	Radhika Suri	943	15	14
50	49	garima sabharwal		15	9
51	50	Deepanshi		15	12
52	51	Shagun Pandey	1099	15	15
53	52	Sakshi Kumari		15	3
54	53	Shruti jha	773	15	10
55	54	Latika	544	15	15
56	55	Surabhi Singh		15	2
57	56	Sejal Sharma	110	15	13
58	57	Harsh Dwivedi		15	13
59	58	Mahi tyagi		15	3
60	59	Ayushi Kumari		15	2
61	60	Ayesha Gaur		15	6
62	61	Sakshi Upadhya		15	3
63	62	Ekta Gupta		15	1

Link of Attendance-cum- Feedback form (All 15 sessions)

<https://docs.google.com/spreadsheets/d/1wd1OYsRye55oHNuL9-pxzjK582f8-oYX/edit?usp=sharing&ouid=108956255598751889157&rtpof=true&sd=true>

Assessment Procedure and Outcome

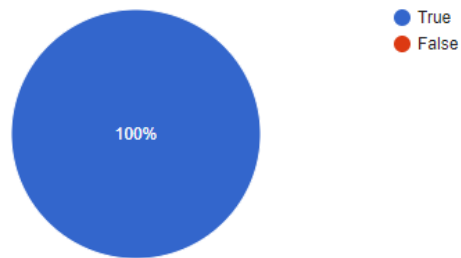
On the last day of the course (Session 15) - an Assessment test, based on various sessions was shared with all the participants (MCQs).

SKILL - ADD ON COURSE - Final Assessment

49 responses

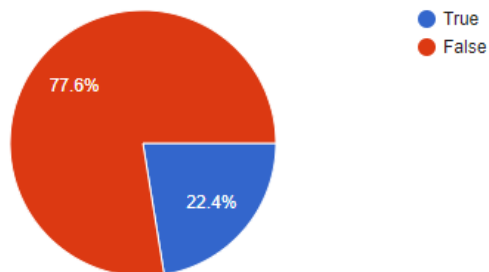
Motivation and Empathy are important characteristics of Emotional Intelligence

49 responses



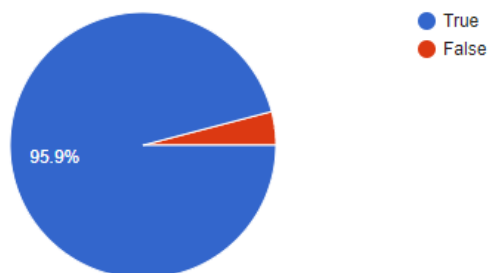
IQ is more important than EQ

49 responses



Key to look confident is to be firm and passionate

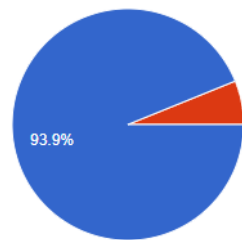
49 responses



Fear of the consequences leads to

49 responses

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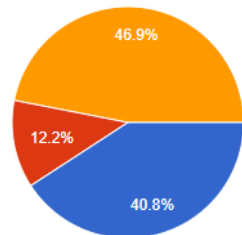


- Lack of confidence
- Boost of self awareness

First Impressions are Lasting

49 responses

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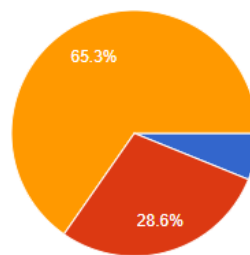


- Yes
- No
- Once made rational brain seeks validation don't want to change opinions

What should Email be not used for

49 responses

 Copy

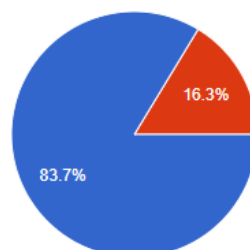


- Chain messages
- Sharing personal messages
- All the above

To look presentable one should follow

49 responses

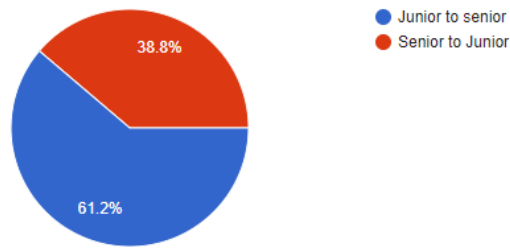
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- ABC of Image
- CDF of Image

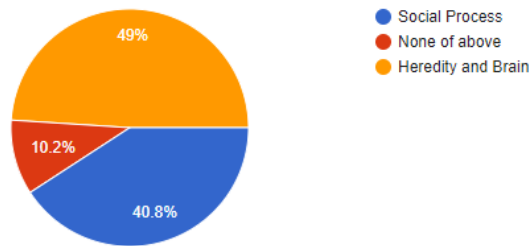
Who is introduced first ?

49 responses



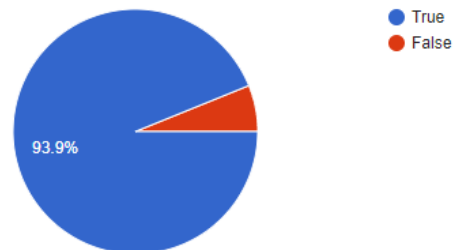
Determinants of personality are

49 responses



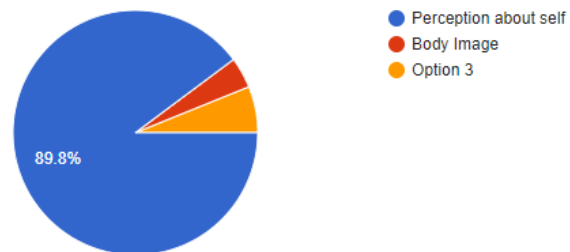
People are ever changing

49 responses



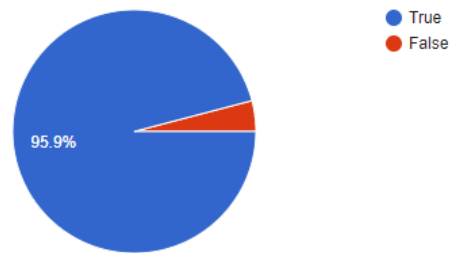
Self concept is

49 responses



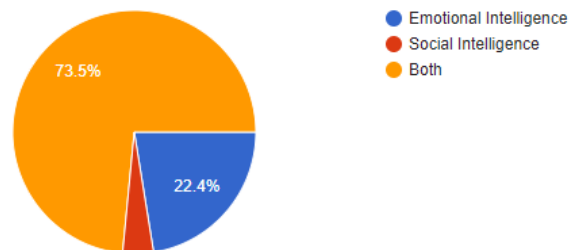
Social intelligence refers to **a person's ability to understand and manage interpersonal relationships**

49 responses



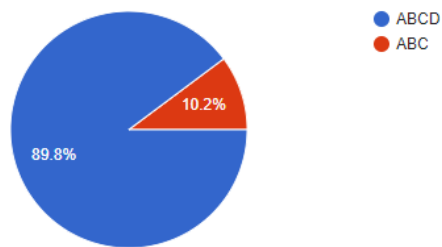
Self Regulation and awarness is an important part of

49 responses



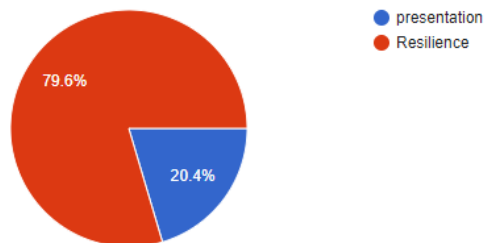
Model for trust building is

49 responses



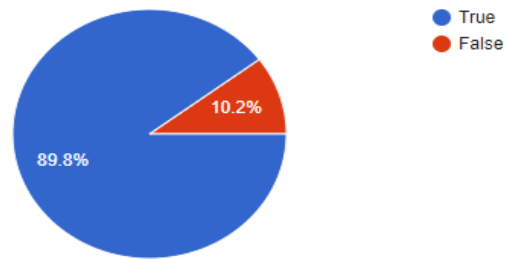
Bend don't break is about ?

49 responses



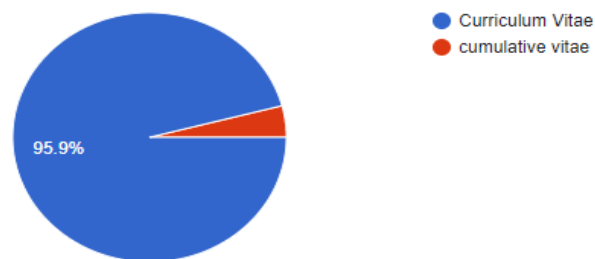
Resilience is a skill anyone can learn and develop

49 responses



Cv stands for

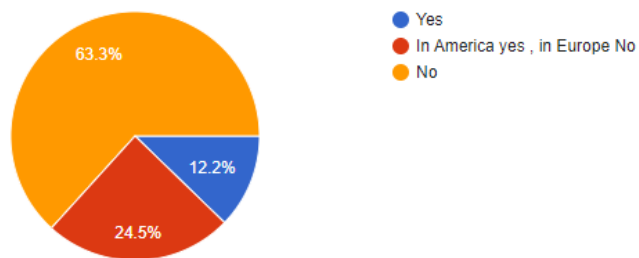
49 responses



Cv and Resume are the same ?

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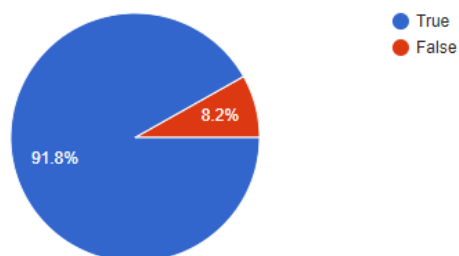
49 responses



Cover letter is extremely Important

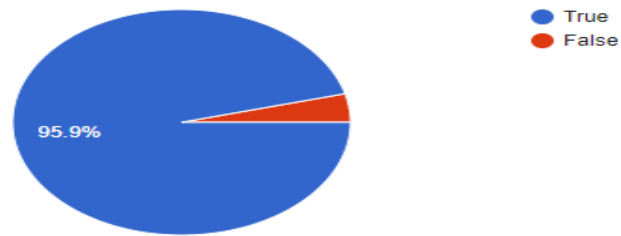
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49 responses



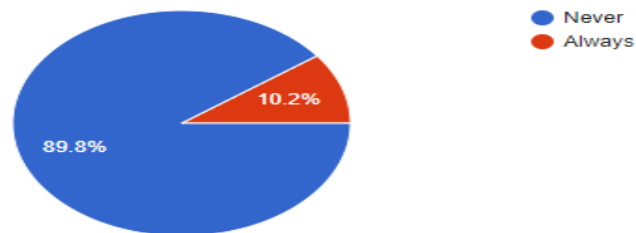
Cover Video makes major difference in your application

49 responses



You should talk about Salary in between the interview

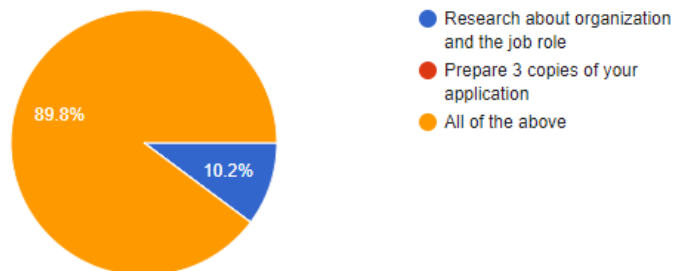
49 responses



Before going for an Interview

49 responses

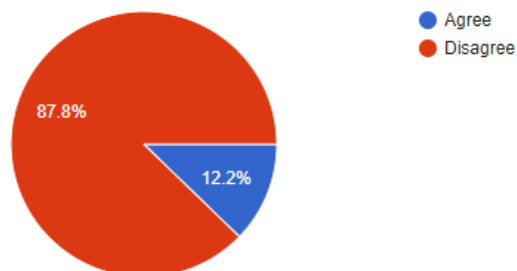
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Digital literacy is only about using social media apps

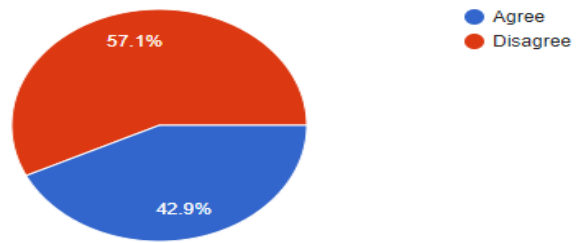
49 responses

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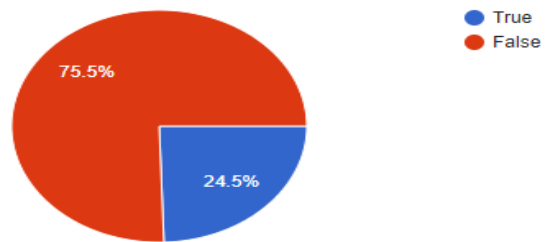
Emails should not use Greetings

49 responses



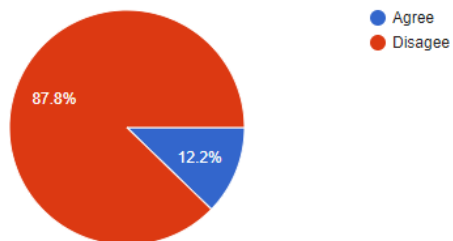
Failure should be taken personally

49 responses



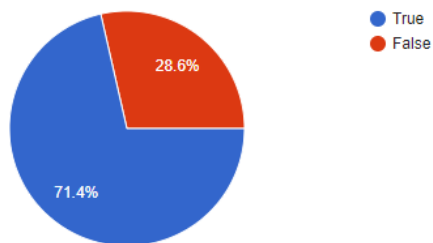
Someone's perception of you is your identity

49 responses



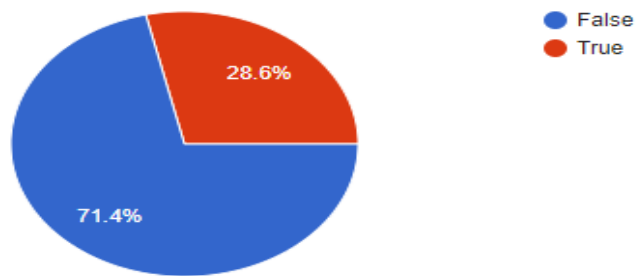
Nail your work life by Being courteous and Professional all times

49 responses



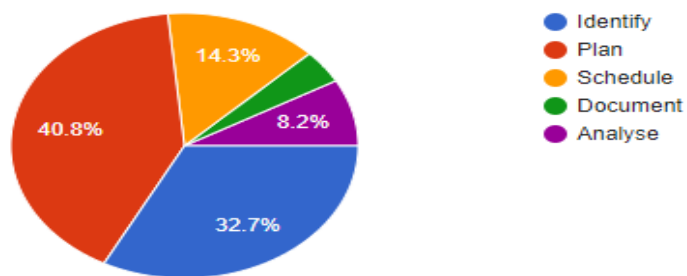
Rules of Telephonic and Email communications are almost alike

49 responses



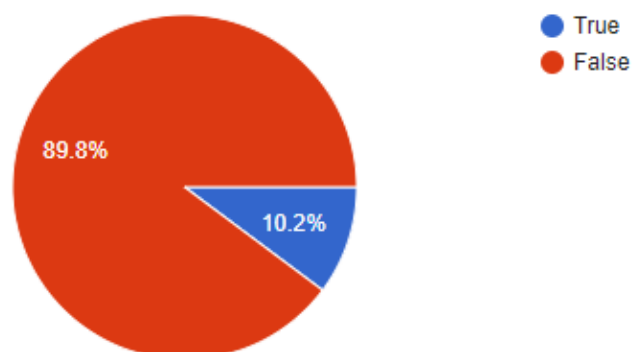
WORK Managment process includes

49 responses



Group and Team are same .

49 responses



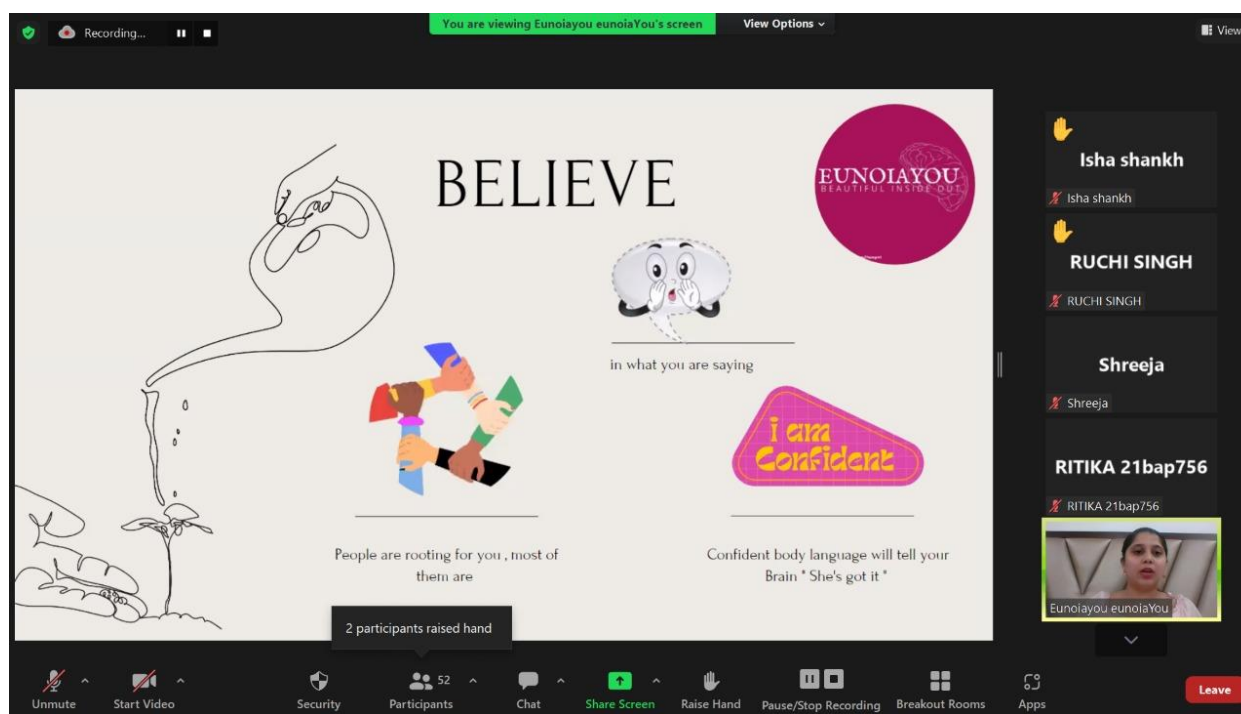
No. of the certificates given – 49

Sample Copy of the Certificate Awarded





Photographs



Zoom Meeting

Recording...

View

 Riddhi priya	 Shreeja	 Gurneet Kaur	Namaswi Priyani Namaswi Priyani	Sejal Sharma Sejal Sharma
Isha shankh Isha shankh	 Juhi Gulati	RUCHI SINGH RUCHI SINGH	Diksha681 Diksha681	Tannu Kumari Tannu Kumari
Eunoiayou eunoiayou Eunoiayou eunoiayou	Chetna Chauhan Chetna Chauhan	Rachita Burman Rachita Burman	Aachal Aachal	Atufa Khalid Atufa Khalid
Janki Devi Memorial Coll... Janki Devi Memorial Coll...	RITIKA 21bap756 RITIKA 21bap756	Cdt.Prashanti Singh DL330 Cdt.Prashanti Singh DL330	Shivani Rawat Shivani Rawat	Hrishita Raman Hrishita Raman
garima sabharwal(567) garima sabharwal(567)	Varsha Varsha	Nirmala Muralidhar Nirmala Muralidhar	vaishnavi chaudhary vaishnavi chaudhary	Sakshi Kumari Sakshi Kumari

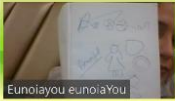
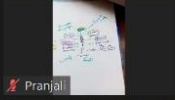
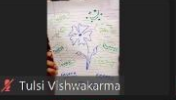
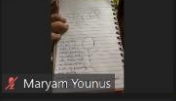
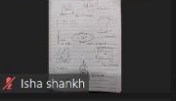
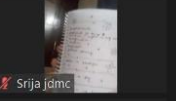
Unmute Stop Video Security Participants Chat Share Screen Raise Hand Pause/Stop Recording Breakout Rooms Apps Leave

32°C Haze 06:13 PM 03-10-2022

Zoom Meeting

Recording...

View

 Eunoiayou eunoiayou	Shreeja Shreeja	Chetna Chauhan Chetna Chauhan	Aachal Aachal	Diksha681 Diksha681
 Pranjal	Hrishita Raman Hrishita Raman	 Juhi Gulati	 Tulsi Vishwakarma	 Riddhi priya
 RUCHI SINGH	 Maryam Younus	 Isha shankh	 Tannu Kumari	 Srija jdm
Sakshi Upadhya Sakshi Upadhya	Atufa Khalid Atufa Khalid	Ayesha gaur Ayesha gaur	Anshita Sharma Anshita Sharma	Astha mathur 684 Astha mathur 684
Shagun Kunwar Shagun Kunwar	RACHITA BURMAN RACHITA BURMAN	kirti khatri kirti khatri	Shagun Pandey Shagun Pandey	Cdt.Prashanti Singh DL330 Cdt.Prashanti Singh DL330

Unmute Start Video Security Participants Chat Share Screen Raise Hand Pause/Stop Recording Breakout Rooms Apps More End

24°C Cloudy 05:59 PM 10-10-2022

Recording... You are viewing EunoiaYou's screen View Options

PERSONALITY IS DEFINED AS A RELATIVELY STABLE SET OF CHARACTERISTICS THAT INFLUENCE AN INDIVIDUAL'S BEHAVIOUR

Srija jdmc
Shreeja
Tannu Kumari
EunoiaYou eun...
Sejal Sharma

Unmute Start Video Security Participants Chat Share Screen Raise Hand Pause/Stop Recording Breakout Rooms Apps More End

Zoom Meeting You are viewing EunoiaYou's screen View Options

WPS Office JDMC.pdf

Business networking in social situations

- Never introduce yourself by your title
- Keep your right hand free
- Stay informed of current events
- Maintain eye contact Gracefully. **DO NOT STARE**
- Accept compliments given to you
- Do **NOT** seek professional advice or information at a social event
- Be interested in others and what they do for a living
- It's okay to not know something. Admit if you don't.

Ayushi Pal
RUCHI SINGH
Pranjali
Aditi
Rachita Burman

Unmute Start Video Participants Chat Share Screen Raise Hand Apps Leave

Type here to search 28°C Haze 17:35 12-10-2022

Recording...

How to Show Off Your Work Experience (And Stand Out)

Your work experience is where you get to brag a little, assuming it's justified and accurate, of course. This is the MAIN section of your CV and where most HR recruiters jump to when looking at your CV.

It's also the deciding factor of whether you'll get hired or not - no pressure.

So, to perfect your work experience section, the standard format is as follows:

- Job title/position.
- Company name, location, description.
- Achievements and responsibilities.
- Date employed.

17/10/2022

us04web.zoom.us is sharing your screen. Stop sharing Hide

29°C Haze

ENG IN 18:27 17-10-2022

Arti Bhatia

Arti Bhatia

Recording...

Bend don't break



Varsha Malagi

Zoom Meeting

Recording

Participants (48)

Find a participant

VC vaishnavi chaudhary (Me) ☐

JG Juhi Gulati (Host) ☐

NM Nirmala Muralidhar... (Co-host) ☐

EE Eunoiayou eunoiayou... (Co-host) ☐

SV Shreeja Verma (Co-host) ☐

Invite Unmute Me

Meeting Chat

EE <https://forms.gle/xaF1VZeXyveAnucw5>

Eunoiayou eunoiayou to Everyone

EE <https://forms.gle/xaF1VZeXyveAnucw5>

Who can see your messages? Recording On

To: Nirmala Muralidhar... (Direct Message) ☐

Type message here...

Varsha

Prashanti Singh...

Harsh Dwivedi

Shreeja Verma

Prashanti Singh 727

Harsh Dwivedi

Sejal Sharma

RUCHI SINGH

Chetna Chauhan

Shagun Pandey

Anshita Sharma

Radhika Suri

Gurneet Kaur

Shagun Kunwar

Shivani Rawat

Tannu Kumari

Hrishita Raman

Ayushi Pal

Atufa Khalid

pranjali

Maryam Yunus

ISHA SHANKH

Type here to search

26°C

17:58 04-11-2022

Recording

EUNOIAYOU

Eunoiayou eunoiayou

vaishnavi chaud...

vaishnavi chaudhary

Nirmala Muralidhar

Juhi Gulati

Juhi Gulati

radhika suri

radhika suri

Shreeja Verma

Shreeja Verma

Evaluation Day