



JANKI DEVI MEMORIAL COLLEGE UNIVERSITY OF DELHI

Centre for Universal Values and Ethics
(New name-Centre for the Study of Indian Knowledge Systems)

Avani, Chetna and GSC Activities

(2024-25)

1. AVANI

Seminar: “Let's talk Snakes”

On 27th November 2024 AVANI, the Environment Club of JDMC, hosted a seminar titled “*Let's talk Snakes*” as part of the "Living Ethical with Nature Series: LENS 2024" under the aegis of IQAC and Centre for Universal Values and Ethics. The session was led by Dr. Gaurav Barhadiya, an Assistant Professor and Herpetologist, who discussed the unique nature of snakes and their critical role in maintaining ecological balance. He emphasized that snakes are not harmful to humans unless provoked and are vital in controlling populations of rodents, thus preventing crop damage and disease spread. Dr. Barhadiya also debunked common myths about snakes, highlighting that most species are non-venomous and pose no threat to humans.

The seminar also featured a discussion on various snake species found across India and Delhi, such as the Indian cobra, rat snake, and common krait, focusing on their habitats, behavior, and conservation status. Dr. Barhadiya encouraged attendees to protect these essential creatures and their habitats, stressing the importance of snake conservation efforts. The seminar was well-received, with engaging discussions and valuable insights into the ecological significance of snakes, reinforcing the importance of ethical coexistence with nature.

जानकी देवी मेमोरियल कॉलेज
(दिल्ली विश्वविद्यालय)

अवनि- पर्यावरण क्लब
आईक्यूएसी के तत्वावधान में और
सार्वभौमिक मूल्यों और नैतिकता केंद्र
प्रस्तुत करता है

संगोष्ठी
(प्रकृति के साथ नैतिक रूप से जीने की श्रृंखला: लेंस 2024)

लेट्स टॉक स्नेक्स
गौरव बर्हाडिया
सहायक प्रोफेसर और सरीसृप विज्ञानी

 **तारीख:** 27 नवम्बर 2024
समय: 12 बजे
स्थान: ऑडिटोरियम

टीम अवनि (समन्वयक) राना रेहमान पोरीअंगधानलिउ (शिक्षक समन्वयक) वन्दना मदन (संयोजक) दीपक रावत (सह संयोजक) डॉ. प्रेरणा अरोड़ा (सीयूसीई की निदेशक) प्रोफेसर पायल नागपाल (आईक्यूएसी- जेडीएमसी समन्वयक) प्रो. स्वाती पाल (प्रधानाचार्य)

Janki Devi Memorial College
(University of Delhi)

AVANI- The Environment Club
Under the aegis of IQAC and
the Centre for Universal Values and Ethics
presents
SEMINAR
(under Living Ethically with Nature Series: LENS 2024)

LET'S TALK SNAKES
with
Gaurav Barhadiya
Asst. Professor and Herpetologist

 **Date** 27 November 2024
Time: 12 pm
Venue: Auditorium

Team Avani (Coordinator) Sana Rehman Poriangadhanliu (Teacher Coordinators) Vandana Madan (Convener) Deepak Rawat (Co Convener) Dr. Preema Arora (Director of CUVE) Prof. Pugal Nagpal (IQAC-JDMC Coordinator) Prof. Swati Pal (Principal)

Most Encountered (Non-Venomous) Snake species in Delhi



Delhi, Delhi, India
Hall, Janki Devi Memorial College, Old Rajinder Nagar,
Rajinder Nagar, Delhi, 110001, India
Lat 28.641987° Long 77.191968°
27/11/24 01:11 PM GMT +05:30



2. Chetna- The Spiritual Consciousness Cell

Name of the event:	Exam Stress Management as per Indian Knowledge System
Mode of event	Offline
Objectives of the	To equip students with spiritual tools for managing exam stress and enhancing mental and emotional well-being.
Date of the Event:	9th April 2025
Time	10:00 am to 11:30 am
Venue	Music room

Stress Management Session by Brahma Kumaris at Janki Devi Memorial College
BK Renu Didi and BK Neha Didi from the Brahma Kumaris, a globally recognized

spiritual organization. The session aimed at equipping students with practical tools to cope with the rising levels of stress during exams. BK Renu Didi and BK Neha Didi shared simple yet effective techniques for calming the mind, including the use of

positive affirmations, focused thinking, and meditation practices. They emphasized that managing one's internal environment is as crucial as preparing for the exams themselves.

The speakers highlighted how a positive mindset, developed through regular spiritual practices, not only enhances academic performance but also contributes to overall

well-being. Students were encouraged to take short meditative breaks during study sessions, practice gratitude, and reaffirm their self-worth and capabilities through daily affirmations.

The interactive session was well-received by students and faculty members alike. Many participants shared that they felt more centered and motivated after the session. A guided meditation conducted at the end helped everyone experience a few moments of deep silence and inner peace.

Such events serve as a reminder that academic success and mental health go hand in hand. By integrating simple spiritual techniques into daily routines, students can build resilience and confidence to navigate stressful times with calm and clarity.

Overall, the session proved to be deeply enriching and left a lasting impact on all attendees. Total 28 Students took advantage of this seminar.



Janki Devi Memorial College
(University of Delhi)

Chetna
The Spiritual Consciousness Cell

Under the aegis of IQAC
Centre for the study of Indian knowledge system
is organising a Session on
Exam Stress Management
as per Indian Knowledge System
With Brahmakumaris

📅 09 - 04 - 2025 , 10 AM 📍 Music Room



Samridhi Grover (President)
Muskan Makkar (Vice President)
Chetna Student Union

Dr. Prema Arora
Ms. Bhawna Pal
Dr. Renuka Singh
Dr. Harshbala
(Faculty Coordinators)

Dr. Prema Arora
Prof. Sudha Upadhyaya
Ms. Bhawna Pal
(Convenors)

Prof. Payal Nagpal
Prof. Swati Pal
IQAC coordinators

🕒 10:25 PM



जानकी देवी मेमोरियल कॉलेज
(दिल्ली विश्वविद्यालय)

चेतना
आध्यात्मिक चेतना प्रकोष्ठ
भारतीय ज्ञान प्रणाली अध्ययन केंद्र
आईक्यूएसी के तत्वावधान में
एक सत्र का आयोजन कर रहा है
भारतीय ज्ञान प्रणाली के अनुसार परीक्षा तनाव प्रबंधन
ब्रह्माकुमारियों के द्वारा

📅 09 - 04 - 2025 , सुबह 10 बजे 📍 स्थान: म्यूजिक रूम



समृद्धि ग़ोवर (अध्यक्ष)
मुस्कन मक्कर (उपाध्यक्ष)
चेतना छात्र संघ

डॉ. प्रेमा अरोड़ा
सुधी भावना पाल
डॉ. रेणुका सिंह
डॉ. हर्षबाला
(शिक्षक समन्वयक)

डॉ. प्रेमा अरोड़ा
प्रो. सुधा उपाध्याय
सुधी भावना पाल
(संयोजक)

प्रो. पायल नागपाल
प्रो. स्वाति पाल
(आईक्यूएसी समन्वयक)

🕒 10:25 PM





Sl. No.	Name	Program	Year	Signature
1	Abhishek Kumar	BA Program	2nd year	Abhishek
2	Abhishek Singh	BA Prog	2nd year	Abhishek
3	Abhishek Singh	BA Prog	2nd year	Abhishek
4	Abhishek Singh	BA Prog	2nd year	Abhishek
5	Abhishek Singh	BA Prog	2nd year	Abhishek
6	Abhishek Singh	BA Prog	2nd year	Abhishek
7	Abhishek Singh	BA Prog	2nd year	Abhishek
8	Abhishek Singh	BA Prog	2nd year	Abhishek
9	Abhishek Singh	BA Prog	2nd year	Abhishek
10	Abhishek Singh	BA Prog	2nd year	Abhishek
11	Abhishek Singh	BA Prog	2nd year	Abhishek
12	Abhishek Singh	BA Prog	2nd year	Abhishek
13	Abhishek Singh	BA Prog	2nd year	Abhishek
14	Abhishek Singh	BA Prog	2nd year	Abhishek
15	Abhishek Singh	BA Prog	2nd year	Abhishek
16	Abhishek Singh	BA Prog	2nd year	Abhishek
17	Abhishek Singh	BA Prog	2nd year	Abhishek
18	Abhishek Singh	BA Prog	2nd year	Abhishek
19	Abhishek Singh	BA Prog	2nd year	Abhishek
20	Abhishek Singh	BA Prog	2nd year	Abhishek
21	Abhishek Singh	BA Prog	2nd year	Abhishek
22	Abhishek Singh	BA Prog	2nd year	Abhishek
23	Abhishek Singh	BA Prog	2nd year	Abhishek
24	Abhishek Singh	BA Prog	2nd year	Abhishek
25	Abhishek Singh	BA Prog	2nd year	Abhishek

Name of the event:	Full body Health check up camp
Mode of event	Offline
Objectives of the	The camp aimed to provide free medical check-ups, consultations, and health awareness among students.
Date of the Event:	27&28 February, 2025
Time	9.00 am to 5:00 PM
Venue	Medical room and GCR

Day 1: February 27, 2025

Whistle Clove Dental Hospital conducted oral and dental check-ups with the expertise of Dr. Nishat, Dr. Sartaj, Dr. Smriti, and Dr. Ashiful. They carefully examined students' dental health, identifying issues such as cavities, gum diseases, and overall oral hygiene. Through these screenings, students became more aware of their oral health status and received expert recommendations for maintaining healthy teeth and gums. Additionally, the doctors provided valuable guidance on proper brushing techniques, flossing, and the importance of regular dental visits. Many students benefited from personalized consultations, where they received specific advice on improving their oral hygiene based on their individual needs. This session not only helped students address existing dental concerns but also encouraged them to adopt preventive measures for long-term oral health.

On the same day, Ganga Ram Hospital offered BP, sugar, BMI, and pulse check-ups, along with physician consultations by Dr. Tanu, Dr. Alpana, and Dr. Shamil Chakraborty. Students underwent essential health screenings to monitor their vital parameters and received expert medical advice on managing their blood pressure, sugar levels, and overall physical health. The consultation helped many students gain a better understanding of their fitness levels and provided them with preventive measures to maintain a healthy lifestyle. Meanwhile, Bio City Healthcare Hospital provided CBC, cholesterol tests, and diet & nutrition consultations with Dr. Rahul and Dietician Deepanshi. Students had their blood samples analyzed to check for cholesterol levels and other essential health indicators. Based on their reports, they received personalized diet plans to improve their nutrition and overall well-being. The session helped students understand the role of a balanced diet in maintaining good health and preventing lifestyle-related diseases.

Day 2: February 28, 2025

Whistle Clove Hospital extended its services by providing oral, dental, and eye check-ups with Dr. Paradip Kumar, Dr. Nishant, and Dr. Sanika. Many students who had missed the previous day's dental check-ups took advantage of this opportunity. Additionally, eye examinations were conducted to assess vision issues, and students received recommendations for corrective measures if needed.

Apollo Indraprastha Hospital offered BP, sugar, BMI, bone density, ECG tests, and general physician consultations with Dr. Yogesh Kumar, Dr. Babita, Dr. Kumbharam, Dr. Sansat, and Dr. Pooja. These tests helped students assess their cardiovascular health, bone strength, and overall fitness. The ECG check-up was particularly beneficial in identifying any underlying heart conditions, ensuring that students took necessary precautions for a healthier lifestyle. Lastly, Bio City Healthcare Hospital continued to provide CBC, cholesterol, diet, and nutrition consultations with Dr. Deepanshi and Dr. Rahul. Students received further insights into their health reports, along with customized dietary recommendations. This session reinforced the importance of balanced nutrition and preventive healthcare in maintaining overall wellness. Total 240 Students with Teachers , Non Teaching Staff , Helpers took the advantage of this camp .

clove: DENTAL

whistle AND SMILE

In collaboration with
Janki Devi Memorial College, University of Delhi
Under the aegis of IQAC
Centre for the study of Indian Knowledge System

Free Dental, Health & Eye Check Up Camp

GET 3D SCAN & CONSULT WORTH ₹1000

27th-28th February

10 AM - 4 PM

011-38367129
www.whistle.in

Janki Devi Memorial College - D.U.
Venue-Medical Room, Girls Common Room
Organiser - Vishnu Kaushik | 9718988882

Ms. Bhawna Pal
Convenor

Prof. Sudha Upadhyaya
Convenor

Dr. Prerna Arora
Convenor

Prof. Payal Nagpal
IQAC Coordinator

Prof. Swati Pal
Principal



JANKI DEVI MEMORIAL COLLEGE (UNIVERSITY OF DELHI)				
HEALTH CAMP ATTENDANCE SHEET				
Date: 22/10/2022	Venue: S.T.A.	Time: 8:30 to 10:00		
S.NO.	Name	Department	Semester	Signature
1	Arushi	Biomed	6	
2	Mridulam	B. Comm (H)	6	
3	Rishi	B. Comm (H)	6	
4	Varadha Varma	B. Comm (H)	6	
5	Aishwarya	B. Comm (H)	6	
6	Charak	Biomed	6	
7	Satya	Biomed	6	
8	Thyaga	Biomed	6	
9	Rishika	Biomed	6	
10	Sudha	Biomed	6	
11	Rishi	Biomed	6	
12	Anurag Anurag Pandey	Biomed	6	
13	Yashika Kaur	Biomed	6	
14	Harna	Biomed	6	
15	Arushi Arushi Pandey	Biomed	6	

JANKI DEVI MEMORIAL COLLEGE (UNIVERSITY OF DELHI)				
HEALTH CAMP ATTENDANCE SHEET				
Date: 22/10/2022	Venue: S.T.A.	Time: 8:30 to 10:00		
S.NO.	Name	Department	Semester	Signature
16	Arushi Arushi Pandey	Biomed	6	
17	Rishi Rishi	Biomed	6	
18	Arushi	Biomed	6	
19	Arushi Arushi Pandey	Biomed	6	
20	Arushi	Biomed	6	
21	Arushi	Biomed	6	
22	Arushi	Biomed	6	
23	Arushi	Biomed	6	
24	Arushi	Biomed	6	
25	Arushi	Biomed	6	
26	Arushi	Biomed	6	
27	Arushi	Biomed	6	
28	Arushi	Biomed	6	
29	Arushi	Biomed	6	
30	Arushi	Biomed	6	

JANKI DEVI MEMORIAL COLLEGE (UNIVERSITY OF DELHI)				
HEALTH CAMP ATTENDANCE SHEET				
Date: 22/10/2022	Venue: S.T.A.	Time: 8:30 to 10:00		
S.NO.	Name	Department	Semester	Signature
31	Arushi	Biomed	6	
32	Arushi	Biomed	6	
33	Arushi	Biomed	6	
34	Arushi	Biomed	6	
35	Arushi	Biomed	6	
36	Arushi	Biomed	6	
37	Arushi	Biomed	6	
38	Arushi	Biomed	6	
39	Arushi	Biomed	6	
40	Arushi	Biomed	6	
41	Arushi	Biomed	6	
42	Arushi	Biomed	6	
43	Arushi	Biomed	6	
44	Arushi	Biomed	6	
45	Arushi	Biomed	6	
46	Arushi	Biomed	6	
47	Arushi	Biomed	6	

JANKI DEVI MEMORIAL COLLEGE
(UNIVERSITY OF DELHI)

HEALTH CAMP
ATTENDANCE SHEET

Date: 28/02/20 Venue: U.R. Time: _____

S.NO.	Name	Department	Semester	Signature
75	Hirani	Ba Prog	Sem 2	<i>[Signature]</i>
76	Munkam	Ba. Eng	Sem 2	<i>[Signature]</i>
77	Suhani Chikhe	BA Program	Sem 2	<i>[Signature]</i>
78	Toshali Tamara	a. com (P)	Sem 2	<i>[Signature]</i>
79	Jigna	BA Program	Sem 2	<i>[Signature]</i>
80	Divya Kumbhari	B.Sc. Math	Sem 4	<i>[Signature]</i>
	Prachi	Ba	—	<i>[Signature]</i>

JANKI DEVI MEMORIAL COLLEGE
(UNIVERSITY OF DELHI)

HEALTH CAMP
ATTENDANCE SHEET

Date: _____ Venue: _____ Time: _____

S.NO.	Name	Department	Semester	Signature
81	Kabir Khet	B.A (P)	2	<i>[Signature]</i>
82	Vishal	Ed. Eds		<i>[Signature]</i>
83	Divyanshu	Ed. Eds		<i>[Signature]</i>
84	Divya	BA (P)	2	<i>[Signature]</i>
85	Pooja	BA (H)	2	<i>[Signature]</i>
86	Divya	BA (H)	2	<i>[Signature]</i>
87	Divya	BA (H)	2	<i>[Signature]</i>
88	Prachi	BA (H)	2	<i>[Signature]</i>
89	Divyanshu	BEDM (P)	2	<i>[Signature]</i>
90	Divyanshu	BEDM (P)	2	<i>[Signature]</i>
91	Divyanshu	BEDM (P)	6	<i>[Signature]</i>
92	Divyanshu	BEDM (P)	6	<i>[Signature]</i>
93	Divyanshu	BEDM (P)	6	<i>[Signature]</i>
94	Divya	B. com (H)	6	<i>[Signature]</i>
95	Divyanshu	B.A (H) Hindi	2	<i>[Signature]</i>

JANKI DEVI MEMORIAL COLLEGE
(UNIVERSITY OF DELHI)
HEALTH CAMP
ATTENDANCE SHEET

Date: _____ Venue: _____ Time: _____

S.NO.	Name	Department	Semester	Signature
76	Gurkaranpreet Kaur	B.A. Honors History	2	[Signature]
77	Ajmal Kumar	B.A. History	6	[Signature]
78	Shruti Aggarwal	Commerce	2	[Signature]
79	Twinkle Pandey	Commerce	2	[Signature]
80	Rishu	B.A. History	6	[Signature]
81	Vijeta	B.A. (P)	8	[Signature]
82	Ravi Chauri	B.Com (P)	4	[Signature]
83	Shilpi Singh	B.Com. (Hons)		[Signature]
84	Namya	B.A. (P)	2	[Signature]
85	Disha	B.A. (H)	3	[Signature]
86	Aksh	B.A. (H)	8	[Signature]
87	Pooja	B.A. (H)	1	[Signature]
88	Sanya	B.A. (H)	6	[Signature]
89	Sneha Gupta	B.A. (H)	6	[Signature]
90	Kushi	B.A. (H)	6	[Signature]

JANKI DEVI MEMORIAL COLLEGE
(UNIVERSITY OF DELHI)
HEALTH CAMP
ATTENDANCE SHEET

Date: _____ Venue: _____ Time: _____

S.NO.	Name	Department	Semester	Signature
91	Ajmal	B.A. (H)	6	[Signature]
92	Shruti	Commerce	-	[Signature]
93	Ashika	B.A. (H)	6	[Signature]
94	Ravi	B.A. (H)	2	[Signature]
95	Sanya	B.A. (H)	6	[Signature]
96	Shikha	B.A. (H)	2	[Signature]
97	Shikha	B.A. (H)	2	[Signature]
98	Shikha	B.A. (H)	2	[Signature]
99	Shikha	B.A. (H)	2	[Signature]
100	Shikha	B.A. (H)	2	[Signature]
101	Shikha	B.A. (H)	2	[Signature]
102	Shikha	B.A. (H)	2	[Signature]
103	Shikha	B.A. (H)	2	[Signature]
104	Shikha	B.A. (H)	2	[Signature]
105	Shikha	B.A. (H)	2	[Signature]
106	Shikha	B.A. (H)	2	[Signature]

JANKI DEVI MEMORIAL COLLEGE
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HEALTH CAMP
ATTENDANCE SHEET

Date: _____ Venue: _____ Time: _____

S.NO.	Name	Department	Semester	Signature
107	Shikha	B.A. (H)	2	[Signature]
108	Shikha	B.A. (H)	2	[Signature]
109	Shikha	B.A. (H)	2	[Signature]
110	Shikha	B.A. (H)	2	[Signature]
111	Shikha	B.A. (H)	2	[Signature]
112	Shikha	B.A. (H)	2	[Signature]
113	Shikha	B.A. (H)	2	[Signature]
114	Shikha	B.A. (H)	2	[Signature]
115	Shikha	B.A. (H)	2	[Signature]
116	Shikha	B.A. (H)	2	[Signature]
117	Shikha	B.A. (H)	2	[Signature]
118	Shikha	B.A. (H)	2	[Signature]
119	Shikha	B.A. (H)	2	[Signature]
120	Shikha	B.A. (H)	2	[Signature]
121	Shikha	B.A. (H)	2	[Signature]

JANKI DEVI MEMORIAL COLLEGE
(UNIVERSITY OF DELHI)
HEALTH CAMP
ATTENDANCE SHEET

Date: _____ Venue: _____ Time: _____

S.NO.	Name	Department	Semester	Signature
122	Shikha	B.A. (H)	2	[Signature]
123	Shikha	B.A. (H)	2	[Signature]
124	Shikha	B.A. (H)	2	[Signature]
125	Shikha	B.A. (H)	2	[Signature]
126	Shikha	B.A. (H)	2	[Signature]
127	Shikha	B.A. (H)	2	[Signature]
128	Shikha	B.A. (H)	2	[Signature]
129	Shikha	B.A. (H)	2	[Signature]
130	Shikha	B.A. (H)	2	[Signature]
131	Shikha	B.A. (H)	2	[Signature]
132	Shikha	B.A. (H)	2	[Signature]
133	Shikha	B.A. (H)	2	[Signature]
134	Shikha	B.A. (H)	2	[Signature]
135	Shikha	B.A. (H)	2	[Signature]
136	Shikha	B.A. (H)	2	[Signature]

JANKI DEVI MEMORIAL COLLEGE
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HEALTH CAMP
ATTENDANCE SHEET

Date: 18/1/15 Venue: S.C. Time: 9:15

S.NO.	Name	Department	Semester	Signature
1	Anamika Mishra	Mathematics	-	Anamika
2	Muskan Mishra	B.Com (H)	III	Muskan
3	Amrita Mishra	Accounting	III	Amrita
4	Adarsh Singh	B.Com (H)	III	Adarsh
5	Bijayendra Singh	Faculty	-	Bijayendra
6	Sandeep Kumar	Faculty	-	Sandeep
7	Rishabh Singh	B.A (Hons)	III	Rishabh
8	Rishabh Singh	B.A (Hons)	III	Rishabh
9	Rishabh Singh	B.A (Hons)	III	Rishabh
10	Abhinav Singh	B.A (Hons)	III	Abhinav
11	Agarwal Singh	Commerce	III	Agarwal
12	Vandana Singh	B.A (Hons)	III	Vandana
13	Rishabh Singh	B.A (Hons)	III	Rishabh
14	Rishabh Singh	B.A (Hons)	III	Rishabh
15	Muskan Mishra	B.Com (H)	III	Muskan

JANKI DEVI MEMORIAL COLLEGE
(UNIVERSITY OF DELHI)
HEALTH CAMP
ATTENDANCE SHEET

Date: 18/1/15 Venue: S.C. Time: 9:15

S.NO.	Name	Department	Semester	Signature
152	Riya Chandra	B.A (Hons)	III	Riya
153	Riya Chandra	B.A (Hons)	III	Riya
154	Riya Chandra	B.A (Hons)	III	Riya
155	Riya Chandra	B.A (Hons)	III	Riya
156	Riya Chandra	B.A (Hons)	III	Riya
157	Riya Chandra	B.A (Hons)	III	Riya
158	Riya Chandra	B.A (Hons)	III	Riya
159	Riya Chandra	B.A (Hons)	III	Riya
160	Riya Chandra	B.A (Hons)	III	Riya
161	Riya Chandra	B.A (Hons)	III	Riya
162	Riya Chandra	B.A (Hons)	III	Riya
163	Riya Chandra	B.A (Hons)	III	Riya
164	Riya Chandra	B.A (Hons)	III	Riya
165	Riya Chandra	B.A (Hons)	III	Riya
166	Riya Chandra	B.A (Hons)	III	Riya

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ATTENDANCE SHEET

Date: 18/1/15 Venue: S.C. Time: 9:15

S.NO.	Name	Department	Semester	Signature
162	Rishabh Singh	Commerce	III	Rishabh
163	Rishabh Singh	Commerce	III	Rishabh
164	Rishabh Singh	Commerce	III	Rishabh
165	Rishabh Singh	Commerce	III	Rishabh
166	Rishabh Singh	Commerce	III	Rishabh
167	Rishabh Singh	Commerce	III	Rishabh
168	Rishabh Singh	Commerce	III	Rishabh
169	Rishabh Singh	Commerce	III	Rishabh
170	Rishabh Singh	Commerce	III	Rishabh
171	Rishabh Singh	Commerce	III	Rishabh
172	Rishabh Singh	Commerce	III	Rishabh
173	Rishabh Singh	Commerce	III	Rishabh
174	Rishabh Singh	Commerce	III	Rishabh
175	Rishabh Singh	Commerce	III	Rishabh
176	Rishabh Singh	Commerce	III	Rishabh
177	Rishabh Singh	Commerce	III	Rishabh
178	Rishabh Singh	Commerce	III	Rishabh
179	Rishabh Singh	Commerce	III	Rishabh
180	Rishabh Singh	Commerce	III	Rishabh
181	Rishabh Singh	Commerce	III	Rishabh

JANKI DEVI MEMORIAL COLLEGE
(UNIVERSITY OF DELHI)
HEALTH CAMP
ATTENDANCE SHEET

Date: 18/1/15 Venue: S.C. Time: 9:15

S.NO.	Name	Department	Semester	Signature
16	Shalini K.	B.Com (Hons)	III	Shalini
17	Rishabh Singh	B.Com (Hons)	III	Rishabh
18	Rishabh Singh	B.Com (Hons)	III	Rishabh
19	Rishabh Singh	B.Com (Hons)	III	Rishabh
20	Rishabh Singh	B.Com (Hons)	III	Rishabh
21	Rishabh Singh	B.Com (Hons)	III	Rishabh
22	Rishabh Singh	B.Com (Hons)	III	Rishabh
23	Rishabh Singh	B.Com (Hons)	III	Rishabh
24	Rishabh Singh	B.Com (Hons)	III	Rishabh
25	Rishabh Singh	B.Com (Hons)	III	Rishabh
26	Rishabh Singh	B.Com (Hons)	III	Rishabh
27	Rishabh Singh	B.Com (Hons)	III	Rishabh
28	Rishabh Singh	B.Com (Hons)	III	Rishabh
29	Rishabh Singh	B.Com (Hons)	III	Rishabh
30	Rishabh Singh	B.Com (Hons)	III	Rishabh

JANKI DEVI MEMORIAL COLLEGE
(UNIVERSITY OF DELHI)
HEALTH CAMP
ATTENDANCE SHEET

Date: 28/2/25 Venue: GCR Time: 9:00 AM

S.NO.	Name	Department	Semester	Signature
31	SANJAY KUMAR	S.D.V.C		
32	Sanku	TEML		
33	Prayag Prakash	IDMC(BA)	6	
34	Kushkai	IDMC(BA)	2	
35	Imam Naz Ansari	IDMC(BA)	2	
36	M. Haseeb Shaukat	Library		
37	Shah	Library		
38	Muskan DUB	Political Sci	4	
39	Naisha	BA (Philo)	4	
40	Tanvi Dandwa	BA (Hons) Economics	2	
41	Ridhi Sani	History	4 th	
42	MUSKAN	BA (Hons)	4 th	
43	Ayushi	BA (Hons)	6 th	
44	Tanvi Tamsil	BA (Hons) English	6 th	
45	Wahid Madhya	BA (Hons)	6 th	

JANKI DEVI MEMORIAL COLLEGE
(UNIVERSITY OF DELHI)
HEALTH CAMP
ATTENDANCE SHEET

Date: 28/2/25 Venue: GCR Time: 9:00 AM

S.NO.	Name	Department	Semester	Signature
1	Pranav Kumar	Mathematics		
2	Muskan Madhukar	BA (Hons) (H)	VI	
3	Samriddhi Ojha	BA (H)	VI	
4	Muskan Gaur	BA (H)	IX	
5	Rajagata Varma	Faculty		
	Sanku	Faculty		
	Rashmi Singh	BA (Hons)	III	
	Rishika	BA (Hons)	II	
	Kritika	BA (Hons)	II	
	Akshita	BA (Hons)	II	
	Agarwal Smita	BA (Hons) Economics	IV	
	Vandana Sharma	BA (Hons) Economics	IV	
	Pooja Tailor	BA (Hons) BA (H)	II	
	Sumit Arora	BA (Hons)		
	Mohini Singh	BA (Hons)	IV	



JANKI DEVI MEMORIAL COLLEGE
(UNIVERSITY OF DELHI)



HEALTH CAMP
ATTENDANCE SHEET

Date: 02/02/25 Venue: GICR Time:

S.NO.	Name	Department	Semester	Signature
46	Santa Datta	Mathematics	II	<i>Santa</i>
47	Dr. Kaushal Kidane	Arts		<i>Dr. Kaushal</i>
48	Shweta Kumari	Philosophy	II	<i>Shweta</i>
49	Rishi	Philosophy	II	<i>Rishi</i>
50	Ritu	Faculty		<i>Ritu</i>
51	Ira Negi	English	II	<i>Ira</i>
52	YAMUNA PRASAD			
53	Sania Rawat	Maths	II	<i>Sania</i>
54	Durgesh Yadav	BA Program	II	<i>Durgesh</i>
55	Kushal Pant	BA Program	II	<i>Kushal</i>
56	Komal Kurmani	BA Program	II	<i>Komal</i>
57	Shruti Das	BA Program	II	<i>Shruti</i>
58	Rem Hoya	BA prog.	II	<i>Rem Hoya</i>
59	Ramachandran			<i>Ramachandran</i>

Name of the event:	Talk-Yudh : Uchit ya Anuchit
Name of the Speaker	Ms. Mithlesh Kumari from the Chinmaya Mission
Mode of event	Offline
Objectives of the	Rashtriya Ekta Diwas
Date of the Event:	23th October, 2024
Time	12:00-1:00 PM
Venue	Music room

Chetna – The Spiritual Consciousness Cell of Janki Devi Memorial College organized a Talk titled “Yudh : Uchit ya Anuchit” (War : Just or Unjust) by Ms. Mithlesh Kumari from the

Chinmaya Mission on 23rd October, 2024 from 12P.M. to 1P.M. in the Music Room. This event was held in the presence of Dr. Prerna Arora and Ms. Bhawna Pal, Convenors of Chetna- The Spiritual Consciousness Cell of JDMC and Mr Madan . They warmly welcomed the guests and the students and the event began with the traditional lamp lighting by Ms. Mithlesh Kumari.

The talk delved into the moral dilemmas surrounding war. Ms. Mithlesh engaged the students by asking their opinions on the topic, acknowledging that war is often viewed as wrong, yet citing historical examples like the wars fought by Arjuna in the Mahabharata and Lord Ram. She emphasized that the righteousness of war depends on the cause, particularly when it is waged for

dharma – the protection of family, society, and the nation. Ms. Mithlesh further elaborated on the concept of **dharma** and how wars fought for just causes are not considered wrong. She also added wars fought for personal reasons and ego are not right. In the subsequent Q&A session,

students posed questions on topics like rebirth, karma, and destiny. Ms. Mithlesh highlighted the role of karma in shaping outcomes but noted that destiny also plays a significant role. Her concluding advice was to focus on performing good deeds without attachment to the results. The session ended with the felicitations of Ms. Mithlesh Kumari by the convenors of Chetna, Dr.

Prerna Arora and Ms. Bhawna Pal.




Janki Devi Memorial College (University of Delhi)

**Centre for Universal Values and Ethics
&
Chetna- The Spiritual Consciousness Cell**
(under the aegis of IQAC)

Celebrate
RASHTRIYA EKTA DIVAS

Join us for a talk on
Yudhh: Uchit ya Anuchit

with **Ms. Mithilesh Kumari**
from **Chinmaya Mission**



Date:
23 Sept, 2024

Time:
12 - 1 P.M.

Venue:
Music Room

Student Coordinators:
 Samridhi Grover
(President)
 Muskan Makkar
(Vice President)

Faculty Coordinators:
 Dr. Purna Arora
 Ms. Bhawna Pal

Convenors:
 Dr. Purna Arora
 Prof. Sudha Upadhyaya
 Ms. Bhawna Pal

Principal:
 Prof. Swati Pal





Name of the event:	Self-Composed Poetry Competition
Mode of event	Offline
Objectives of the event	Creative expression in Poetry
Date of the Event:	26th September 2024
Time	12:00-1:00 PM
Venue	Music Room

In celebration of World Peace Day, **Chetna, the Spiritual Consciousness Cell of Janki Devi Memorial College, University of Delhi**, organized an **Inter-College Self-Composed Poetry Competition** under the aegis of **Centre For Universal Values And Ethics**. Dr. Vandana, Prof.

Sudha Upadhyaya and Dr. Nisha Malik remained the coordinators for the event. The event aimed to promote peace through creative expression in poetry. Dr. Amita Charan, Professor, Department of Commerce, Janki Devi Memorial College, and Dr. Prerna Arora, Convenor, Chetna graced the event as the esteemed judges for the competition. Their expertise added depth and value to the proceedings, and their thoughtful feedback enriched the participants' experiences. The competition saw enthusiastic participation from students across various colleges. Each participant recited original compositions, with themes centered on peace, harmony, and the spirit of unity. The poetry reflected deep emotion, cultural significance, and a shared desire for a peaceful world. The Music Room resonated with powerful verses, and the heartfelt performances deeply moved the audience. In organizing this event, Chetna sought to

inspire the youth to use poetry to advocate for peace and reflect on the importance of spiritual consciousness in fostering a harmonious world. The program successfully provided a platform for students to showcase their poetic talent while engaging with critical global issues like peace and unity. The event concluded with Dr. Amita Charan and Dr. Prerna Arora announcing the

winners and encouraging all participants. The professors along with Prof. Sudha Upadhyaya, Convenor-Coordinator, Chetna, and Dr. Vandana, Coordinator, Chetna rewarded participants with certificates of participation and the winners with certificates of appreciation and cash prizes.

Through this poetry competition, Chetna reaffirmed its commitment to nurturing spiritual awareness and promoting values of peace and cooperation among students.





Janki Devi Memorial College UNIVERSITY OF DELHI

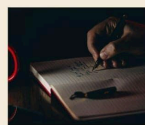
CHETNA: THE SPIRITUAL CONSCIOUSNESS CELL
Under the aegis of
IQAC-Centre For Universal Values And Ethics
Celebrates

WORLD PEACE DAY

By organising an
**Inter-College Self Composed Poetry
Competition**

Cash prizes and
certificates will be
given to the winners

VENUE : Music Department
DATE : 26.09.2024
TIME :12 PM



For quires:-
Samridhi - 9911677904
Muskan - 9465145165

DR. VANDANA
PROF. SUDHA UPADHYAYA
DR. NISHA MALLIK
COORDINATORS

Dr. PREENA ARORA
PROF. SUDHA UPADHYAYA
MS. BHANNA PAL
CONVENORS

PROF. PAYAL NAGPAL
IQAC COORDINATOR

PROF. SWATI PAL
PRINCIPAL





जानकी देवी मेमोरियल कॉलेज दिल्ली विश्वविद्यालय

चेतना : आध्यात्मिक चैतन्य मंडल
आइ.क्यू.ए.सी. सार्वभौमिक मूल्य एवं नैतिकता केंद्र
के संयुक्त तत्वाधान में

विश्व शांति दिवस

के उपलक्ष्य में
**अंतर - महाविद्यालय स्वरचित कविता
प्रतियोगिता**
का आयोजन कर रहा है

विजयी प्रतिभागियों
को पुरस्कार राशि एवं
प्रमाण पत्र प्रदान किए जाएंगे

स्थान :- संगीत विभाग
दिनांक :- 26.09.2024
समय :- मध्याह्न 12:00



संपर्क सूत्र :-
समृद्धि - 9911677904
मुस्कान - 9465145165

डॉ. वंदना
प्रो. सुधा उपाध्याय
डॉ. निशा मलिक
समन्वयक

डॉ. प्रेरणा अरोड़ा
प्रो. सुधा उपाध्याय
सुश्री भावना पाल
संयोजक

प्रो. पायल नागपाल
आई.क्यू.ए.सी. समन्वयक

प्रो. स्वाति पाल
प्राचार्य



Raajnandiinee, Janki Devi Memorial College bagged the first position.

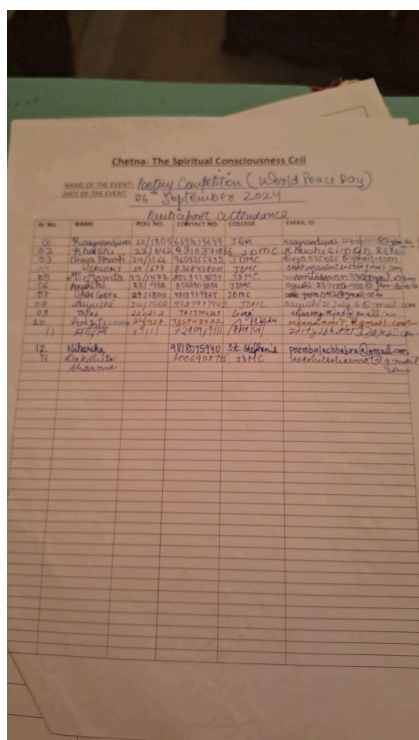


Dakshita, Janki Devi Memorial College, and Aayushi, Janki Devi Memorial College shared the second position.



The third position was secured by Niharika, St. Stephen's College, and Khushi, Janki Devi Memorial College.





Name of the event:	Cardiac health awareness and CPR training
Mode of event	Offline
Objectives of the	Practical training of CPR
Date of the Event:	25th September 2024
Time	10:00-3:00 PM
Venue	Auditorium, GCR, Medical room Janki Devi memorial college

Chetna, the Spiritual Consciousness Cell of Janki Devi Memorial College, University of Delhi, organized a Heart and Gynae checkup camp under the auspices of the Internal Quality Assurance Cell (IQAC). On 25th September 2024, the Chetna Society organized a comprehensive health awareness event at Janki Devi Memorial College. The event, centered around a CPR (Cardiopulmonary Resuscitation) workshop, also featured free medical checkups, including heart, eye, dental, and gynecological services. The initiative aimed at promoting health consciousness and equipping students with essential life-saving skills.

Objective of the Event:

The event had a dual focus:

1. To provide practical training on performing CPR in emergencies.
2. To offer students access to free medical checkups, promoting overall health and early detection of potential health issues.

CPR Workshop:

The CPR workshop, conducted by certified paramedics and first aid experts, was the central activity of the event. It focused on teaching participants life-saving techniques in case of sudden cardiac arrest and emergency situations.

Key Highlights:

1. Demonstrations and Practice:

Students learned the step-by-step process of CPR, including how to check responsiveness, perform chest compressions, and provide rescue breaths. They were also trained on how to use an Automated External Defibrillator (AED) to assist a person in cardiac arrest.

2. Hands-On Learning:

Participants practiced these techniques on manikins, under expert supervision, gaining practical experience in administering CPR effectively.

3. Q&A Session:

A question-and-answer session was held at the end to clarify doubts about CPR, emergency protocols, and other first aid measures.

Free Health Checkups:

In addition to the CPR workshop, a wide range of free medical checkups were offered in the medical room and girls Common Room (GCR) of the college. Qualified medical professionals, including doctors, dentists, and gynecologists, were present to provide consultations and checkups.

Services Provided:

1. Heart Checkup:

Cardiologists conducted basic heart screenings, checking blood pressure, heart rate, and providing advice on maintaining heart health. This helped raise awareness about cardiovascular risks among young adults.

2. Eye Checkup:

Ophthalmologists performed free eye examinations, checking vision clarity and screening for common eye conditions such as myopia, hyperopia, and eye strain due to excessive screen time.

3. Dental Checkup:

Dentists examined participants for oral health issues such as cavities, gum disease, and overall dental hygiene, offering advice on proper dental care.

A team of gynecologists provided consultations on women's health issues, encouraging students to prioritize their reproductive health and raise awareness about common gynecological concerns.

The event was highly appreciated by both students and faculty members. The CPR workshop provided essential life-saving skills, while the free medical checkups allowed participants to gain insights into their personal health, making early detection of health issues possible. Many students expressed gratitude for the opportunity to receive expert consultations without any cost.

Chetna Society plans to continue organizing such meaningful events to promote awareness and foster a sense of responsibility for physical and mental well-being

JANKI DEVI MEMORIAL COLLEGE (UNIVERSITY OF DELHI)

Chetna- The Spiritual Consciousness Cell
Under the aegis of
IQAC- Centre for Universal Values and Ethics
presents a workshop on

CARDIAC HEALTH AWARENESS & CPR TRAINING



Dr. Karita Tyagi
Interventional Cardiologist
Sir Ganga Ram Hospital
New Delhi



Dr. Ranu Singh
Interventional Cardiologist
Sir Ganga Ram Hospital
New Delhi



Dr. Ranu Singh
Interventional Cardiologist
Sir Ganga Ram Hospital
New Delhi

COURTESY: OM HEALTH FOUNDATION, KAROL BAGH, NEW DELHI

जानकी देवी मेमोरियल कॉलेज (दिल्ली विश्वविद्यालय)

चेतना-आध्यात्मिक चेतना कोशिका
आईक्यूएसी के तत्वाधान में
प्रस्तुत करता है

हृदय स्वास्थ्य जागरूकता एवं सीपीआर प्रशिक्षण कार्यशाला



डॉ. करिता तयागी
इंटरवेंशनल कार्डियोलॉजिस्ट
सर गंगा राम अस्पताल
नई दिल्ली



डॉ. रानू सिंग
इंटरवेंशनल कार्डियोलॉजिस्ट
सर गंगा राम अस्पताल
नई दिल्ली



डॉ. रानू सिंग
इंटरवेंशनल कार्डियोलॉजिस्ट
सर गंगा राम अस्पताल
नई दिल्ली

संयोजक: ओम हेल्थ फाउंडेशन, कारोल बाग, नई दिल्ली

Wednesday
25th September

12 NOON

AUDITORIUM

बुधवार
25 सितंबर

दोपहर 12 बजे

सभागार

Dr. Prema Arora
Dr. Ranu Singh
Dr. Harsh Bala
Ms. Bhavna Pal
Dr. Swati Malik
ICoordinators

Dr. Prema Arora
Dr. Garinder H Singh
Prof. Sushila Upadhyaya
Ms. Bhavna Pal
ICoordinators

Prof. Pooja Nagpal
(IQAC Coordinator)

Prof. Swati Pal
(Principal)

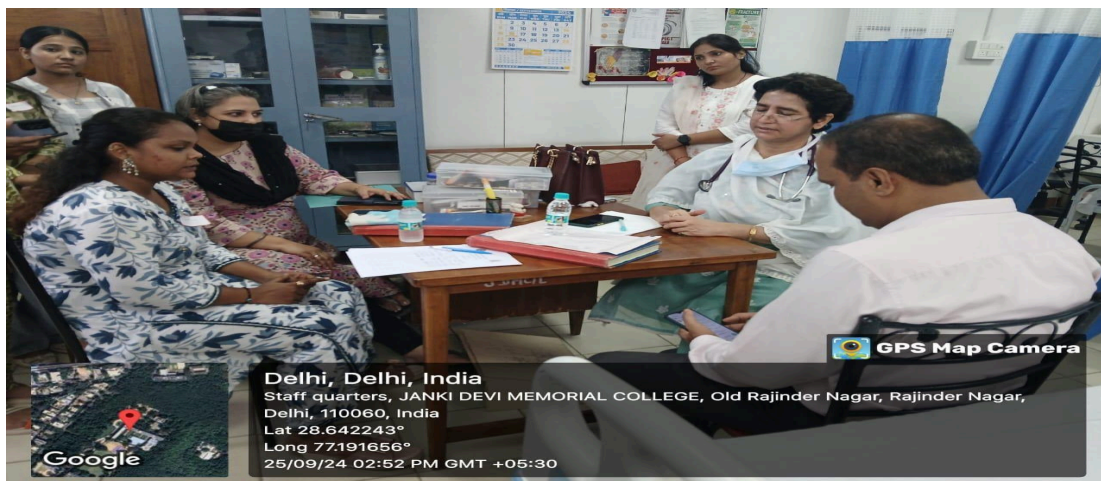
डॉ. प्रेमा अरोरा
डॉ. रानू सिंग
डॉ. हर्ष बाला
मै. भवना पाल
डॉ. स्वाती मलिक
(संयोजक)

डॉ. प्रेमा अरोरा
डॉ. गरिंदर एच सिंह
प्रो. सुशीला उपाध्याय
मै. भवना पाल
(संयोजक)

प्रो. पूजा नागपाल
(आईक्यूएसी समन्वयक)

प्रो. स्वाती पाल
(अध्यक्ष)

Geotag photos:



CPR TRAINING





जानकी देवी महिला महाविद्यालय में हैल्थ चैकअप कैंप के दौरान 150 मरीजों का स्वास्थ्य जांचा



उत्तम हिन्दू न्यूज नेटवर्क

नई दिल्ली : ओम हेल्थ फाउंडेशन एवं चेतना संस्था के संयुक्त तत्वाधान व प्रिंसिपल स्वाति पाल के मार्ग दर्शन में जानकी देवी महिला महाविद्यालय राजेंद्र नगर में हैल्थ चैकअप कैंप व सीपीआर ट्रेनिंग कार्यक्रम का आयोजन किया गया। जिसमें सर गंगाराम हॉस्पिटल की वरिष्ठ हार्ट रोग विशेषज्ञ डॉक्टर कविता त्यागी, एस के विरला हॉस्पिटल से ओनको गाइनेकोलॉजिस्ट डॉक्टर रेणुका गुप्ता, शार्प साइट आई अस्पताल के डॉक्टर अंशुल, डेंटिस्ट डॉक्टर तनिषा, डॉक्टर अजय सांगवान, डॉक्टर जयदीप चाहल की टीम ने करीब 150 छात्रों व स्टाफ मेम्बर का चैकअप किया जिनमें

50 मरीज का कंप्यूटाइज्ड आई टेस्टिंग मशीन से चैकअप किया गया। इस दौरान जरूरतमंद मरीजों का एक लिपिड प्रोफाइल शुगर के टेस्ट भी निशुल्क किए गए। इस अवसर पर सनी सहानी द्वारा कॉलेज स्टूडेंट को सीपीआर तकनीक बारे डेमो के माध्यम से प्रशिक्षित किया इस अवसर पर अंको गाइनेकोलॉजिस्ट डॉक्टर रेणुका गुप्ता महिलाओं को होने वाले सर्वाइकल कैंसर, ब्रेस्ट कैंसर, ओवरी कैंसर के लक्षणों के बारे में विस्तृत जानकारी दी वहीं सर गंगाराम हॉस्पिटल की इंटरवेंशनल कार्डियोलॉजिस्ट डॉक्टर कविता त्यागी ने हार्ट रोगों बारे जागरूक किया।

Health check-up camp at Janki Devi Women's College: 150 patients examined

**DAULAT CHAUHAN
NEW DELHI, SEPT 25**

A health checkup camp and CPR training program were organized at Janki Devi Women's College, Rajendra Nagar, by Om Health Foundation and Chetna Sanstha. The medical team, comprising senior heart specialist Dr. Kavita Tyagi from Sir Ganga Ram Hospital, onco-gynecologist Dr. Renuka Gupta from SK Birla Hospital, Dr. Anshul from Sharp Sight Eye Hospital, dentist Dr. Tanisha, Dr. Ajay Sangwan, and Dr. Jaideep Chahal, conducted health checkups for around 150 students and staff members. Out of these, 50 patients underwent computerized eye testing, and free lipid profile and sugar tests were conducted for those in need. Sunny Sahani trained the college



students on CPR techniques through a demonstration. During the event, Dr. Renuka Gupta, an onco-gynecologist, provided detailed information about the symptoms of cervical cancer, breast cancer, and ovarian cancer. She emphasized the importance of early detection in cancer treatment, stating that timely intervention could save lives and lead to a healthy future.

Dr. Kavita Tyagi, an interventional cardiologist from Sir Ganga Ram

Hospital, raised awareness about heart diseases, particularly in women. She pointed out that women who smoke are six times more likely to suffer from heart diseases compared to men. She also dispelled the misconception that heart diseases are less common in women, revealing that 63% of female deaths are caused by heart conditions. She urged women to be extra vigilant about heart disease symptoms, which tend to be milder in women.



Alumnae Association, Janki Devi memorial College

Posted by सुधा उपाध्याय
Just now ·

जानकी देवी मेमोरियल कॉलेज दिल्ली विश्वविद्यालय के सौजन्य से कॉलेज आध्यात्मिक चेतना प्रकोष्ठ चेतना सोसाइटी की ओर से CPR ट्रेनिंग करवाई गई। विद्यार्थियों और फ्रैकल्टी ने इस सुरक्षा संरक्षण ट्रेनिंग बड़े मनोयोग और उत्साह से हिस्सा लिया। डॉ कविता त्यागी गंगाराम हस्पताल डॉ रेनुका गुप्ता एस के बिडला हस्पताल डॉ अंशुल शार्प आइ साइट डॉ तनीषा डॉ अजय सांगवान डॉ जयदीप चहल ने जानकी देवी मेमोरियल कॉलेज में हेल्थ चेक अप किया करीब 150 विद्यार्थियों का।
Janki Devi Memorial College Alumnae Association,
Janki Devi Memorial College

Health check-up camp at Janki Devi Women's College: 150 patients examined

DAULAT CHAUHAN
NEW DELHI, SEPT 25

A health checkup camp and CPR training program were organized at Janki Devi Women's College, Rajendra Nagar, by Om Health Foundation and Chetna Sanstha. The medical team, comprising senior heart specialist Dr. Kavita Tyagi from Sir Ganga Ram Hospital, onco-gynecologist Dr. Renuka Gupta from SK Birla Hospital, Dr. Anshul from Sharp Sight Eye Hospital, dentist Dr. Tanisha, Dr. Ajay Sangwan, and Dr. Jaideep Chahal, conducted health checkups for around 150 students and staff members. Out of these, 50



students on CPR techniques through a demonstration. During the event, Dr. Renuka Gupta, an onco-gynecologist, provided detailed information about the symptoms of cervical cancer, breast cancer, and ovarian cancer. She emphasized the importance of early detection in cancer treatment, stating that timely intervention could

Hospital, raised awareness about heart diseases, particularly in women. She pointed out that women who smoke are six times more likely to suffer from heart diseases compared to men. She also dispelled the misconception that heart diseases are less common in women, revealing that 63% of female deaths are caused

Registration for Health check up

7 - GCR

JANKI DEVI MEMORIAL COLLEGE
(UNIVERSITY OF DELHI)
Cardiac Health Awareness and
CPR Training
Attendance Sheet

Date: 25/9/24 Time: 10 AM onwards Venue: G.C.R.

Sno	Name	Faculty/Student	Department	Signature	
1	Bhishma	Std	BA Hst (H)	[Signature]	ACI
2	Arth	"	"	[Signature]	ALL
3	Gyan	"	"	[Signature]	PHI
4	Sanku	"	BA Postec	[Signature]	Faculty eye
5	Sawidhan	"	BA Postec	[Signature]	eye
6	Noor	"	BA Postec	[Signature]	eye
7	Madhu Kati	"	BA Postec	[Signature]	ALL
8	Ashu	"	"	[Signature]	PHI
9	Ananya	Std	B.com (hon)	[Signature]	ALL
10	Muskan	Std	BA Postec	[Signature]	ALL
11	Samiddhi	Std	BA Postec	[Signature]	ALL
12	Tanvi	Std	B.com (P)	[Signature]	ALL
13	Gurjot	Std	BA Postec	[Signature]	ALL
14	RHISHABOO	Student	B.Sc Maths	[Signature]	ALL

JANKI DEVI MEMORIAL COLLEGE
(UNIVERSITY OF DELHI)
Cardiac Health Awareness and
CPR Training
Attendance Sheet

Date: 25/9/24 Time: 10 AM onwards Venue: G.C.R.

Sno	Name	Faculty/Student	Department	Signature	
01	Aradhana Jangra	Student	B.Com (H)	[Signature]	all
02	Sarita Raut	Student	B.Sc Maths	[Signature]	all
03	Yashika Singh	Student	B.A. Maths	[Signature]	all
04	Kalpna Singh	Student	B. Com (H)	[Signature]	all
05	Anshu Singh	Student	B.A. Maths	[Signature]	eye
06	Harshika Joshi	Student	B.A. Postec	[Signature]	all
07	Navya	Student	BA Postec	[Signature]	all
08	ARCHI	Student	B.com (H)	[Signature]	all
09	Darshika	Student	B.com (H)	[Signature]	ALL
10	Sonam Kumari	Student	B.com (H)	[Signature]	ALL
11	Nidhi Tripathi	Student	B.com (H)	[Signature]	ALL
12	Barkhi	Student	B.com	[Signature]	all
13	Sakshi	Student	B.com	[Signature]	all
14	Priyankhi	Student	B.com	[Signature]	all

JANKI DEVI MEMORIAL COLLEGE (UNIVERSITY OF DELHI) Cardiac Health Awareness and CPR Training Attendance Sheet				
Date: 25/9/24 Time: 10:00 AM Venue: G.R.				
Sno.	Name	Faculty/Student	Department	Signature
	Sushama	Student	NPTT	Sushama Eye
	Subhija	Student	Al. Sc (H)	Subhija Eye
	Amrita	Student	Al. Sc (H)	Amrita Eye Sugar
	Pooja	Student	BSc Math (H)	Pooja Eye
	Riddhi	Student	BA Phys.	Riddhi Eye, Sugar, Dental
	Bhama	Student	BSc Maths (Hons)	Bhama All
	Aparna	Student	BSc Maths (Hons)	Aparna All
	Nikita Pandey	Student	BA (P)	Nikita Pandey (All)
	Apurva Singh	Student	BA Socio Hons	Apurva Singh (All)
	Kashish Nager	Student	BA (H)	Kashish (All)
	Nistha Chandra	Student	BA (H)	Nistha (All)
	Rakshita Singh	Student	BA (P)	Rakshita (All)
	Kumudini	Student	B.com (P)	Kumudini
	Chandni	Student	B.com (P)	Chandni

JANKI DEVI MEMORIAL COLLEGE (UNIVERSITY OF DELHI) Cardiac Health Awareness and CPR Training Attendance Sheet				
Date: 25/9/24 Time: 10:00 AM Venue: G.R.				
Sno.	Name	Faculty/Student	Department	Signature
1.	Anshul Joshi	S.O.	Admin	Anshul Eye
2.	Vaishnavi Jain	Str. Assist.	Accounts	Vaishnavi Eye/Sugar
3.	Rushika Ramesh	S.O.	Accounts	Rushika Sugar/BP
4.	Deepika Chaudhary	Assist.	Accounts	Deepika Eye/BP
5.	SUNIL KUMAR	Officer In-charge	Accounts	Sunil
6.	Suresh Chandra	AD	Admin	Suresh
7.	Dr. Kaushal	AO	Admission	Dr. Kaushal Eye/BP
8.	Shreshtha	NURSE	Admin	Shreshtha Eye/BP
9.	Madan Lal	Medic. Faculty	Medic.	Madan Lal Eye/BP
10.	Dr. Harsh Bala	Sanitary	SV & Dptt	Dr. Harsh Bala Eye/BP
11.	Dr. Nivedita Sharma	Librarian	Library	Dr. Nivedita Eye/BP
12.	Omair Singh Bhatnagar	Lib. Asst.	"	Omair Singh Eye/BP
13.	Bimla	Lib. Asst.	"	Bimla Eye/BP
14.	Deepak	CL	Admin	Deepak Eye

3. Gandhi Study Circle

Gandhi Jayanti

On October 3, 2024, Gandhi Study Circle under the aegis of the Centre for Universal Values and Ethics celebrated Gandhi Jayanti. The session was inaugurated by our Principal Prof. Swati Pal who lighted the lamp and was felicitated by a planter. The event commenced with a solemn tribute to Mahatma Gandhi, where participants, including students, faculty, and community members, observed a two-minute silence to honor his memory and legacy. The event continued with an address by the Principal who emphasized Gandhi's principles of non-violence (Ahimsa), truth (Satya), and self-reliance (Swadeshi). A short documentary on Mahatma Gandhi by Encyclopedia Britannica Films (EB) Films (1955) was screened followed by brief comments and discussion by Dr Natasha Nongbri and Dr Akanksha Kumar on Gandhi's influence on modern social and political movements. Prof Saumya Gupta concluded the event by highlighting the relevance of these ideals in contemporary society, encouraging participants to integrate these values into their daily lives. The event concluded with a pledge to uphold Mahatma Gandhi's values of peace, equality, and non-violence in all aspects of life. The celebration not only paid tribute to Gandhi's legacy but also inspired everyone to continue his mission of fostering harmony and justice in society.



Letter to Bapu

An Intra-college Letter writing Competition titled 'Letter to Bapu' was organized on October 14, 2024. This was organized under the aegis of the Centre for Universal Values and Ethics. The competition invited students to write heartfelt letters addressing 'Bapu' or, 'Father of Nation', Mahatma Gandhi, sharing their views on contemporary issues and Gandhi's teachings. The event witnessed enthusiastic participation from students across various departments, all eager to express their thoughts on topics like non-violence, truth and social justice. The prize winners were :

First Prize: Anjali [History (Hons) 2nd Year]

Second Prize: Raajnandiinee [BA (Prog.) 3rd Year]

Third Prize : Annu [B.Com. (Hons) 2nd Year]



Martyrs' Day

A lecture was organised on January 31, 2025 to commemorate Martyrs Day which was delivered by Prof. Dilip Simeon, an independent historian and public intellectual. He spoke on the theme 'Gandhi : Riddle or Compass? A personal encounter.' This lecture was organised under the aegis of the Centre for the Study of Indian Knowledge Systems (formerly the Centre for Universal Values and Ethics). Dr Simeon spoke about how he personally encountered Gandhi's ideas in his life and their relevance in the contemporary world. He emphasized more on Gandhi's idea of Ahimsa and explained how Gandhi's life was a message for all of us. The seminar concluded with Dr Simeon answering questions asked by students. The talk was an insightful one.




JANKI DEVI MEMORIAL COLLEGE (University Of Delhi)

GANDHI STUDY CIRCLE

Under the aegis of IQAC and Centre for the Study of
Indian Knowledge Systems

On the occasion of **Martyrs' Day**

invites you to a lecture
by

PROF. DILIP SIMEON
Historian and Public Intellectual



**Topic- Gandhi: Riddle Or Compass?
A Personal Encounter**

Date: 31st January 2025
Time: 11 AM
Venue: Seminar Hall

MANTASHA IMAM
(President)

KASHISH KAPALE
(Vice President)

PROF. SALMYA GUPTA
DR. NATASHA NOKOBI
MS. TARNI PANDEY
DR. KHURSHID ALAM
DR. RAJASH RANI
DR. AAKASHA KUMAR
DR. AARTI
(Teacher Conveners)

DR. PREENA ABORA
(CUVE Director)

PROF. PAYAL NAGPAL
(IQAC Coordinator)

PROF. SWATI PAL
(Principal)

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